

FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS, INC.

FSPHP ANNUAL EDUCATION CONFERENCE AND BUSINESS MEETING



APRIL 19 - 22, 2013

Hyatt Regency Cambridge • Cambridge, Massachusetts

~Will coincide with FSMB Conference~

The Development of Physician Health Programs: A Model of Social Innovation with Direct Benefits to Patients and the Public



Watch for updates at www.fsphp.org

Plan to attend this years event!

Each year the Federation of State Physician Health Programs (FSPHP) holds an annual meeting attended by over 200 state physician health program administrators, care providers and allied health professionals dedicated to the purposes of the FSPHP and its member state programs. This is your opportunity to network with professionals dedicated to the prevention and health of physicians and other care providers in the United States, Canada and other parts of the world.

The FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state physician health programs, to develop common objectives and goals, to develop guidelines, to enhance awareness of issues related to physician health and impairment, to provide advocacy for physicians and their health issues at local, state, and national levels, and to assist state programs in their quest to protect the public. Our mission is to support physician health programs in improving the health of medical professionals thereby contributing to quality patient care.

The FSPHP recognizes the need for different approaches by individual state organizations in delivering services and is committed to working together for the safety of the public, the medical profession, and the program participants on a national level.

PROGRAM FACULTY

Cae L. Allison, LCSW, *Colorado Physician Health Program, Denver, Colo.*
James Broadhurst, MD, *University of Massachusetts Medical School, Worcester, Mass.*
Martha E. Brown, MD, *Professionals Resource Network and University of Florida, Gainesville, Fla.*
Philip J. Candilis, MD, *Physician Health Services, Inc., Waltham, Mass.*
Jean D'Aprix, BA, RN, CARN, *Professional Recovery Network, Fernandina Beach, Fla.*
Ann Davidson, MSW, *Ontario Medical Association Physician Health Program, Toronto, Ontario*
Maureen Dinnan, Esq., *HAVEN, Southington, Conn.*
Robert L. DuPont, MD, *Institute for Behavior and Health, Inc., Rockville, Md.*
Paul Earley, MD, *Georgia Physicians Health Program, Atlanta, Ga.*
Sarah R. Early, PsyD, *Colorado Physician Health Program, Denver, Colo.*
Laura Ferguson, MD, *Hazelden at Springbrook, Newberg, Ore.*
Torin Finver, MD, *Earley Consultancy, LLC, Atlanta, Ga.*
David Gastfriend, MD, *Alkermes, Inc., Waltham, Mass.*
Jeanette Guerrasio, MD, *University of Colorado, Denver, Colo.*
Doris C. Gundersen, MD, *Colorado Physician Health Program, Denver, Colo.*
P. Bradley Hall, MD, *West Virginia Medical Professionals Health Program, Inc., Bridgeport, W.Va.*
Scott Hambleton, MD, *Mississippi Professionals Health Program, Ridgeland, Miss.*
Philip Hemphill, PhD, *Professional Enhancement Program at Pine Grove, Hattiesburg, Miss.*
Michael Kaufmann, MD, *Ontario Medical Association Physician Health Program, Toronto, Ontario*
Sherri Klein, MA, *Ontario Medical Association Physician Health Program, Toronto, Ontario*
Janet S. Knisley, PhD, *Virginia Health Practitioners' Monitoring Program, Richmond, Va.*
Jeremy A. Lazarus, MD, *American Medical Association, Chicago, Ill.*
Cynthia MacWilliam, MBA, *Ontario Medical Association Physician Health Program, Toronto, Ontario*
Asli Memisoglu, ScD., *Alkermes, Inc., Waltham, Mass.*
Lisa J. Merlo, PhD, MPE, *University of Florida College of Medicine, Gainesville, Fla.*
James (Jes) Montgomery, MD, *Gentle Path at Pine Grove, Hattiesburg, Miss.*
Warren Pendergast, MD, *North Carolina Physicians Health Program, Raleigh, N.C.*
Judy Rivenbark, MD, *Professional Recovery Network, Fernandina Beach, Fla.*
Luis T. Sanchez, MD, *Physician Health Services, Inc., Waltham, Mass.*
Jeffrey Selzer, MD, *Committee for Physicians' Health, Albany, N.Y.*
Jo Shapiro, MD, *Brigham & Women's Hospital, Center for Professional and Peer Support, Boston, Mass.*
Bernard Silverman, MD, *Alkermes, Inc., Waltham, Mass.*
Gregory Skipper, MD, *Professionals Treatment at Promises, Los Angeles, Calif.*
Patty Skolnik, *Citizens for Patient Safety, Denver, Colo.*
Debbie Troupe, LMHC, CAP, *Professional Recovery Network, Fernandina Beach, Fla.*
Penelope P. Ziegler, MD, *Virginia Health Practitioners' Monitoring Program, Richmond, Va.*

