

2023 FSPHP Annual Education Conference & Business Meeting

# The Next Generation of Physician Health and Well-Being: *Advancing Evidence, Collaboration, and Excellence*

May 2 - May 6, 2023

Hyatt Regency Minneapolis, Minnesota

**Network and Reach Hundreds of Leading Healthcare Professionals!**

Federation of State Physician Health Programs Invites You To Attend the 2023 FSPHP Annual Education Conference at the Hyatt Regency in Minneapolis, Minnesota



We recommend you arrive on Tuesday, May 2nd,  
and depart Saturday, May 6th, after 4:00 PM.

**Register Now Before Early Bird Ends!**

## ACCREDITATION OVERVIEW

### Up to 20.5 Hours of Education Credits for Physicians, Nurses, Pharmacists, Psychologists, Social Workers, and Dentists!

This activity has been preapproved for the following accreditations:

- *AMA PRA Category 1 Credits*<sup>™</sup> for Physicians
- ANCC CE for Nurses
- ACPE CE for Pharmacists
- APA CE for Psychologists
- ASWB ACE for Social Workers
- ADA CERP CE for Dentists

### Activity Goal

This activity is designed to address the following core and team competencies: patient care, medical knowledge, employing evidence-based practice, interprofessional collaboration, and communication.

### Accreditation

In support of improving patient care, this activity has been planned and implemented by Cine-Med and the Federation of State Physician Health Programs. Cine-Med is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians

Cine-Med designates this live activity for a maximum of 20.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

This activity provides 20.5 contact hours for nurses.

### Pharmacists

This activity has been accredited for 1.95 CEU (20.5 credit hours) of continuing education credit. Note: Due to CPE Monitor reporting requirements, all pharmacists' credits must be tracked and submitted into the NABP system within 60 days of the conference.

### Social Workers

As a Jointly Accredited Organization, Cine-Med is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have

## CONFERENCE OBJECTIVES

The 2023 FSPHP Annual Education Conference will focus on the following education objectives:

- Identify the next generation of prevention and outreach strategies for healthcare professionals that increase confidentiality, reduce stigma, and remove barriers for help-seeking to increase the utilization of PHPs.
- Share and propose exemplary administrative, funding, legal, and case management policies and approaches for professional health and well-being programs that will increase access to care, improve the participants' experience seeking services and/or being monitored, and illustrate evidence-based outcomes.
- Implement research, public relations, and outcome reporting methods to foster an increased understanding of the benefits of a healthcare professional seeking support from a PHP for their health and well-being.
- Describe and compare the unique characteristics of the evaluation and treatment of healthcare professionals in a safety-sensitive profession that will positively impact health and well-being outcomes and increase the opportunity for a safe return to the practice of medicine.

the final authority to determine whether an individual course may be accepted for continuing education credit. Cine-Med maintains responsibility for this course.

Social workers completing this course receive 20.5 intermediate continuing education credits.

### Psychologists

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity is approved for 20.5 CE Credits.

### Other Healthcare Professionals

All other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for activities designated for *AMA PRA Category 1 Credits*<sup>™</sup>, consult your professional licensing board.

## ABOUT FSPHP

The FSPHP's mission is to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care. Our entire conference is centered on this mission and the purpose to provide a forum for education and exchange of information among state physician health programs; to develop common objectives and goals; to develop guidelines; to enhance awareness of issues related to physician health and impairment; to provide advocacy for physicians and their health issues at local, state, and national levels; and to assist state programs in their quest to protect the public.

## ABOUT THE ATTENDEES

The FSPHP Annual Education Conference program is attended by over 300 participants and is designed for:

- Physicians of all specialties
- Clinical coordinators
- Physician Assistants
- Nurses
- Dentists
- Licensed social workers
- Psychologists
- Toxicologists
- Physical therapists
- Scientific researchers
- Case managers
- Attorneys involved in physician and professional health programs

## REASONS TO ATTEND

- Valued professional development training for PHP staff and treatment professionals
- Significant networking opportunities with leaders in the field of professional health and well-being
- Essential time meeting with exhibitors during breaks, lunches, and at sessions
- Learn about the essentials of physician health programs and healthcare professional treatment
- Attend to your health and well-being with peer support groups, yoga, and run/walks with peers

## WHAT PAST ATTENDEES HAVE TO SAY

*“2022 was my first FSPHP conference though I have been involved for many years. I am a clinical social worker first and a lawyer second. This conference felt so familiar, welcoming, and helpful to me. I felt like I was back in the clinical world, but with helpful knowledge about the legal realities that all monitoring programs deal with! I enjoyed it immensely. I think it was tremendously well organized!”*

*“The FSPHP conference is great. I always love coming and connecting with the exhibitors. Everyone is welcoming!”*

*“Of all the conferences I attend, this is the one where there is the most honesty, support, and lack of one-upmanship one so often sees. It is true collegiality, and I am so grateful for all the people who make it happen!”*



## RECOMMENDED ARRIVAL AND DEPARTURE

Check in on Tuesday, May 2, and Check-out on Saturday, May 6 to attend the FSPHP and FSMB joint educational session.

