

**FSPHP Annual Education Conference & Business Meeting
April 24-27, 2015 – The Worthington Renaissance Ft. Worth Hotel**



***Pursuing Physician Health Best Practices:
Promotion of Accountability, Consistency & Excellence***

Program Objectives

Upon completion of the activity, participants should be able to:

1. Identify best practices and describe the methods in which PHPs can achieve accountability, consistency and excellence;
2. Compare different treatment modalities for substance use and co-occurring disorders and define outcomes;
3. Discuss strategies for identifying and assessing cognition issues;
4. Describe programs that promote healthy lifestyle in the profession and strategies that reduce burnout in physicians.

Poster Session Objectives

Upon completion of this session, participants should be able to:

1. Assess science-based information on Substance Use Disorders treatment, precursors that are predictive of impairment, and alternatives to traditional 12-step based recovery programs.
2. Explain the impact of prolonged professional burnout and wellness activities on individual physical and mental health, and on patient behavior and safety.
3. Describe the spectrum of sexual issues for physicians, ranging from case management for those with problematic sexual behavior to behaviors that constitute criminal sexual misconduct.
4. Cite reasons why some individuals continue to relapse after treatment and benefits of a therapeutic alternative to discipline.
5. Utilize skills to prevent and respond effectively to criticisms regarding physician health programs.
6. Identify similarities of beliefs in patients with chronic pain and addiction, and the high risk for overdose in health care professionals with opioid dependence following abstinence-based treatment.

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Friday, April 24, 2015

8:30 am – 12:00 pm	FSPHP Board of Directors Meeting (<i>Open to Board of Directors</i>) (LIVE OAK 5)
11:00 am – 1:00 pm	Exhibitor Set up (RIO GRANDE BALLROOM)
1:00 pm	Annual Meeting Registration & Exhibits Open
1:00 pm	Lunch (RIO GRANDE BALLROOM) OPEN SEATING & COMMITTEE MEETING TABLES AVAILABLE
1:30 pm– 2:30 pm	FSPHP Committee Meetings (<i>Open to Committee Members</i>) (RIO GRANDE BALLROOM)
2:30 – 3:00 pm	Exhibitor Viewing – Meet and Greet Exhibitors (RIO GRANDE BALLROOM)
3:00 pm	WELCOME AND INTRODUCTIONS (TRINITY BALLROOM) <i>Doris C. Gundersen, MD, FSPHP President</i>
3:05 pm – 3:30 pm	FSPHP AND PHYSICIAN HEALTH UPDATE (<i>ETHICS</i>) (TRINITY BALLROOM) <i>Doris C. Gundersen, MD</i>
3:30 pm – 4:30 pm	General Session I (TRINITY BALLROOM) The Evolution of Physician Health Programs Over the Last 25 Years <i>Lynn Hanks, MD</i>
4:30 pm – 5:30 pm	General Session II (<i>ETHICS</i>) (TRINITY BALLROOM) USING THE ASAM CRITERIA WHEN TREATING HEALTHCARE WORKERS <i>Michael Wilkerson, MD and Paul H. Earley, MD, FASAM</i>
5:30 pm - 7:00 pm	Opening Reception (RIO GRANDE BALLROOM) <i>Remarks by Doris C. Gundersen, MD, and Mick Oreskovich, MD, Program Planning Committee Chair</i>
7:30 pm – 8:30 pm	FSPHP Committee Meetings (<i>Open to Committee Members</i>) (RIO GRANDE BALLROOM)

All session and events are open to all registered attendees unless otherwise noted.

