

Essentials of Physician Health Programs: Success During Challenging Times

THURSDAY, APRIL 28 - SUNDAY, MAY 1, 2016

Manchester Grand Hyatt • San Diego, CA

Program Objectives

Upon completion of the activity, participants should be able to:

1. Identify Best Practices for PHPs.
2. Discuss Strategies for Legal Risk Management.
3. Recognize and Assess Occupational Hazards Facing the Healthcare Profession and Manage Affected PHP Participants.
4. Compare Different Treatment Modalities for Substance Use and Co-Occurring Disorders and Define Outcomes.

Poster Session AMERICAN CUP FOYER

Poster viewing hours - Friday, April 29 10:30 am until Saturday, April 30 until 2:30 pm

Poster Session - Friday, April 29 from 5:00 pm to 5:45pm.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Texas Medical Association and Federation of State Physician Health Programs. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

The Texas Medical Association designates this live activity for a maximum of 14.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics and/or Professional Responsibility Education

The Texas Medical Association has designated this activity for 10 hours of ethics and/or professional responsibility education.

Prerequisites of Attendees: None

Education Methods

Education methods will include didactic lecture, case presentations, workshops, and audience participation.

We are excited to offer ***Guidebook***
- an interactive mobile conference guide application -

Meeting & Conference Agenda

~Agenda Subject to Change~

Thursday, April 28, 2016

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| 9:30 am – 11:30 pm | FSPHP Board of Directors Meeting (<i>Open to Board of Directors</i>) ~ NAUTICAL |
| 11:00 am – 1:00 pm | Exhibitor Set Up ~ CORONADO BALLROOM A-C |
| 1:00 pm | Annual Meeting Registration & Exhibits Open ~ CORONADO FOYER |
| 1:00 pm | Lunch~ CORONADO BALLROOM A-C

OPEN SEATING & COMMITTEE MEETING TABLES AVAILABLE |
| 1:30 pm– 2:30 pm | FSPHP Committee Meetings (<i>Open to Committee Members</i>)
~ CORONADO BALLROOM A-C |
| 2:30 pm – 3:00 pm | Exhibitor Viewing – Meet and Greet Exhibitors ~ CORONADO BALLROOM A-C |
| 3:00 pm | WELCOME AND INTRODUCTIONS ~ CORONADO BALLROOM D-E
<i>Doris C. Gundersen, MD, FSPHP President</i> |
| 3:05 pm – 3:30 pm | FSPHP AND PHYSICIAN HEALTH UPDATE (.5 AMA PRA Cat. 1 Credit™/Ethics)
<i>Doris C. Gundersen, MD</i>
CORONADO BALLROOM D-E |
| 3:30 pm – 4:30 pm | General Session I (1 AMA PRA Cat. 1 Credit™/Ethics) ~CORONADO BALLROOM D-E

Results from the WPHP Client Exit Survey: What Graduating Participants Are Really Saying on the Way Out the Door
<i>Chris Bundy, MD, MPH and Charles Meredith, MD</i>

Designing Client Exit Surveys to Capture Program Effectiveness Data
<i>Elizabeth Brooks, PhD and Scott Humphreys, MD</i> |
| 4:30 pm – 6:00 pm | General Session II (1.5 AMA PRA Cat. 1 Credits™) ~CORONADO BALLROOM D-E
How to Hack Your Way Through the Media Jungle
<i>Neal Browne</i> |
| 6:00 pm - 7:30 pm | Opening Reception CORONADO BALLROOM A-C
<i>Remarks by Doris C. Gundersen, MD, FSPHP President and Martha E. Brown, MD, Program Planning Committee Chair</i> |
| 7:30 pm – 8:30 pm | FSPHP Committee Meetings (<i>Open to Committee Members</i>) |

All session and events are open to all registered attendees unless otherwise noted.