### SCHEDULE AT A GLANCE

#### TUESDAY | May 2, 2023 | 12 Noon Registration Opens

Registration and Exhibitor Setup | Opening General and Breakout Meetings | City Tour | Board and Committee Chairs Event

#### WEDNESDAY | May 3, 2023

General Session | Breakouts | Luncheon (Mentors Meet New Members) | Opening Night Exhibitor Networking and Silent Auction Dinner

#### THURSDAY | May 4, 2023

Yoga | Mutual Support Meeting | Awards and Sponsor Luncheon | General and Breakout Sessions | Poster Symposium | Social Event

#### FRIDAY | May 5, 2023

Yoga | Mutual Support Meeting | General and Breakout Sessions | Auction Winners Announced at Lunch | Exhibitor Session

#### SATURDAY | May 6, 2023

Walk the Greenway | FSPHP and FSMB Joint Session | General Session | Exhibitor Drawings and Closing

## OFF-SITE DINNER EVENT, 4:30 PM-9:30 PM, \$95.00 PER PERSON

**Wabasha Street Caves** After a short 25-minute bus ride, we would start the night on a historical cave tour, seeing the only remaining restored Gangster Era site. This historic tour explores the system of extensive caves carved into the hillside in long abandoned mining ventures from the 1800s. After our tour we have a semi-private area of the cave for a buffet dinner where we can enjoy hearing live music from a live swing band. The band offers swing dance lessons that you can choose to participate in after dinner. Thursdays are open to the public, and the public is included in the swing dance lessons and live band dance floor. The caves dance floor will be available from 7:00 to 10:00 PM and provides a cash bar. This is an additional \$95.00 per person to attend this event and includes transportation, a cave tour, and a buffet dinner.

## EXHIBITOR NETWORKING AND SILENT AUCTION DINNER

Featuring Speed Networking Tour  
Wednesday, May 3, 2023, 6:30-8:30 PM

All are invited to attend the Exhibitor Networking and Silent Auction Dinner on Wednesday, May 3 at 6:30 PM. Join us in the Exhibit Hall for our second Speed Networking Tour where attendees will embark on a number of quick-fire encounters with the FSPHP Exhibitors. Attendees will progress from one table to the next until everyone has had a chance to meet all of the 2023 exhibitors.

For added fun, and visibility and to support the FSPHP you may donate an item to our silent auction. Silent Auction proceeds will benefit the Federation of State Physician Health Programs' mission to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care. Please consider donating an item to the FSPHP 2023 Silent Auction. Your generosity is what makes this event a success! All donors and items will be recognized when we promote our silent auction items at the Opening Night Exhibitor Networking and Silent Auction Dinner on May 3, 2023. Please email Tanya Roof at [troof@fsphp.org](mailto:troof@fsphp.org) with questions and if you would like to donate an item.

### Tentative Silent Auction Schedule

- **DONATE** items until April 14
- **BID** onsite during the conference from **May 2 to May 5**
- **Final winners announced at Friday's luncheon!**

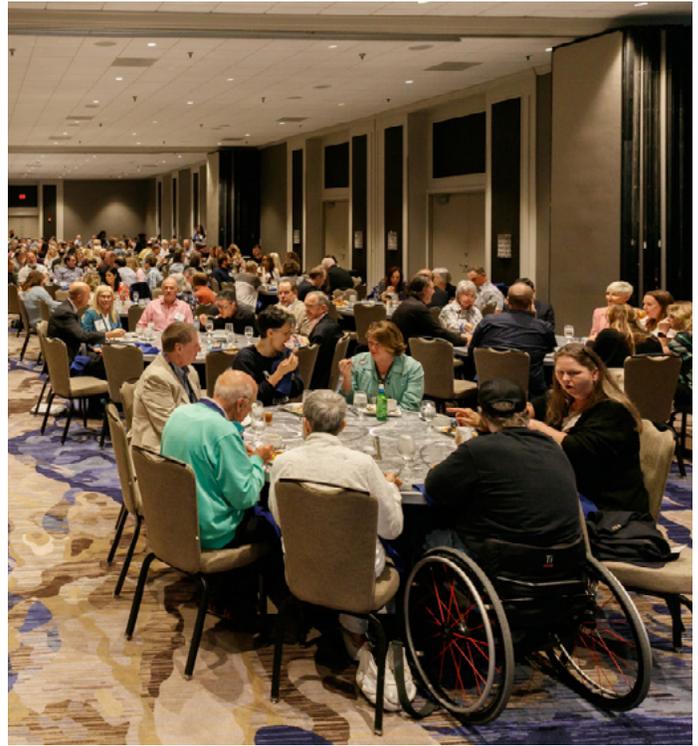
# FSPHP 2023 ANNUAL EDUCATION CONFERENCE REGISTRATION FEES

## Registration

The registration fee includes participation and access to all sessions, and presentations, the exhibit hall, all luncheons, breaks, breakfasts, the Opening Night Exhibitor Networking and Silent Auction Dinner, and all other conference-related events that occur at the Hyatt Regency Minneapolis. A separate fee will apply for the evening/dinner-related events to be held off-site.