***Reminder to all committee chairs to turn in your committee reports prior to
Saturday evening's FSPHP Board meeting***

Saturday, April 25, 2015

Posters available for viewing on Saturday, April 25 from 8am to 6:30 pm

- 6:30 am – 7:30am** **Open Mutual Support Meeting (LIVE OAK 1)**
- 7:00 am – 8:00 am** **Breakfast and Exhibit Viewing (RIO GRANDE BALLROOM)**
- 7:30 am – 8:00 am** **Travel to the FSMB Meeting**
- 8:00 am – 9:30 am** **General Session III**
JOINT FSPHP and FSMB @ Omni Fort Worth Hotel, Fort Worth, Texas
Keeping the Spark Without Burning Out: Pathways to Physician Wellness
Art Hengerer, MD, Doris C. Gundersen, MD and Roland Gray, MD
- 9:30 am – 10:15 am** **Travel back to FSPHP Meeting at The Worthington**
- 10:15 am – 11:15 am** **New Member Meeting (BUR OAK)**
Doris C. Gundersen, MD and FSPHP Officers
Special Thanks to the FSPHP Diamond Exhibitors
- 11:15 am - 12:00 pm** **PHP Administrative Session (Ethics) (TRINITY BALLROOM)**
Challenging Toxicology Cases in Monitoring Healthcare Professionals
Penelope P. Ziegler, MD, Martha E. Brown, MD and Joseph Jones, MS, NRCC-TC
- 12:00 pm – 12:45 pm** **Luncheon (RIO GRANDE BALLROOM)**
- ** Reminder to all committee chairs to turn in your committee reports prior to tonight’s FSPHP Board meeting**
- 12:45 pm – 1:00 pm** **Exhibit Viewing (RIO GRANDE BALLROOM)**
- 1:00 pm – 2:00 pm**

Concurrent Session A (Ethics) (TRINITY BALLROOM)	Concurrent Session B (Ethics) (BRAZOS 1 & 2)	Concurrent Workshop C (Ethics) (Bur Oak)
Physician Suicide Behavior Following Fitness-for-Duty Evaluation <i>Alistair James Reid Finlayson, MD, Roland Gray, MD and Ron Neufeld</i>	Moving from Compliance to Recovery: Using Motivational Interviewing to Help Clients Build Their Recovery <i>John Ordiway, MS, LPC, LAT</i>	What to Do with Sexual Boundary Violations: History, Assessment and Treatment <i>James C. "Jes" Montgomery, MD Phillip Hemphill, PhD and Andrew C. Stone, MD, MPH</i>
Using Intake Interviews to Enhance Identification of Suicidality in PHP Populations <i>Elizabeth Brooks, PhD, and Doris C. Gundersen, MD</i>		

- 2:05 pm – 3:05 pm** **General Session IV (Ethics) (TRINITY BALLROOM)**
Assessing Late-Career Physicians: What is Possible? What is Practical?
Gail Jara, William Norcross, MD and Richard D. Barton

- 3:05 pm —3:35 pm** **Special Presentation – FSMB Speaker (TRINITY BALLROOM)**
Interstate Compact and FSMB Physician Re-Entry Policies
Janelle Rhyne, MD, MACP, Past Chair, FSMB Board of Directors
- 3:35 pm —3:45 pm** **Exhibit Viewing/Break (RIO GRANDE BALLROOM)**
- 3:45 pm – 4:45 pm** **General Session V (ETHICS) (TRINITY BALLROOM)**
PSYCHIATRIC AND OTHER CONDITIONS AFFECTING DISRUPTIVE BEHAVIOR
Penelope P. Ziegler, MD, Martha E. Brown, MD and Lisa J. Merlo, PhD, MPE
- 5:00 pm– 5:45 pm** **Poster Session - Presenters available for Q & A (POST OAK)**

Posters available for viewing on - Saturday, April 25 from 8am to 6:30 pm

- Healing the Addicted Brain – New, Alternative Treatment Options for PHPs and Their Patients** *Harold Urschel, MD, MMA*
- Professional Ethics: Avoiding Burnout** *Chip Abernathy, MA, LPC, MAC*
- Neurocognitive Assessment: Beyond the Mini Mental Status Exam & The Effect of Alcohol and Drug Use on the Structure and Function of the Brain** *Joshua M. Masino, PsyD*
- Five Core Values in a Professional Treatment Partial Hospitalization Program that Integrates 12 Step Recovery with an Insight Oriented Approach: How These Values Restore Hope and Build Integrity After Career Failure** *Beverly Watson, RN*
- Implementation of an Opioid Overdose Prevention Program in a Treatment Program for Health Care Professionals: Recommendations for Treatment and Monitoring Programs** *Patricia Pade, MD*
- Suicide in Physicians Charged with Criminal Sexual Behavior, An Opportunity to Intervene?** *James C. "Jes" Montgomery, MD, Phillip Hemphill, PhD and Andrew C. Stone, MD, MPH*
- State to State Variability in Re-licensure Rates of Physicians Who are Charged with Criminal Sexual Misconduct: A Role for PHP?** *James C. "Jes" Montgomery, MD, Phillip Hemphill, PhD and Andrew C. Stone, MD, MPH*
- Does Lack of Anonymity for PHP Participants Prevent Referral of Potentially Impaired Providers for Intervention?** *Charles Meredith, MD and Chris Bundy, MD, MPH*
- Prevalence of Burnout Among Participants of a State Physician Health Program** *Charles Meredith, MD and Chris Bundy, MD, MPH*
- The Enneagram: A Valuable Tool for Identification of Personality Related Barriers to Recovery, Compatible with 12-Step Recovery** *Gregory K. Gable, PsyD, Joseph Garbely, DO and William Heran, PhD*

