



## Obituary for Burns M. Brady, MD

Dr. Burns M. Brady, age 87, passed away on Wednesday March 13th at his home in Louisville Kentucky. He was born June 22, 1936 in Mayfield Kentucky. Burns cherished his small-town upbringing and was active in community and school activities, excelling in academics and athletic endeavors.

As a young boy, he faced some medical issues and his exposure to healthcare professionals sparked his interest in becoming a physician. He attended Centre College, graduating in 1958. The following year, he was accepted to the University of Louisville's Medical School. After a residency program he entered the Army achieving the rank of Captain and served 2 years.

After leaving military service Dr. Brady started his practice of Family Medicine in Louisville, Kentucky. He served that community for 25 years. In 1992, he left private practice to develop and serve as Medical Director of the Kentucky Physicians Health Foundation. Dr. Brady helped hundreds of doctors receive treatment for alcoholism and chemical dependency, facilitating their re-entry into the profession and impacting many Kentucky communities.

Despite being very busy with the Foundation, Dr. Brady developed two areas of volunteer work that he became extremely passionate about. The first was his involvement as co-founder and Medical Director of the Healing Place in Louisville, Kentucky. He would often relate that teaching the residents about the disease of addiction or working one on one with a member on their Step work, was the happiest and most contented time of his life. His second passion was similar but developed as the result of his volunteer work at the men's prisons using the Recovery Dynamics format as a means of teaching and relating to the inmates in the SAP program.

Burns was a beloved member of the local recovery community, giving generously his experience, strength and hope. His words and phrases ("repetition, repetition, repetition") will be heard in church basements for years to come! He shared his own life of recovery freely and traveled throughout the United States and across the world sharing the power of recovery. As a result, Burns touched thousands of lives and his "footprint" on this world is far reaching.

Dr. Brady was an active member of the AMA, AAFP, IDAA and ASAM. In 2006 he was awarded the Ephraim McDowell Physician of the Year award.

The family would like to extend a special thanks to Hosparus Health of Louisville for their support and direction in caring for Dr. Brady at the end of his life. He passed in his home peacefully, surrounded by

those he loved.

Visitation for Dr. Brady will be on Saturday, April 13th from 3 PM to 7 PM at Pearson's, 149 Breckenridge Lane, Louisville, Kentucky 40207.

His memorial service will be held at 2:00pm on April 14th, at Beargrass Christian Church, 4100 Shelbyville Road, Louisville, Kentucky 40207.

In lieu of flowers, the family requests donations to the Healing Place in Louisville Kentucky, The Beacon House, [beaconhouseky.org/](http://beaconhouseky.org/) in Louisville or Hosparus. <https://www.courier-journal.com/obituaries/psbn0762981>

As the Medical Director of the Kentucky Physicians Health Foundation following Dr. Brady, I can attest to the tremendous impact he had on the Recovery Community in Kentucky and beyond.

I was fortunate to be one of those “hundreds of doctors”. I owe my life and career to him. He gave me the gift of hope when I had little, but most of all he gave me a simple and clear message and program. He didn't meet me where I was, he gave me a hand up to where he had been brought by the program of Recovery he practiced daily. He made no room for alternatives nor pulling punches for the difficult work ahead. And it worked just as he had told me it would. I'm grateful for his guidance, mentorship, and example. Those within FSPHP who knew him will have many of their own memories and stories. He was not easy to overlook or forget.

Greg L. Jones, MD  
Medical Director Emeritus  
Kentucky Physicians Health Foundation