## Membership

Now is the time to join FSPHP! State, International or Associate new members that join now can benefit from member discounts on registration. Join here. \*Individual and Organizational memberships must be approved. If you are in this category, please contact FSPHP directly to have your membership and discount processed. For more information about FSPHP membership, please visit: [www.fsphp.org/membership](http://www.fsphp.org/membership).



## Registration Fees

	Member	Non-Member	Residents and Fellows*	Students*
January 5th–February 28th	\$775	\$1025	\$525	\$450
March 1st–April 10th	\$825	\$1075	\$525	\$450
After April 10th	\$900	\$1200	\$550	\$475
May 4th Offsite Dinner per Person	\$95	\$95	\$95	\$95
**Spouse/Guest of Attendee	\$475	\$475	\$475	\$475

\*Student rate available to the first 20 medical students. Residents must submit a letter from their training program in order to receive the resident rate.

\*\*Spouse/Guest of Attendee registration includes breaks, lunches, and opening night silent auction dinner only. Spouse or guests of attendee's interested in sessions may register for the conference.



## GENERAL INFORMATION

### Hotel and Room Block

Hyatt Regency Minneapolis  
1300 Nicollet Mall  
Minneapolis, MN, 55403  
Phone: 1 (612) 370-1234

FSPHP has reserved a block of rooms at the Hyatt Regency Minneapolis for a discounted rate of \$199 per night. This special rate is available until midnight CST on **Monday, April 10, 2023, or until the room block sells out.** [Click here to book your room.](#) We recommend arriving on Tuesday, May 2 and staying until Saturday, May 6.

### Housing Alert

The FSPHP Annual Education Conference is NOT affiliated with a housing company. Please be careful if approached by any company or service claiming to be an official housing provider for FSPHP. FSPHP offers the guaranteed lowest rate available. In the past, FSPHP has been made aware of travel companies that are entirely fraudulent, misleading exhibitors and attendees with false information. Please note that you can ONLY book a room in the FSPHP block by using the booking information on the FSPHP Conference webpage. If you are contacted by a housing company trying to sell hotel rooms for this conference, please contact FSPHP at [troof@fsphp.org](mailto:troof@fsphp.org).

### Transportation

MSP International Airport (MSP) is 12 miles from the Hyatt Regency Minneapolis. The quickest way to get from Minneapolis Airport (MSP) to Hyatt Regency Minneapolis is a taxi or ride share option, which costs \$30.00–40.00 and takes 10–15 minutes. If you plan to use Uber, Lyft, or another app-based ride service, your ride will pick you up on Level 2 of the Green Parking Ramp, above the Ground Transport Center. Directional stanchion signs labeled “app-based ride services” will help you find your way to the pick-up area. The most cost-efficient way to get to the Hyatt Regency Minneapolis is the METRO Blue Line, and it will cost \$3.00 one way. This direct train departs from Terminal 1, Lindbergh Station every 15 minutes and operates daily. The Blue Line is the color train, and the stop you need to get off at is Nicollet Mall Station/5th Street. The train ride takes approximately 25 minutes. Once you arrive at Nicollet Mall Station/5th Street, head southwest on 2nd Ave N toward N 6th St and turn left. Take

6th Street .3 miles and then turn right onto Nicollet Ave/Nicollet Mall and walk .5 miles directly to the hotel. Walking to the hotel is approximately .9 miles and 20 minutes. While lower in cost, keep in mind this option will take about 45–55 minutes.

### Electronic Recordings and Photographs

Registration for, attendance at, and/or participation in the FSPHP 2023 Annual Education Conference constitutes acknowledgment by the registrant/attendee/participant that photos and video/audio recordings may be made of the conference events and constitutes agreement by the registrant/attendee/participant that the Federation of State Physician Health Programs (FSPHP) may use and distribute in its publications, on its website, and in the conference proceedings, such photos or recordings that include the image or voice of the registrant/attendee/participant. Individual recordings (audio or visual) of any portion of the meeting are strictly prohibited without the prior written consent of the FSPHP. By participating in the FSPHP 2023 Annual Education Conference, the registrant/attendee/participant acknowledges that he/she agrees to these stipulations.

## CANCELLATION DETAILS AND DEADLINES

Any and all cancellations must be received in writing. Please see below for the cancellation schedule:

- Received by March 18, 2023—full refund less than a \$50 processing fee
- Received by April 1, 2023—50% refund less a \$50 processing fee
- No refunds after April 1, 2023

## RESERVATION OF RIGHT TO MAKE CHANGES

Any matters not specifically covered herein are subject to decision by the FSPHP Board and the Program Planning Committee. FSPHP reserves the right to make such changes, amendments, and additions to these rules as it considers advisable for the proper conduct of the conference with the provision that all attendees will be advised of any changes to registration details. For more information or questions, please email Tanya Roof at [troof@fsphp.org](mailto:troof@fsphp.org).

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**Sandra Savage**

FSPHP, Membership Services Manager



**JOIN US IN MINNEAPOLIS AND REGISTER TODAY TO SAVE YOUR SEAT!**  
*Get the best rate and register by February 28th, 2023.*

**Attendee  
Registration Form**