

FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS

Annual Education Conference and Business Meeting



WEDNESDAY, APRIL 19 - SATURDAY, APRIL 22, 2017

Worthington Renaissance Fort Worth Hotel

~ Will coincide with Federation of State Medical Boards Conference ~

PHPs Restoring Physician Satisfaction and Wellness in an Era of Burnout, Mental Illness, Addiction, & Suicide



Highlights:

- ⇒ Networking Opportunities with leaders in the field of professional health and well-being
- ⇒ Large exhibitor space with all breaks, breakfast and food service with attendees
- ⇒ General and breakout sessions each day to highlight the essentials of physician health programs
- ⇒ Poster Session Reception
- ⇒ Daily Peer Support Groups

Tentative Schedule Subject to Change:

- Tuesday 6:00 pm Board Meeting**
Wednesday: **11:30 am** Registration and Exhibit Hall Opens
General & Breakout Sessions
Committee Meetings
Silent Auction Dinner
- Thursday: Morning Walk
New Member Meeting
General & Breakout Sessions
FSMB Guest Speaker
Poster Session Reception
Board & Committee Chair Dinner
- Friday: General & Breakout Sessions
FSPHP Regional Member Meetings
Exhibitor Session
Annual Business Member Meeting
Stockyard Dinner & Rodeo
- Saturday: General and Breakout Sessions
FSMB-FSPHP Joint Session
Adjournment
12:30 Adjourn

Attendee Registration Packet

Watch for updates at www.fsphp.org. For information call: (978) 347-0600 or email jrobarge@fsphp.org.

Click to register online today!

Plan to attend this year's event:

The FSPHP would like to invite you to join others in the field who have made a decision to attend the 2017 Federation of State Physician Health Program's (FSPHP) Annual Education Conference. Our annual conference is attended by over 200 state physician health program administrators, care providers, and allied health professionals dedicated to the purposes of the FSPHP and its member state programs. This is a unique opportunity to network with professionals dedicated to issues of physician well-being including the treatment of substance use disorders and mental health illness facing physicians and other licensed health care professionals in the United States, Canada and other parts of the world.

The FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state physician health programs, to develop common objectives and goals, to develop guidelines, to enhance awareness of issues related to physician health and impairment, to provide advocacy for physicians and their health issues at local, state, and national levels, and to assist state programs in their quest to protect the public. Our mission is to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care.

The FSPHP recognizes the need for different approaches by individual state organizations in delivering services and is committed to working together for the safety of the public, the medical profession, and the program participants on a national level.

Education Conference Objectives:

We are pleased to introduce to you our timely educational objectives designed to address emerging issues facing the health profession.

- Identify resources and model examples that PHPs can utilize for the prevention of burnout and for increasing the satisfaction in medicine including peer support methods, mindfulness, resiliency and professional coaching.
- Create awareness of the epidemiology related to mental illness and suicide including prevention approaches in the physician population that PHPs can utilize to assess risk factors in participants of PHPs and for education.
- Examine PHP best practices for early intervention, referral to a PHP, monitoring, toxicology and treatment of health care professionals.
- Review, compare and contract successful funding strategies for PHPs and related non-profit organizations.
- Provide a range of PHP approaches for effective evaluation and for education of the aging physician population.

Who Should Attend:

The program is designed for physicians of all specialties, physician assistants, attorneys, program developers, physical therapists, case managers, nurses, licensed social workers, toxicologists, scientific researchers, and clinical coordinators involved in physician health programs.

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Florida Medical Association and the Federation of State Physician Health Programs. The Florida Medical Association is accredited by the ACCME to provide continuing medical education for physicians. The Florida Medical Association designates this live activity for a maximum of 14.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Opening Night Silent Auction Wednesday, April 19, 6:00 pm—8:30 pm:

New this year, opening night dinner and silent auction to raise funds for the FSPHP mission and strategic goals.

Poster Session Reception Thursday, April 20 at 5:00 pm:

Join us with Poster Session Presenters on Thursday April 20th at 5:00 pm. Posters will be available for viewing all day Thursday, April 20, and Friday, April 21.

