



# Federation of State Physician Health Programs



## FSPHP Insights

December 18, 2025



### Attendee Conference Registration Now Open *Early Bird Rates Available until January 31st!*

Join us at the **FSPHP 2026 Education Conference and Annual Membership Meeting - *Navigating Change: Challenges, Solutions, and Success.***

 **Baltimore, Maryland**  
 **Wednesday, April 29 – Saturday, May 2, 2026**

This is the leading event for physicians, healthcare professionals from all specialties, and those committed to health and professional well-being. Over 300 attendees join us, including our Physician or Professional Health Program (PHP) staff and experts involved in the evaluation and treatment of health professionals.

[Register now!](#)



### 1 Day Left to Submit a Poster Presentation

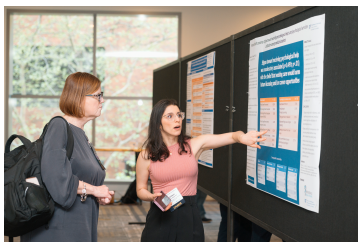
Submissions Due – December 19, 2025

Notification of Acceptance – January 16, 2026

FSPHP invites you to showcase your expertise, research, and innovative ideas with a Poster Presentation at the **FSPHP 2026 Education Conference!**

This is your opportunity to:

- ✨ Share groundbreaking insights that advance physician health
- 💡 Highlight best practices and inspire meaningful discussions
- 🌐 Contribute to shaping the future of physician well-being



**Dr. Edwin Kim, Dr. Stefanie Simmons, Christopher Wojnar and Liz Boehm**

We encourage submissions that are **innovative, engaging, and impactful**—designed to spark dialogue and collaboration among peers.

[Learn more and submit your Poster Presentation!](#)

## Dr. Kim Addresses Systemic Barriers at the IHI Forum

FSPHP President-Elect **Edwin Kim, MD**, spoke at the Institute for Healthcare Improvement (IHI) Forum 2025 in Anaheim, CA on “Protecting the Rights and Safety of Every Clinician Who Seeks Mental Health Care,” alongside Christopher Wojnar, MSN, APNP, PMHNP-BC, Liz Boehm, and Stefanie Simmons, MD FACEP.

The session highlighted systemic barriers preventing clinicians from accessing mental health care, including fear of retaliation, punitive policies, licensure questions, stigma, and the intent-to-action gap. Survey findings revealed nearly 80% of clinicians believe stigma is a major obstacle.

Presenters also addressed suicide postvention—an often-overlooked need for trauma-informed support after a clinician suicide or patient attempt. Most organizations lack clear plans, leaving a critical gap in care.

FSPHP remains committed to driving change, reducing stigma, and ensuring safe, supportive pathways for clinician mental health and well-being.





## Share Your Story in *Physician Health News*

FSPHP wants to spotlight the passion, progress, and innovation happening across our community. Submit your updates, breakthroughs, or shout-outs for inclusion in the **Spring 2026 issue of *Physician Health News***.

We’re especially looking for:

- Peer support or mentorship successes
- Advocacy shaping state policy
- Creative community or educational initiatives
- Research driving positive change
- Team updates & staff highlights

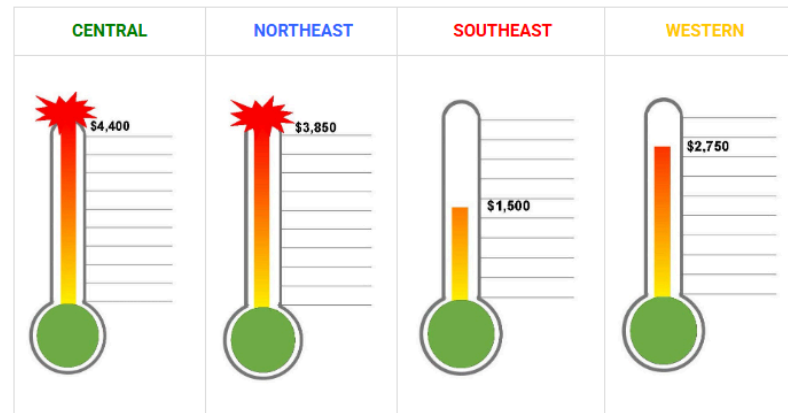
 Submissions can be a few sentences, a full story (up to 500 words), or a link.

 **Deadline: March 2, 2026**

 Send to [ssavage@fsphp.org](mailto:ssavage@fsphp.org)

ONE WEEK LEFT TO GO!

## 🚩 It's the Final Lap for the Rally by Region!



The competition is fierce, and the excitement is building as FSPHP regions race to the finish in the **2025 Rally by Region!**

Your incredible support is fueling vital initiatives to advance FSPHP's mission—and we're counting on YOU to push your region to the top!

### Current Leaderboard:

- 🏆 Central: \$4,400
- 🔥 Northeast: \$3,850
- ⚡ Western: \$2,750
- 💪 Southeast: \$1,500

### The clock is ticking—December 31 is the deadline!

Every dollar counts, and your generosity makes a real impact. Rally your region, inspire your colleagues, and spread the word.

Let's finish strong and make this the most successful Rally yet!

👉 [Donate now.](#)



## FSPHP Memberships Expire on 12-31-25!!

All FSPHP memberships officially expired on **December 31, 2025**. Act now to ensure uninterrupted access to your valuable member benefits!

By renewing today, you'll:

- ✓ Stay connected with the FSPHP community
- ✓ Continue enjoying exclusive resources and member-only opportunities
- ✓ Support our shared mission to advance physician health

Questions? Contact [ssavage@fsphp.org](mailto:ssavage@fsphp.org)

*A heartfelt thank you to all who have already renewed for 2026—we're excited to continue this journey together!*

WISHING YOU AND YOUR LOVED ONES  
A JOYFUL HOLIDAY SEASON FILLED  
WITH PEACE, GRATITUDE, AND HOPE.

THANK YOU FOR YOUR UNWAVERING  
DEDICATION AND SUPPORT OF FSPHP'S  
MISSION—TOGETHER, WE ARE MAKING  
A MEANINGFUL DIFFERENCE IN THE  
LIVES OF HEALTHCARE AND MEDICAL  
PROFESSIONALS.

HAPPY HOLIDAYS AND BEST WISHES  
FOR A BRIGHT NEW YEAR!



DONATE TO FSPHP



Federation of State Physician Health Programs  
668 Main Street, Suite 8, #295  
Wilmington, MA 01887  
Phone: 978-347-0600 Fax: 978-347-0603

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Best way to contact us is by email:

[lbresnahan@fsphp.org](mailto:lbresnahan@fsphp.org) Linda Bresnahan, MS, FSPHP Executive Director  
[ssavage@fsphp.org](mailto:ssavage@fsphp.org) Sandra Savage, Membership Engagement & Communications Manager  
[jhernandez@fsphp.org](mailto:jhernandez@fsphp.org) Jennifer Hernandez, Meeting Planning Assistant  
[jestes@fsphp.org](mailto:jestes@fsphp.org) Jolie Estes, Accreditation & Project Specialist