



2025 FSPHP Board of Directors Candidates Statement of Interest

Name: Kay O'Shea, CADC, MAC, CCTP

Title: Director

Organization: STL Professionals Health Program

Board Position on the 2025-2027 Ballot: Central Regional Representative

Why do you have an interest in serving on the FSPHP Board of Directors as a Board member or officer?

I would like to continue serving on the FSPHP Board of Directors because I respect and believe in the mission of the organization and want FSPHP to continue to grow. I also find it necessary to have the Central Region represented and be involved in the FSPHP decision-making process. Hopefully, by continuing to be a board member and sharing with the Central Region members about the FSPHP successes and accomplishments will encourage others to get involved (attraction not promotion). I like serving on a board where there is so much wisdom, along with an incredible passion for helping others.

What is your vision for the next 2-3 years for the organization? (Please include any thoughts on objectives for accountability, consistency, and excellence measures, as well as funding initiatives.)

I envision the FSPHP having success with the PEER review project. The project will have changes and improvements made along the way. Having consistency and accountability will inspire trust amongst outside entities that PHP's work with. Continuing to seek ways to provide educational presentations about FSPHP will also allow more opportunities to build donor relationships. We might want to investigate further on how to encourage charitable bequest.

What skills do you bring to the organization?

My skill set includes problem-solving, creativity, active listening, dependability, team player, organized and my leadership skills have increased quite a lot.