Social Event on Friday, April 21 at 6:15pm: New this year, join us for a trip to the Stockyard for dinner together with FSPHP friends and then onto the rodeo (\$97pp.)

FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS

Education Program Faculty:

Chip Abernathy, LPC, MAC
Daniel Angres, MD
Jeffrey Auerbach, PhD, MCC
David E.J. Bazzo, M.D.
Leah Bennett, PhD
George Brenner, MS
Elizabeth Brooks, PhD
Martha E. Brown, MD
Suzie Brown, MD
Chris Bundy, MD, MPH
Denis Chênevert, D.Sc., CRHA
Diana Dill, EdD
Sarah Early, PsyD
Paul H. Earley, MD, FASAM,
Michael Gendel, MD
Matthew Goldenberg, DO
P. Bradley Hall, MD
Scott Hambleton, MD, FASAM
Amy Harrington, MD
Arthur S. Hengerer, MD, FACS
William J. Heran, PhD
Joe Jordan, PhD
Lyle Kelsey, MBA
Lisa Merlo, PhD, MPE
Kurt Mosley
Christine Moutier, MD
Mark F. Seltzer, JD
Joe Siegler, MD
Gregory Skipper, MD
Scott C. Stacy, MD
James S. Walker, PhD
Betsy White-Williams, MPH, PhD
Tracey R. Zemansky, PhD

Ridgeview Recovering Professionals, Smyrna, GA
Positive Sobriety Institute, Chicago, IL
College of Executive Coaching, Arroyo Grande, CA
UC San Diego PACE Program, San Diego, CA
Pine Grove Professional Enhancement Program, Hattiesburg, MS
Continuing the Care, Indianapolis, IN
Colorado Physician Health Program, Denver, CO
Professionals Resource Network & University of FL, Gainesville, FL
Vanderbilt University Medical Center, Nashville, TN
Washington Physicians Health Program, Seattle, WA
Pole Sante at HEC Montreal, Montreal Canada
Working Together for Health, Belmont, MA
Colorado Physician Health Program, Denver, CO
Georgia Professionals Health Program, Atlanta, GA; FSPHP President, Elect
Colorado Physician Health Program, Denver, CO
Promises Professional Treatment Program
West Virginia MPHP, President, FSPHP
Mississippi Physician Health Program, Ridgeland, MS
University of Massachusetts Medical School, Worcester, MA
Federation of State Medical Boards, Chair
Providence Living Treatment Center, Media, PA
North Carolina Physician Health Program, Raleigh, NC
Oklahoma State Board of Medical Licensure and Supervision, OK
Professionals Resource Network, Inc. and University of FL, Gainesville, FL
Merritt Hawkins, Dallas, TX
American Society for Suicide Prevention, New York, NY
Mark F. Seltzer and Associates
Spheres Leadership Coaching, Chicago, IL
Promises Professional Treatment Center, Santa Monica, CA
Acumen Assessments, Lawrence, KS
Clarity Professional Evaluation Center, Nashville, TN
Professional Renewal Center, Lawrence, KS
Pacific Assistance Group, Santa Monica, CA

Program Planning Committee:

Martha E. Brown, MD, Co-Chair
Doris Gundersen, MD, Co-Chair
Terrance M. Bedient, FACHE
Chris Bundy, MD, MPH
Mary Ellen Caiati, MD
P. Bradley Hall, MD.
Scott Hambleton, MD, FASAM
Linda Kuhn
Robin F. McCown
Sara Shelton
John Southworth
Amy Tardy, PhD
Linda R. Bresnahan, MS
Julie Robarge

Professional Resource Network (FL)
Colorado Physician Health Program
Medical Society of the State of NY CPH
Washington Physicians Health Program
Colorado Physician Health Program
WV Medical Professionals Health Program
Mississippi Professionals Health Program
Texas Medical Association PHWC
Georgia Professional Health Program, Inc.
Georgia Professional Health Program, Inc.
Idaho PRN
Maine Medical Professionals Health Program
FSPHP Executive Director
FSPHP Membership Association Specialist

Meeting & Conference Agenda

~Agenda Subject to Change~

Sessions Marked w/ an * = AMA PRA Category 1 Credits™.

