

FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS

Annual Education Conference and Business Meeting



WEDNESDAY, APRIL 19 - SATURDAY, APRIL 22, 2017

Worthington Renaissance Fort Worth Hotel

~ Will coincide with Federation of State Medical Boards Conference ~

PHPs Restoring Physician Satisfaction and Wellness in an Era of Burnout, Mental Illness, Addiction, & Suicide

Education Conference Objectives:

We are pleased to introduce to you our timely educational objectives designed to address emerging issues facing the health profession.

- Identify resources and model examples that PHPs can utilize for the prevention of burnout and for increasing the satisfaction in medicine including peer support methods, mindfulness, resiliency and professional coaching.
- Create awareness of the epidemiology related to mental illness and suicide including prevention approaches in the physician population that PHPs can utilize to assess risk factors in participants of PHPs and for education.
- Examine PHP best practices for early intervention, referral to a PHP, monitoring, toxicology and treatment of health care professionals.
- Review, compare and contract successful funding strategies for PHPs and related non-profit organizations.
- Provide a range of PHP approaches for effective evaluation and for education of the aging physician population.

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Florida Medical Association and the Federation of State Physician Health Programs. The Florida Medical Association is accredited by the ACCME to provide continuing medical education for physicians. The Florida Medical Association designates this live activity for a maximum of 15.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Opening Night Silent Auction Wednesday, April 19, RIO GRANDE / Trinity Level

6:00 pm—8:30 pm:

New this year, opening night dinner and silent auction to raise funds for the FSPHP mission and strategic goals.

Poster Session Reception Thursday, April 20 at 5:00 pm:

Join us with Poster Session Presenters on Thursday April 20th at 5:00 pm. Posters will be available for viewing all day Thursday, April 20, and Friday, April 21.

Meeting & Conference Agenda

~Agenda Subject to Change~

Sessions Marked w/ an * = AMA PRA Category 1 Credits™.

Tuesday April 18, 2017

6:00pm — 8:00pm FSPHP Board of Directors - TREATY OAK BOARDROOM

Wednesday April 19, 2017

8:00 am – 11:00 am Exhibitor Set Up— RIO GRANDE —Trinity Level

11:30 am Annual Meeting Registration - POST OAK FOYER—Mezzanine level
Exhibits Open - RIO GRANDE

12:00 pm — 1:30pm Luncheon FOR ALL ~ Meet and Greet Exhibitors—RIO GRANDE
OPEN SEATING & COMMITTEE MEETING TABLES AVAILABLE

12:30 pm – 1:30 pm FSPHP Committee Meetings co-occurring with Luncheon
Research Committee—WEST FORK I
ACE Committee— WEST FORK II
Nominating Committee—TRINITY CENTRAL

1:30 pm WELCOME AND INTRODUCTIONS—BRAZOS & CORRIDOR -MEZZANINE LEVEL
P. Bradley Hall, MD, FSPHP President

1:35 pm – 2:05 pm *FSPHP AND PHYSICIAN HEALTH UPDATE — BRAZOS & CORRIDOR
P. Bradley Hall, MD, FSPHP President

2:05 pm – 3:05 pm ***General Session I** - —BRAZOS & CORRIDOR
Feeling the Burn—Physician Burnout in America
Kurt Mosley, Vice President of Strategic Alliances for Merritt Hawkins, a physician search and consulting firm

3:05 pm – 3:20 pm BREAK — RIO GRANDE

3:20 pm – 4:35 pm ***General Session II** - BRAZOS & CORRIDOR
PHP 2.0: WPHP Pilot Program to Address Burnout and Enhance Resilience in Health Professionals—*Chris Bundy, MD, MPH; Laura Moss, MD; and Charles Meredith, MD*
Creating a Cooperative Solution for Physician Burnout: The NC Resiliency Consortium
—Joe Jordan, PhD; Clark Gaither, MD; and Ernst Casimir, MS