The Development of Physician Health Programs: A Model of Social Innovation with Direct Benefits to Patients and the Public

APRIL 19 - 22, 2013

Hyatt Regency Cambridge • Cambridge, Massachusetts

Program Objectives

- Describe different models and best practices of physician health programs for the benefit of professionals and patients alike through education and monitoring.
- Evaluate controversies of the use of controlled substances including the use or prescribing of medical marijuana for professionals being monitored for substance use disorders.
- Examine the latest research on the efficacy of physician health programs today and how programs promote patient safety.
- Evaluate and compare outreach, education, and health monitoring practices and their outcomes.
- Summarize testing methodologies available for monitoring and how monitoring enhances patient safety.

Who Should Attend

The program is designed for physicians of all specialties, physician assistants, attorneys, program developers, physical therapists, case managers, nurses, licensed social workers, toxicologists, scientific researchers, and clinical coordinators involved in physician health programs.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Texas Medical Association and Federation of State Physician Health Programs. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

The Texas Medical Association designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics and/or Professional Responsibility Education

The Texas Medical Association has designated this activity for 9.25 hours of ethics and/or professional responsibility education.

Prerequisites of Attendees: None

Education Methods

Education methods will include didactic lecture, case presentations, workshops, and audience participation.

Meeting & Conference Agenda

~Agenda Subject to Change~

Friday, April 19, 2013

| | |
|-------------------------|--|
| 9:00 – 1:00 pm | FSPHP Board of Directors Meeting |
| 11:00 – 1:00 pm | Exhibitor Set up |
| 1:00 pm | Annual Meeting Registration Opens Box Lunch in Exhibitor Areas |
| 1:00 – 2:30 pm | FSPHP Committee Meetings |
| 2:30 – 3:00 pm | Exhibitor Viewing – Meet and Greet Exhibitors |
| 3:00 pm | WELCOME AND INTRODUCTIONS <i>Warren Pendergast, MD, FSPHP President</i> |
| 3:05 pm– 3:30 pm | CHALLENGES FACING PHYSICIAN HEALTH PROGRAMS (<i>Ethics</i>) <i>Warren Pendergast, MD</i> |
| 3:30 – 4:30 pm | General Session I PROGRAM DEVELOPMENT: TWO KEY INITIATIVES TO STRENGTHEN PATIENT SAFETY AND CONTINUOUS QUALITY ASSURANCE (<i>Ethics</i>) <i>Sarah R. Early, PsyD, Patty Skolnik, and Cae L. Allison, LCSW</i> |
| 4:30 – 5:30 | General Session II Long-term Follow-Up of Physician Health Program Participants: An Ongoing Study <i>Scott Hambleton, MD, Robert L. DuPont, MD, Lisa J. Merlo, PhD, MPE and Gregory Skipper, MD</i> |
| 5:30 - 7:00 pm | Opening Reception |
| 7:00 – 9:00 pm | Optional Additional Time for Committee Meetings |
| 9:00 – 10:00 pm | Open Mutual Support Meeting (Open to All) |

Saturday, April 20, 2013

- 7:00 – 8:00 am Open Mutual Support Meeting (Open to All)
- 7:00 – 7:30 am Continental Breakfast and Exhibit Viewing
- 7:30 – 8:00 am Travel to the FSMB Meeting (*Bus Transportation Provided*)
[Sheraton Boston Hotel](#), 39 Dalton Street, Boston, Massachusetts 02199
- 8:00 – 9:30 am **General Session III – JOINT FSPHP AND FSMB @ Sheraton Boston Hotel**
Aging and Misbehaving: Two Special Topics in Physician Health
Lance Talmage, MD, Chair of FSMB, Doris Gundersen, MD, Warren Pendergast, MD and Michael Kaufmann, MD
- 9:30–10:15 am Travel back to Hyatt Regency Hotel (*Bus Transportation Provided*)
- 10:15–11:15 am New Member Meeting, *Warren Pendergast, MD and FSPHP Officers*
Special Thanks to the FSPHP Diamond Exhibitor "Cumberland Heights"
- 11:15 - 12:00 am **General Session IV**
SUBSTANCE ABUSE MONITORING OF PHYSICIANS (*Ethics*)
Michael Kaufmann, MD, Cynthia MacWilliam, MBA, Ann Davidson, MSW and Sherri Klein, MA
- 12:00 noon - 12:45pm Luncheon (Open to All)
- 12:45 – 1:00 pm Exhibit Viewing
- 1:00–1:30 pm Special Presentation (Open to All)
WHAT AILS PHYSICIANS TODAY (*Ethics*)
Jeremy A. Lazarus, MD, American Medical Association, President
 The many stresses of medicine, and the most appropriate and supportive roles for state physician health programs in helping physicians proactively deal with potentially impairing conditions