Tuesday April 18, 2017

6:00pm — 8:00pm FSPHP Board of Directors

Wednesday April 19, 2017

10:00 am — 11:30 am Exhibitor Set Up

11:30 am Annual Meeting Registration & Exhibits Open

12:00 pm — 1:30pm Luncheon FOR ALL ~ Meet and Greet Exhibitors
OPEN SEATING & COMMITTEE MEETING TABLES AVAILABLE

12:30 pm — 1:30 pm FSPHP Committee Meetings co-occurring with Luncheon

1:30 pm WELCOME AND INTRODUCTIONS
P. Bradley Hall, MD, FSPHP President

1:35 pm — 2:05 pm *FSPHP AND PHYSICIAN HEALTH UPDATE
P. Bradley Hall, MD, FSPHP President

2:05 pm — 3:05 pm *General Session I
Feeling the Burn—Physician Burnout in America
Kurt Mosley, Vice President of Strategic Alliances for Merritt Hawkins, a physician search and consulting firm

3:05 pm — 3:20 pm BREAK

3:20 pm — 4:35 pm *General Session II
PHP 2.0: WHP Pilot Program to Address Burnout and Enhance Resilience in Health—Chris Bundy, MD; Laura Moss, MD; and Charles Meredith, MD

**Creating a Cooperative Solution for Physician Burnout—Joe Jordan, PhD;
Clark Gaither, MD; and Ernst Casimir, MS**

4:35 pm - 5:35 pm *General Session III
Reducing Physician Suicide in the Workplace: Practical Steps Toward Organization
Elizabeth Brooks, PhD, and Doris Gundersen, MD

Legal and Ethical Issues in Risk Assessment: A How to Guide for Suicide and Homicide Risk, James Walker, PhD, and Paul Ragan, MD

6:00 pm - 8:30 pm **Silent Auction Dinner**
*Remarks by P. Bradley Hall, MD, FSPHP President and
Martha E. Brown, MD, Program Planning Committee Chair*
Welcome Exhibitors
Opening Night Door Prize

All session and events are open to all registered attendees unless otherwise noted.

***Reminder to all committee chairs to turn in your committee reports prior to
Thursday evening's FSPHP Board meeting***

~Posters Available for Viewing All Day~

- 6:30 am – 7:30 am** Morning Walk ~ meet at 6:25 a.m. in the hotel lobby
- 7:15 am – 8:15 am** Open Mutual Support Meeting (*All Are Welcome*)
- 7:45 am – 8:30 am** Breakfast and Exhibit Viewing
- 8:30 am – 10:00 am** ***General Session IV**
Going to Summit... Reaching Your Peak of Fundraising! Lessons From Colorado PHP
Sarah Early, PsyD, Angela Graham, MPA and Amanda Parry, MPA
- The Funding of Physician Health Programs in Quebec: How to Demonstrate our Efficiency** *Denis Chênevert, D.Sc., CRHA; Marie-Claude Tremblay, MBA; and Anne Magnan, MD*
- 10:00 am – 10:15 am** Break and Exhibit Viewing
- 10:15 am – 10:40 am** **New Member Meeting**
P. Bradley Hall, MD, and Paul Earley, MD, and FSPHP Officers
Special Thanks to the FSPHP Emerald & Diamond Exhibitors
- 10:45 am - 12:00 pm** ***General Session V**
My Life as A Guitarologist
Suzie Brown, MD
- 12:00 pm – 12:55 pm** Luncheon & Exhibit Viewing
**** Reminder to all committee chairs to turn in your committee reports prior to tonight's FSPHP Board meeting**
- 1:00 pm – 2:00 pm** **Breakouts**

| Workshop A | Workshop B | Workshop C |
|---|---|--|
| *Professional Burnout: A Systems Theory Approach to the Multiple Levels of Causality and Intervention <i>Scott C. Stacy, MD; Peter Graham, MD; Jim Wieberg, Med, LPC; and Thomas Janousek, PsyD</i> | *Healthcare Professionals and Sexual Boundary Violations: Problems and Solutions <i>Tracy Zemansky, PhD</i> | *Navigating the World of Physician Coaching <i>Diana Dill, EdD; Ken Kraft, PhD; Les Schwab, MD; and Donna Singer, MS</i> |