4:35 pm - 5:35 pm ***General Session III** - BRAZOS & CORRIDOR
Reducing Physician Suicide in the Workplace: Practical Steps Toward Organization
Elizabeth Brooks, PhD, and Doris Gundersen, MD
Legal and Ethical Issues in Risk Assessment: A How to Guide for Suicide and Homicide Risk, *James Walker, PhD, and Paul Ragan, MD*

6:00 pm - 8:30 pm **Silent Auction Dinner — RIO GRANDE**
Remarks by P. Bradley Hall, MD, FSPHP President and Martha E. Brown, MD, Program Planning Committee Chair
Welcome Exhibitors
Opening Night Door Prize

All session and events are open to all registered attendees unless otherwise noted.

***Reminder to all committee chairs to turn in your committee reports prior to
Thursday evening's FSPHP Board meeting***

Thursday, April 20, 2017

~Posters Available for Viewing All Day~

- 6:30 am – 7:30 am** **Morning Walk ~ meet at 6:25 a.m. in the hotel lobby**
- 7:15 am – 8:15 am** **Open Mutual Support Meeting (*All Are Welcome*) - POST OAK**
- 7:45 am – 8:30 am** **Breakfast and Exhibit Viewing— RIO GRANDE**
- 8:30 am – 10:00 am** ***General Session IV - BRAZOS & CORRIDOR**
Going to Summit... Reaching Your Peak of Fundraising! Lessons From Colorado PHP
Sarah Early, PsyD, Angela Graham, MPA and Amanda Parry, MPA
- The Funding of Physician Health Programs in Quebec: How to Demonstrate our Efficiency** *Denis Chênevert, D.Sc., CRHA; Marie-Claude Tremblay, MBA; and Anne Magnan, MD*
- 10:00 am – 10:15 am** **Break and Exhibit Viewing — RIO GRANDE**
- 10:15 am —10:40 am** **New Member Meeting—POST OAK**
P. Bradley Hall, MD, and Paul Earley, MD, and FSPHP Officers
Special Thanks to the FSPHP Emerald & Diamond Exhibitors
- 10:45 am - 12:00 pm** ***General Session V- BRAZOS & CORRIDOR**
My Life as A Guitardiologist
Suzie Brown, MD
- 12:00 pm – 12:55 pm** **Luncheon & Exhibit Viewing — RIO GRANDE**
**** Reminder to all committee chairs to turn in your committee reports prior to tonight's FSPHP Board meeting**
- 1:00 pm – 2:00 pm** **Breakouts**

Workshop A BRAZOS AND CORRIDOR	Workshop B TRINITY CENTRAL	Workshop C WEST FORK I
*Professional Burnout: A Systems Theory Approach to the Multiple Levels of Causality and Intervention <i>Scott C. Stacy, PsyD,; Peter Graham, MD; Jim Wieberg, Med, LPC; and Thomas Janousek, PsyD</i>	*Healthcare Professionals and Sexual Boundary Violations: Problems and Solutions <i>Tracy Zemansky, PhD</i>	*Navigating the World of Physician Coaching <i>Diana Dill, EdD; Ken Kraft, PhD; Les Schwab, MD; and Donna Singer, MS</i>

- 2:00 pm – 2:15 pm** **Break — RIO GRANDE**
- 2:15 pm – 3:15 pm** ***General Session VI - BRAZOS & CORRIDOR**
Monitoring of PHP Participants: Best Practices to Help Avoid Difficulties
Martha E. Brown, MD; Penelope Zeigler, MD; and Thomas Crabb, Esq.
- 3:15 pm —3:45 pm** ***Special Presentation – Federation of State Medical Boards- BRAZOS & CORRIDOR**
Burnout and Wellness Roles for the FSMB and FSPHP
Arthur S. Hengerer, MD, FACS
Federation of State Medical Boards, Chair
- 3:45 pm —4:00 pm** **Exhibit Viewing/Break — RIO GRANDE**

Thursday, April 20, 2017 Continued....