- 6:30 pm - 9:00 pm** **FSPHP Board Meeting and Committee Chairs Dinner (WORTHINGTON ROOM)**
(Open to Board of Directors and Committee Chairs)

Sunday, April 26, 2015



- 6:30 am – 7:30 am** **Walk The Block** hosted by the Texas Committee on Physician Health & Wellness
Meet at 6:25 am in the hotel lobby
- 7:00 am – 8:00 am** **Open Mutual Support Meeting (LIVE OAK 1)**
- 8:00 am– 9:00 am** **Breakfast and Exhibit Viewing (RIO GRANDE BALLROOM)**
- 8:00 am– 9:00 am** **Research Committee Meeting (TREATY OAK BOARD ROOM)**
- 9:00 am – 10:00 am** **General Session VI (ETHICS) (TRINITY BALLROOM)**
Development & Implementation of Occupational Health Monitoring for Physicians in Need of Professional Coaching
Steve Adelman, MD and Debra Grossbaum, Esq.
- 10:00 am - 11:15 am** **General Session VII (ETHICS) (TRINITY BALLROOM)**
The Role of Spirituality in Physician Recovery
John A. Fromson, MD
- 11:15 am – 11:45 am** **Exhibit Viewing/Break (RIO GRANDE BALLROOM)**
- 11:45 am – 12:45 pm** **General Session VIII (TRINITY BALLROOM)**
Southeast Regional FSPHP Member Survey to Assess Treatment Provider Services
Scott Hambleton, MD and Paul H. Earley, MD, FASAM
- 12:45 pm – 1:45 pm** **Luncheon (RIO GRANDE BALLROOM)**
Recognition of Diamond Exhibitors & Exhibitor Drawing
- 1:45 pm – 3:00 pm** **FSPHP Regional Member Meetings (*Open to FSPHP Members*)**
Western Region – BRAZOS 1
Southeast Region – BRAZOS 2
Central Region – BUR OAK
Northeast Region – POST OAK
- 3:00 pm – 3:30 pm** **Exhibitor Session Facilitated by Jessica Vautour (TRINITY BALLROOM)**
All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for Discussion and Feedback
- 3:30 pm – 5:30 pm** **FSPHP Annual Business Meeting (*Open to FSPHP Members*) (TRINITY BALLROOM)**
- 5:30 pm – 5:45 pm** **FSPHP Board of Directors Meeting (*Open to FSPHP Board of Directors*) (TRINITY BALLROOM)**

Monday, April 27, 2015

6:30 am – 7:30 am

Open Mutual Support Meeting (LIVE OAK 1)

7:00 am – 8:00 am

Breakfast and Exhibit Viewing (RIO GRANDE BALLROOM)

9:00 am –10:00 am

Concurrent Session A (TRINITY BALLROOM)	Concurrent Workshop B (ETHICS) (BRAZOS 1 & 2)	Concurrent Session C (Bur Oak)
Promotion of Wellness Among Medical Students to Improve Physician Health <i>Lisa J. Merlo, PhD, MPE and Penelope P. Ziegler, MD</i>	Cognitive Dysfunction and the Older Physician: Is Your Organization Ready to Meet Emerging Demand? <i>Chris Bundy, MD, MPH and Charles Meredith, MD</i>	Preventing Physician Suicide: Best Practices for Promoting Hope and Resilience <i>Michael Groat, PhD, MS</i>
Cognitive Problems Among Participants in the Colorado Physician Health Program: A Review of Cases 1986-2014 <i>Michael H. Gendel, MD and Elizabeth Brooks, PhD</i>		

10:15am – 11:45 am

General Session IX (TRINITY BALLROOM)

Distressed Physicians: A Synthesis of PHPs' Best Practices

Christina Gaudiana, LMHC and Betsy Williams, PhD, MPH

11:45 am – 12:00 pm

Closing Remarks (TRINITY BALLROOM)

Doris C. Gundersen, MD

12:00 pm

Adjourn

We hope that this conference has met your expectations.

Please be sure to complete your evaluation.

Thank you!