***Reminder to all committee chairs to turn in your committee reports prior to
Friday evening's FSPHP Board meeting***

Friday, April 29, 2016

Posters available for viewing Friday, April 29 at 10:30 am - Saturday, April 30 until 2:30pm ~ AMERICAN CUP FOYER

- 6:30 am – 7:30 am** **Walk The Wharf ~ MARINA COURTYARD**
Hosted by James T. Hay, MD
- 7:15 am – 8:15am** **Open Mutual Support Meeting ~ AMERICANS CUP CD**
(All Are Welcome)
- 7:45 am – 8:30 am** **Breakfast and Exhibit Viewing ~ CORONADO BALLROOM A-C**
- 8:30 am – 10:00 am** **General Session III – (1.5 AMA PRA Cat. 1 Credit™) ~ CORONADO BALLROOM D-E**
Comparing the Commercial Airline Pilots Monitoring, the HIMS Program, with the PHP Model
Lynn Hankes, MD, FASAM, Past FSPHP President and Captain Chris Storbeck, Immediate Past HIMS Chairman and Retired Delta Airlines Pilot
- 10:00 am – 10:15 am** **Break and Exhibit Viewing ~ CORONADO BALLROOM A-C**
- 10:15 am – 10:50 am** **New Member Meeting ~ NAUTICAL**
Doris C. Gundersen, MD, P. Bradley Hall, and FSPHP Officers
Special Thanks to the FSPHP Diamond Exhibitors
- 11:00 am - 12:00 pm** **PHP Administrative Session (1 AMA PRA Cat. 1 Credit™/Ethics)**
Risk Management of PHPs ~ CORONADO BALLROOM D-E
Legal Panel Speakers: Thomas A. Crabb, JD, Debra Grossbaum, Esq. and James Wilkinson, Esq.
- 12:00 pm – 12:45 pm** **Luncheon & Exhibit Viewing ~ CORONADO BALLROOM A-C**

**** Reminder to all committee chairs to turn in your committee reports prior to tonight's FSPHP Board meeting**

1:00 pm – 2:00 pm

Concurrent Session A <i>(1 AMA PRA Cat. 1 Credit™)</i> CORONADO BALLROOM D-E	Concurrent Session B <i>(1 AMA PRA Cat. 1 Credit™/Ethics)</i> AMERICAN CUP AB	Concurrent Session C <i>(1 AMA PRA Cat. 1 Credit™)</i> AMERICAN CUP CD
An Overview of the Ontario Medical Association's PHP Assessment Service <i>Joy Albuquerque, MD, FRCP</i> <i>Lisa Lefebvre, MDCM, CCFP, MPH, DABAM</i> <i>Doina Lupea, MD, MHSc</i> <i>Derek Puddester, MD, MEd FRCPC ACC</i>	The Role of the Polygraph in Independent Comprehensive Evaluation for Professional Sexual Misconduct <i>Alistair James Reid Finlayson, MD ,</i> <i>Kimberly P. Brown, PhD, ABPP, and</i> <i>Ron Neufeld, BSW, LADAC</i> Use of Polygraph in the Assessment, Treatment and Monitoring of Physicians: Tips for Success <i>Philip Hemphill, PhD</i>	A Tale of Three Doctors: Effective Screening of Physicians with Suspected TBI, Stroke & Alzheimer's Disease <i>James S. Walker, PhD, ABPP</i> <i>Paul Ragan, MD</i>

- 2:00 pm – 2:15 pm** **Break ~ CORONADO BALLROOM A-C**
- 2:15 pm – 3:15 pm** **General Session IV** (*1 AMA PRA Cat. 1 Credit™/Ethics*) ~ **CORONADO BALLROOM DE**
The Trauma of Monitoring Program Participation
Penelope P. Ziegler, MD
- 3:15 pm – 3:45 pm** **Special Presentation –** (*.5AMA PRA Cat. 1 Credit™*) ~ **CORONADO BALLROOM DE**
FSMB and FSPHP: Where are we headed?"
Art Hengerer, MD, Chair-elect Federation of State Medical Boards
- 3:45 pm – 4:00 pm** **Exhibit Viewing/Break ~ CORONADO BALLROOM A-C**
- 4:00 pm – 5:00pm** **General Session V** (*1 AMA PRA Cat. 1 Credit™/Ethics*) ~ **CORONADO BALLROOM DE**
To Bupe or Not to Bupe: That is the Question
*Scott Hambleton, MD, Paul Earley, MD, Penelope P. Ziegler, MD,
Michael Kaufmann, MD and A. Kenison Roy, III, MD, DFASAM, DLFAPA*
- 5:00 pm– 5:45 pm** **Poster Session - Presenters available for Q & A** (*.75AMA PRA Cat. 1 Credit™*)
AMERICAN CUP FOYER