4:00 pm – 5:00 pm

Breakout Sessions

Session A BRAZOS AND CORRIDOR	Session B TRINITY CENTRAL	Workshop C WEST FORK I
<p>*The Aging Physician: Practical Solutions for a Sensitive Issue <i>David E.J. Bazzo, MD, FAAFP, CAQSM</i></p> <p>*What's Age Got to Do with It? Insights on the Aging Physician Controversy from WPHP's Cognitive Screening Program <i>Chris Bundy, MD, MPH, and Laura Moss, MD</i></p>	<p>*Five Theories of Self Medication: A Critique <i>Michael Gendel, MD</i></p>	<p>*Physician Suicide: From Burnout and Substance Abuse to Prevention <i>Matthew Goldenberg, DO, and Gregory Skipper, MD</i></p>

5:00 pm– 6:00 pm

Reception with Poster Session Presentations - TRINITY FOYER
Hors d'oeuvre

- ◆ **Approaching Substance Use Disorders and Psychiatric Disorders With Aging Physicians**
Chip Abernathy, LPC, MAC
- ◆ **Physician Health Impacting Patient Safety – The experience and results of a National Fitness for Duty Evaluation Program**
David E.J. Bazzo, M.D., FAAFP, CAQSM
- ◆ **The Use of Mindfulness-based Stress Reduction (MBSR) Strategies as a Prevention Tool for Burnout and Acute Stress in Practicing Physicians**
William J. Heran, PhD
- ◆ **Performance Coaching: Rx to Revitalize Physicians**
Diana Dill, EdD, Ken Kraft PhD, and Les Schwab, MD
- ◆ **Spirituality and Substance Use Among Florida Medical Students**
Lisa Merlo, PhD, and Stefano A. Leitner
- ◆ **Well-Being Coaching: Utilizing the GOOD Coaching Method with Well-Being Coaching Forms, Tools, and Assessments**
Jeffrey Auerbach, PhD, MCC
- ◆ **Disability Insurance As a Tool to Restore Physician Wellness from Burnout and Mental Illness**
Mark F. Selzer, JD
- ◆ **A PHP's Impact on Clients Professional, Personal, and Interpersonal Behaviors**
Elizabeth Brooks, PhD

**** Posters on display all day Friday, April 21 ****

6:00 pm - 8:00 pm

FSPHP Board Meeting and Committee Chairs Dinner - PECOS 1
(Open to Board of Directors and Committee Chairs)

Friday, April 21, 2017

~Posters Available for Viewing All Day~

- 7:00 am – 8:00 am **Open Mutual Support Meeting -POST OAK**
(All Are Welcome)
- 7:30 am—8:30 am **ACE Committee Review of FSPHP Guidelines**
facilitated by Maureen Dinnan, Esq & Doina Lupea MD, MHSc
(Open to ALL FSPHP State, Associate, Honorary, and International Members)
- 8:00 am— 9:00 am **Breakfast and Exhibit Viewing — RIO GRANDE**
- 9:00 am – 10:00 am ***General Session VII - BRAZOS & CORRIDOR**
Treatment Length of Stay for the Addicted Physician-Let’s Discuss
Daniel Angres, MD; Paul H. Earley, MD
- 10:00 am—10:15 am **Exhibit Viewing/Break — RIO GRANDE**
- 10:15 am - 11:15 am ***General Session VIII - BRAZOS & CORRIDOR**
Physician Mental Health: Preventing Suicide and Building Resilience
Christine Moutier, MD, CEO American Foundation of Suicide Prevention

