

2024 FSPHP Board of Directors Candidates Statement of Interest

Name: Laura Moss, MD

Title: Associate Medical Director

Organization: Washington Physicians Health Program

Board Position on the 2024-2026 Ballot: Western Region Director

Why do you have an interest in serving on the FSPHP Board of Directors as a Board member or officer?

I have served as one of the current Western Region Directors for the last 1 1/2 years and it has been a huge honor. I feel like I am just starting to understand the position and how I might continue to be of service to the FSPHP. I am interested in facilitating communication among various stakeholders, setting and moving forward our strategic goals, and seeing where I can be of service.

What is your vision for the next 2-3 years for the organization? (Please include any thoughts on objectives for accountability, consistency, and excellence measures, as well as funding initiatives.)

I am currently on the ETA Committee and plan to continue assisting in any way I can to support the roll out of the Evaluation and Treatment Accreditation process. Equally important is the launch of PEER. Standardization of quality measures/metrics and documentation of those standards in public view will ensure future participants can benefit from our resources. Those efforts support continued work towards destigmatizing health conditions and preventing further loss of health care providers from the profession or loss of life. These goals can also be achieved by continued efforts to partner with other key organizations working to improve the health and wellbeing of healthcare professionals. An additional way to "legitimize" the work we do is with research data looking at outcomes. I am so pleased that FSPHP has started to collect data from surveying PHPs. I support continued efforts to look at our outcomes, which will also pave the way for informed program development. Finally, continued efforts to do outreach to health care providers, organizations, and trainees about our resources needs to remain a priority. Efforts toward outreach will reduce stigma and with efforts towards maximizing health increase resilience in our healthcare providers.

What skills do you bring to the organization?

I am a board-certified addiction psychiatrist. I feel like my time spent in both the treatment of health professionals and the PHP world, which allows me to understand the concerns and needs of a wide variety of stakeholders, including the participants who benefit from our services. I have been the Associate Medical Director for the Washington PHP for over 7 years and seen the evolving landscape of the work that we all do. I have participated in leadership development courses and have experience with quality assurance, policies and procedures, as well as finding paths to solutions for a variety of work-related challenges. I have published in scholarly journals and helped others with their research. I am a team player and love working in a team setting.