Posters available for viewing on Friday, April 29 at 10:30 am until Saturday, April 30 at 2:30pm

- Structured Family Recovery: Expanding the Essentials of the Physician Health Programs to Create a Cooperative Approach to Lasting Sobriety** *Debra Jay*
- Being Prepared: Relapse Prevention and Occupational Hazards for Healthcare Professionals** *Chip Abernathy, LPC, MAC*
- Psychological Assessment Data of Healthcare Professionals Presenting for Evaluation** *Gregory L. Futral, PhD and James "Jes" Montgomery, MD*
- In Their Own Words: Stressors Facing Medical Students in the Millennial Generation** *Lisa J. Merlo, PhD, MPE*
- Implementation of a Fitness Assessment and Optimization of an Exercise Program for Physicians in Substance Use Disorder Recovery** *Patricia Pade, MD, Nicholas Edwards and Laura Martin, MD*
- Outcomes for Physicians with Opioid Dependence** *Greg Skipper, MD and Lisa Merlo, PhD, MPE*
- An Exploration of the Potential Relationship Between Health Issues and Problematic Workplace Behavior** *Betsy White Williams, MD and Philip Flanders, PhD*
- Problematic Sexual Behavior: Rate and Timing of Return to Work Based on Offense Type with Analysis of Risk Factors Predictive of Repeated Problematic Behaviors** *Andrew C. Stone, MD, MPH, Philip Hemphill, PhD and James "Jes" Montgomery, MD*
- Multidisciplinary Perspective on Making Reasonable Suspicion Drug Testing More Efficient and Effective** *Karen Miotto, MD, T. Warner Hudson, MD, and Rebecca Wilkinson, MSPH*

- 6:30 pm - 9:00 pm** **FSPHP Board Meeting and Committee Chairs Dinner ~ CORTEZ HILL AB**
(Open to Board of Directors and Committee Chairs)

Saturday, April 30, 2016

- 6:45 am – 7:45 am** **Open Mutual Support Meeting ~ AMERICAN CUP CD**
(All Are Welcome)
- 7:00 am – 7:45 am** **Breakfast and Exhibit Viewing ~ CORONADO BALLROOM A-C**
- 8:00 am – 9:15 am** **General Session VI - JOINT FSPHP and FSMB ~ Seaport Ballroom**
Navigating Successful PHP and Board Relationships
Moderator: Dr. Dan Gifford, FSMB Chair
Panelists: Doris C. Gundersen, MD, P. Bradley Hall, MD, Robert Knittle, MS, Executive Director for the West Virginia Board of Medicine, and Nathan Thomas, DPM – President of the Montana Board of Medical Examiners.
- 9:15 am – 10:15 am** **Exhibit Viewing/Break ~ CORONADO BALLROOM A-C**
- 10:15 am - 11:15 am** **General Session VII (1 AMA PRA Cat. 1 Credit™/Ethics) ~ CORONADO BALLROOM DE**
Essential Components of PHP Participation: Perspectives of Participants 5 Years Post-Graduation
Lisa J. Merlo, PhD, MPE and Robert L. DuPont, MD
- 11:15 am – 12:15 pm** **General Session VIII (1 AMA PRA Cat. 1 Credit™/Ethics) ~ CORONADO BALLROOM DE**
Truth in Advertising: What Ought to Matter When Making A Referral for Substance Use Evaluations and Treatment
Ben Cort
- 12:15 pm – 1:15 pm** **Luncheon ~ CORONADO BALLROOM A-C**
Recognition of Diamond Exhibitors & Exhibitor Drawing
- 1:15 pm – 2:30 pm** **FSPHP Regional Member Meetings**
(Open to FSPHP State, Associate, Honorary, International, Individual & Organizational Members)
- Western Region ~ GRAND A**
Southeast Region ~ AMERICAN CUP AB
Central Region ~ AMERICAN CUP C
Northeast Region ~ AMERICAN CUP D
- 2:30 pm** **Break in Foyer**
- 2:30 pm – 3:00 pm** **Exhibitor Session Facilitated by P. Bradley Hall, MD and Terrance Bedient, FACHE**
~ CORONADO BALLROOM A-C
All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for discussion and feedback.
- 3:00 pm – 5:30 pm** **FSPHP Annual Business Meeting ~ CORONADO BALLROOM DE**
(Open to FSPHP State, Associate, Honorary, and International Members)
- 5:45 pm – 6:00 pm** **FSPHP Board of Directors Meeting ~ AMERICAN CUP AB**
(Open to FSPHP Board of Directors)