11:15 am – 12:15 pm Breakout Sessions

Session A TRINITY CENTRAL	Workshop B BRAZOS BALLROOM	Session C WEST FORK I
<p>*The Recent Emergence of Two New Levels of Coaching Intervention in Physician Health. <i>Joe Siegler, MD; and Thomas C. Dolan, PhD, FACHE, FASAE</i></p>	<p>*The Aging Physician: PHP Involvement in Education, Evaluation and Treatment <i>Leah Bennett, PhD; Scott Hambleton, MD, FASAM; and Sally Moody, LCSW</i></p>	<p>*Utilizing Motivational Interviewing to Manage “Discord” in Client Interaction <i>George Brenner, MS</i></p>

- 12:15 pm – 1:15 pm **Luncheon — RIO GRANDE**
Recognition of Emerald, Diamond Exhibitors & Exhibitor Drawing
- 1:15 pm – 2:30 pm **FSPHP Regional Member Meetings**
(Open to FSPHP State, Associate, Honorary, International, Individual, & Organizational Members)
 - Western Region Southeast Region Central Region Northeast Region
 - ELM FORK I PECOS II PECOS I ELM FORK II
- 2:30 pm – 3:00 pm **Exhibitor Session Facilitated by P. Bradley Hall, MD—WEST FORK I**
All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for discussion and feedback.
- 3:00 pm—3:15 pm **FSPHP Annual Business Meeting Registration & Photo—RED STAIRCASE**
- 3:15 pm – 5:00 pm **FSPHP Annual Business Meeting - BRAZOS & CORRIDOR**
(Open to FSPHP State, Associate, Honorary, and International Members)
- 5:00 pm – 5:15 pm **FSPHP Board of Directors Meeting— TREATY OAK BOARD ROOM**
(Open to FSPHP Board of Directors)
- 6:15 pm **Transportation to Stockyard—Advance Registration Required - EAST DRIVE PICK UP**
(Click here to register online for this event! Or call 214.350.6282)
Dinner at Los Vaqueros Restaurant, followed by the Rodeo at Cowtown Coliseum

Saturday, April 22, 2017

6:30 am – 7:30 am **Open Mutual Support Meeting - POST OAK**
(All Are Welcome)

7:30 am - 8:00 am **Breakfast— RIO GRANDE**

8:00 am – 9:00 am **Breakout Sessions**

Workshop A TRINITY	Workshop B WESTFORK	Workshop C BRAZOS-CORRIDOR
<p>*Burnout Prevention Among Physician Educators <i>Lisa Merlo, PhD</i></p>	<p>*Aging Physicians: When is it time to hang up the spurs? <i>Betsy White Williams, MPH, PhD;</i> <i>Lyle R. Kelsey, MBA, CAE, CMBE;</i> <i>Billy Stout, MD; and</i> <i>Robert Westcott, MD</i></p>	<p>*Occupational Health Monitoring Agreements: Optimizing the Effectiveness of Professional Coaching for Physicians <i>Amy Harrington, MD; Jacquelyn Starer, MD;</i> <i>Debra Grossbaum, Esq; and</i> <i>Steve Adelman, MD</i></p>

9:00 am **Commute to FSMB - Buses at West DRIVE**

9:30 am— 10:45am **General Session IX - JOINT FSPHP and FSMB**
Moderator: *Arthur S. Hengerer, MD, FACS*
Federation of State Medical Boards, Chair
Omni Fort Worth Hotel, 1300 Houston Street. Fort Worth, Texas 76102
Texas Ballroom E-F, 2nd floor near the escalators
Burnout Prevention Strategies from PHPs and Beyond
P. Bradley Hall, MD, Paul Earley, MD and Chris Bundy, MD

10:45 am **Travel back to hotel**

11:15 am – 12:15 pm ***General Session X- BRAZOS & CORRIDOR**
PHPs and Professional Sexual Misconduct: Pitfalls and Pearls
Scott Hambleton, MD, FASAM; Doris Gundersen, MD; Michael Ramirez, MS; and
Martha E. Brown, MD

12:15 pm—12:30 pm **Closing Remarks - BRAZOS & CORRIDOR**
P. Bradley Hall, MD

We are excited to offer Event Mobi
an interactive mobile conference website