- 2:00 pm – 2:15 pm** Break
- 2:15 pm – 3:15 pm** ***General Session VI**
Monitoring of PHP Participants: Best Practices to Help Avoid Difficulties
Martha E. Brown, MD; Penelope Zeigler, MD; and Thomas Crabb, Esq.
- 3:15 pm – 3:45 pm** **Special Presentation – Federation of State Medical Boards**
Arthur S. Hengerer, MD, FACS
Federation of State Medical Boards, Chair
- 3:45 pm – 4:00 pm** Exhibit Viewing/Break

Thursday, April 20, 2017 Continued....

4:00 pm – 5:00 pm

Breakout Sessions

| Session A | Session B | Workshop C |
|---|--|---|
| <p>*The Aging Physician: Practical Solutions for a Sensitive Issue <i>David E.J. Bazzo, MD, FAAFP, CAQSM</i></p> <p>*What's Age Got to Do with It? Insights on the Aging Physician Controversy from WPHP's Cognitive Screening Program <i>Chris Bundy, MD, and Laura Moss, MD</i></p> | <p>*Six Theories of Self Medication: A Critique <i>Michael Gendel, MD</i></p> | <p>*Physician Suicide: From Burnout and Substance Abuse to Prevention <i>Matthew Goldenberg, DO, and Gregory Skipper, MD</i></p> |

5:00 pm– 6:00 pm

Reception with Poster Session Presentations
Hors d'oeuvre

- ◆ **Approaching Substance Use Disorders and Psychiatric Disorders With Aging Physicians**
Chip Abernathy, LPC, MAC
- ◆ **Physician Health Impacting Patient Safety – The experience and results of a National Fitness for Duty Evaluation Program**
David E.J. Bazzo, M.D., FAAFP, CAQSM
- ◆ **The Use of Mindfulness-based Stress Reduction (MBSR) Strategies as a Prevention Tool for Burnout and Acute Stress in Practicing Physicians**
William J. Heran, PhD
- ◆ **Performance Coaching: Rx to Revitalize Physicians**
Diana Dill, EdD, Ken Kraft PhD, and Les Schwab, MD
- ◆ **Spirituality and Substance Use Among Florida Medical Students**
Lisa Merlo, PhD, and Stefano A. Leitner
- ◆ **Well-Being Coaching: Utilizing the GOOD Coaching Method with Well-Being Coaching Forms, Tools, and Assessments**
Jeffrey Auerbach, PhD, MCC
- ◆ **Disability Insurance As a Tool to Restore Physician Wellness from Burnout and Mental Illness**
Mark F. Selzer, JD
- ◆ **A PHP's Impact on Clients Professional, Personal, and Interpersonal Behaviors**
Elizabeth Brooks, PhD

**** Posters on display all day Friday, April 21 ****

6:00 pm - 8:00 pm

FSPHP Board Meeting and Committee Chairs Dinner
(Open to Board of Directors and Committee Chairs)

Friday, April 21, 2017

~Posters Available for Viewing All Day~

- 7:00 am – 8:00 am** **Open Mutual Support Meeting**
(All Are Welcome)
- 7:30 am—8:30 am** **ACE Committee Review of FSPHP Guidelines**
facilitated by *Maureen Dinnan, Esq & Doina Lupea MD, MHSc*
(Open to ALL FSPHP State, Associate, Honorary, and International Members)
- 8:00 am— 9:00 am** **Breakfast and Exhibit Viewing**
- 9:00 am – 10:00 am** ***General Session VII -**
Length of Stay for the Addicted Physician : Do We Need to Re-think the 90-day Treatment Model? *Daniel Angres, MD; Paul H. Earley, MD*
- 10:00 am—10:15 am** **Exhibit Viewing/Break**
- 10:15 am - 11:15 am** ***General Session VIII**
Physician Mental Health: Preventing Suicide and Building Resilience
Christine Moutier, MD, CEO American Foundation of Suicide Prevention