Sunday, May 1, 2016

6:30 am – 7:30 am **Open Mutual Support Meeting ~ AMERICAN CUP D**
(All Are Welcome)

7:30 am – 8:30 am **Breakfast and Exhibit Viewing ~ CORONADO A-C**

8:30 am – 9:30 am

Concurrent Session A <i>(1 AMA PRA Cat. 1 Credit™/Ethics)</i> AMERICAN CUP ABC	Concurrent Workshop B <i>(1 AMA PRA Cat. 1 Credit™/Ethics)</i> CORONADO BALLROOM DE
What Do Participants Really Think of Their PHP? <i>Charles Meredith, MD and Chris Bundy, MD, MPH</i>	Challenges of Identifying, Assessing & Monitoring Medical Students and Residents <i>Martha E. Brown, MD and Penelope P. Ziegler, MD</i> Medical Student Suggestions to Improve Health and Wellness <i>Lisa J. Merlo, PhD, MPE</i>

9:30 am – 9:45 am **Break ~ CORONADO BALLROOM A-C**

9:45 am – 11:15 am **General Session IX** *(1.5 AMA PRA Cat. 1 Credit™/Ethics)* ~ **CORONADO BALLROOM DE**
Five Fundamentals of Civility for Physicians
Michael Kaufmann, MD and Joy Albuquerque, MD, FRCP

11:15 am – 11:30 pm **Closing Remark ~ CORONADO BALLROOM DE**
Doris C. Gundersen, MD

11:30 am **Adjourn ~ CORONADO BALLROOM A-C**

WE HOPE THIS CONFERENCE MET YOUR EXPECTATIONS. PLEASE COMPLETE YOUR EVALUATIONS AND CME LOG ON GUIDEBOOK AT THE END OF THE PROGRAM.

SPECIAL THANKS TO THE FSPHP ROGRAM PLANNING COMMITTEE!

Martha E. Brown, MD, Tri-Chair, Professional Resource Network (FL)
Doris Gundersen, MD, Tri-Chair, Colorado Physician Health Program
Linda R. Bresnahan, MS, Tri-Chair, Massachusetts Physician Health Services
Terrance M. Bedient, FACHE, Medical Society of the State of NY CPH
Laura Berg, LCSW-C, Maryland Physicians Health Program
Debbie Brennan, FSPHP Staff Assistant (Massachusetts PHS)
Chris Bundy, MD, PhD, Washington Physician Health Program
Candice Cochran, Wyoming Professional Assistance Program
P. Bradley Hall, MD, WV Medical Professionals Health Program
Scott Hambleton, MD, Mississippi Professionals Health Program
Linda Kuhn, Texas Medical Association PHWC
Robin F. McCown, Georgia Professional Health Program, Inc.
John Southworth, Idaho PRN
Amy Tardy, PhD, Maine Medical Professionals Health Program
Michael Todd, Tennessee Physicians Health Program