11:15 am – 12:15 pm **Breakout Sessions**

| Session A | Workshop B | Session C |
|--|--|--|
| <p>*The Recent Emergence of Two New Levels of Coaching Intervention in Physician Health. <i>Joe Siegler, MD; and Thomas C. Dolan, PhD, FACHE, FASAE</i></p> | <p>*The Aging Physician: PHP Involvement in Education, Evaluation and Treatment <i>Leah Bennett, PhD; Scott Hambleton, MD, FASAM; and Sally Moody, LCSW</i></p> | <p>*Utilizing Motivational Interviewing to Manage “Discord” in Client Interaction <i>George Brenner, MS</i></p> |

- 12:15 pm – 1:15 pm** **Luncheon**
Recognition of Emerald, Diamond Exhibitors & Exhibitor Drawing
- 1:15 pm – 2:30 pm** **FSPHP Regional Member Meetings**
(Open to FSPHP State, Associate, Honorary, International, Individual, & Organizational Members)
- Western Region Southeast Region Central Region Northeast Region**
- 2:30 pm – 3:00 pm** **Exhibitor Session Facilitated by P. Bradley Hall, MD**
All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for discussion and feedback.
- 3:00 pm—3:15 pm** **FSPHP Annual Business Meeting Registration & Photo**
- 3:15 pm – 5:00 pm** **FSPHP Annual Business Meeting**
(Open to FSPHP State, Associate, Honorary, and International Members)
- 5:00 pm – 5:15 pm** **FSPHP Board of Directors Meeting**
(Open to FSPHP Board of Directors)
- 6:15 pm** **Transportation to Stockyard—Advance Registration Required**

Dinner at Los Vaqueros Restaurant, followed by the Rodeo at Cowtown Coliseum

Saturday, April 22, 2017

6:30 am – 7:30 am **Open Mutual Support Meeting**
(All Are Welcome)

7:30 am - 8:00 am **Breakfast**

8:00 am – 9:00 am **Breakout Sessions**

| Workshop A | Workshop B | Workshop C |
|---|---|--|
| <p>*Burnout Prevention Among Physician Educators <i>Lisa Merlo, PhD</i></p> | <p>*Aging Physicians: When is it time to hang up the spurs? <i>Betsy White Williams, MPH, PhD; Lyle R. Kelsey, MBA, CAE, CMBE; Billy Stout, MD; and Robert Westcott, MD</i></p> | <p>*Occupational Health Monitoring Agreements: Optimizing the Effectiveness of Professional Coaching for Physicians <i>Amy Harrington, MD; Jacquelyn Starer, MD; Debra Grossbaum, Esq; and Steve Adelman, MD</i></p> |

9:00 am **Commute to FSMB**

9:30 am— 10:45am **General Session IX - JOINT FSPHP and FSMB**
Moderator: *Arthur S. Hengerer, MD, FACS*
Federation of State Medical Boards, Chair
Omni Fort Worth Hotel, 1300 Houston Street. Fort Worth, Texas 76102
Burnout Prevention Strategies from PHPs and Beyond
P. Bradley Hall, MD, Paul Earley, MD and Chris Bundy, MD

10:45 am **Travel back to hotel**

11:15 am – 12:15 pm ***General Session X**
PHPs and Professional Sexual Misconduct: Pitfalls and Pearls
Scott Hambleton, MD, FASAM; Doris Gundersen, MD; Michael Ramirez, MD; and Martha E. Brown, MD

12:15 pm—12:30 pm **Closing Remarks**
P. Bradley Hall, MD

We are excited to offer Event Mobi
an interactive mobile conference website
at the upcoming conference.

The Worthington Renaissance Fort Worth Hotel

200 Main Street, Fort Worth, TX 76102

Tel: (817) 870-1000 / Reservations: (800) 433-5677

Name of Block at Hotel: Federation of State Physician Health Programs

Cut-off Date for Room Block Reservation is **March 29, 2017, while rooms last** Room Rate: \$199.00 for Standard Room

To make your reservations, please call (800) 433-5677 or visit the link below:

The registration fee includes meeting packet, all breakfasts, luncheons, breaks and opening dinner.

| MEETING REGISTRATION | Members | Non Members | Residents* | Students* |
|--|-----------|-------------|------------|-----------|
| Registration prior to or on March 29, 2017 | \$ 475.00 | \$ 575.00 | \$ 475.00 | \$200.00 |
| Registration on or after March 30, 2017 | \$ 525.00 | \$ 625.00 | \$ 525.00 | \$250.00 |
| On Site Registration | \$ 575.00 | \$ 675.00 | \$ 575.00 | \$300.00 |
| **Spouse/Guest of Attendee blue badge for (meals only) | | \$250 | | |

**Student rate available to the first 25 medical students. Residents must submit a letter from their training program in order to receive the resident rate.*

*** Spouse/Guest of Attendee registration includes breakfast, breaks, lunch and opening night silent auction dinner only. Spouse or guests of attendee's interested in sessions may register for the conference.*

TRANSPORTATION:

To the hotel, Dallas/Fort Worth International Airport (DFW) is about 25 miles and Dallas Love Field (DAL) is approximately 35 miles. Taxi and shuttle service are available from both airports by Super Shuttle at www.supershuttle.com for approximately \$35-\$45 per person. AJL International offers rates for groups, - 800-546-6508, option 2 (Reservations). Cab fare from the Airport to The Renaissance Worthington is approximately \$65.

Questions or further information:

Julie Robarge (jrobarge@fsphp.org) or Linda Bresnahan (lbresnahan@fsphp.org)

FSPHP • 668 Main St Suite 8 #295 • Wilmington, MA 01887 Tel: (978)347-0600 • Fax: (978)347-0603

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(Please Type or Print)

REGISTRATION BY MAIL FORM

NAME (as you would like it to appear on your badge): _____

TITLE: _____

AFFILIATION: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

TELEPHONE: _____ EMAIL: _____

____ Please check here if you do not want your name, organization, and contact information shared in conference materials.

Will you be attending the luncheon on Wednesday, April 19, 12:00pm? _____ Yes _____ No

Will you be attending the Silent Auction Dinner on Wednesday, April 19, 6:00-8:30pm? _____ Yes _____ No

Will you be attending the FSMB Joint Session on Saturday, April 22, 8:00am? _____ Yes _____ No

Will you be attending the social event on Friday, April 21, 6:30pm?
(Not included in Registration Fee, \$97)
Please follow [this link](#) or call 214.350.6282 to sign up in advance _____ Yes _____ No

| REGISTRATION FEES: | Members | Non Members | Residents* | Students* |
|--|-----------|-------------|------------|-----------|
| Registration prior to or on March 29, 2017 | \$ 475.00 | \$ 575.00 | \$ 475.00 | \$200.00 |
| Registration on or after March 30, 2017 | \$ 525.00 | \$ 625.00 | \$ 525.00 | \$250.00 |
| On Site Registration | \$ 575.00 | \$ 675.00 | \$ 575.00 | \$300.00 |
| **Spouse/Guest of Attendee blue badge for (meals only) | \$ 250.00 | | | |
| Total Cost of Registration: | \$ _____ | \$ _____ | \$ _____ | \$ _____ |

**Student rate available to the first 25 medical students. Residents must submit a letter from their training program in order to receive the resident rate.*

*** Spouse/Guest of Attendee registration includes breakfast, breaks, lunch and opening night silent auction dinner only. Spouse or guests of attendee's interested in sessions may register for the conference.*

Voluntary Charitable Contribution (please specify amount): \$ _____

The Federation of State Physician Health Programs is a 501(c)(3) organization able to receive charitable contributions. Your donation represents an unrestricted educational grant. Your organization will be acknowledged on program materials during the conference. The FSPHP thanks you for your support and contribution towards the FSPHP's educational efforts!

Checks made payable to: **The Federation of State Physician Health Programs
or register online and pay by credit card**

Mail payment and this form to: FSPHP
Attn: Julie Robarge
668 Main St, Suite 8, #295
Wilmington, MA 01887