1:30 – 2:30 pm

| Concurrent Session A | Concurrent Session B |
|---|--|
| 24 MONTH STUDY OF EXTENDED-RELEASE NALTREXONE <i>Paul Earley, MD, Bernard Silverman, MD, Asli Memisoglu, ScD. and David Gastfriend, MD</i> | PHYSICIAN HEALTH PEER SUPPORT (<i>Ethics</i>) <i>Luis T. Sanchez, MD and Philip J. Candilis, MD</i> |

2:30 – 3:30 pm

| Concurrent Workshop A | Concurrent Workshop B |
|---|--|
| THE IMPORTANCE OF PHYSICIAN HEALTH PROGRAMS; THE WEST VIRGINIA EXPERIENCE IN THE FIRST 5 YEARS <i>P. Bradley Hall, MD</i> | REMEDICATION OF POOR PROFESSIONAL BEHAVIORS AMONG PRACTICING PHYSICIANS (<i>Ethics</i>) <i>Jeannette Guerrasio, MD</i> |

3:30 – 3:45 pm

Exhibit Viewing/Break

3:45 – 4:45 pm

General Session V
EXPLORING THE RELIABILITY, FREQUENCY AND METHODS OF DRUG TESTING: WHAT IS ENOUGH TO ENSURE COMPLIANCE? (*Ethics*)
Martha E. Brown, MD, Judy Rivenbark, MD, and Gregory Skipper, MD

4:45 – 5:30 pm

Exhibit Viewing and **Poster Session**
 Poster Session speakers available for Q & A

6:30 – 9:00 pm

FSPHP Board Meeting and Committee Chairs Dinner

9:00 - 10:00 pm

Open Mutual Support Meeting (Open to All)

Sunday, April 21, 2013

- 7:00 – 8:00 am Open Mutual Support Meeting (Open to All)
- 9:00 – 10:00 am Continental Breakfast and Exhibit Viewing
- 9:00 – 10:00 am PHP Administrators Breakfast
Methods for Tracking Clients Compliance within our PHPs
Jeffrey Selzer, MD

10:00 - 11:15 am

| Concurrent Session A | Concurrent Workshop B |
|---|--|
| THE LEGALIZATION OF MARIJUANA: COLLABORATION BETWEEN PHYSICIAN HEALTH PROGRAMS AND REGULATORY BODIES IN POLICY DEVELOPMENT TO PROMOTE PUBLIC SAFETY <i>(ETHICS)</i> <i>Doris C. Gundersen, MD, James Broadhurst, MD and Maureen Dinnan, Esq.</i> | TREATMENT OF TRAUMA IN HEALTHCARE PROVIDERS <i>Laura Ferguson, MD</i> |

- 11:15 – 11:45 am Exhibit Viewing/Break
- 11:45 – 12:45 pm **General Session VI:**
PROFESSIONALISM AND PEER SUPPORT *(Ethics)*
Jo Shapiro, MD
- 12:45 – 1:45 pm Luncheon (Open to All)
- 1:45 – 3:00 pm FSPHP Regional Member Meetings (*Open to FSPHP Members*)
~Western Region, Southeast Region, Central Region & Northeast Region
- 2:45 – 3:15 pm Exhibitor Session - *All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for Discussion and Feedback*
- 3:15 – 5:30 pm FSPHP Annual Business Meeting
(Open to FSPHP Members)
- 9:00 – 10:00 pm Open Mutual Support Meeting (Open to All)

Monday, April 22, 2013

- 7:00 – 8:00 am Open Mutual Support Meeting (Open to All)
- 7:30 – 9:00 am Continental Breakfast and Exhibitor Viewing
- 9:00 – 9:15 am Morning Welcome and Exhibitor Drawings

9:15 – 10:30 am

| Concurrent Workshop A | Concurrent Session B |
|--|--|
| SEXUAL BOUNDARIES IN MEDICINE: CAN WE DO ANYTHING AT THIS POINT? <i>(Ethics)</i> <i>Philip Hemphill, PhD and James (Jes) Montgomery, MD</i> | PROPOFOL ADDICTION – A CLINICAL REVIEW OF 22 CASES <i>PAUL H. EARLEY, MD AND TORIN FINVER, MD</i> |

- 10:30 – 11:30 am **General Session VII**
PERFORMANCE MANAGEMENT AND QUALITY IMPROVEMENT FOR PROFESSIONALS' MONITORING PROGRAMS
Penelope P. Ziegler, MD
- 11:30 am – 12:00 pm Exhibitor Viewing
- 12:00 pm Adjourn

FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS 2013 ANNUAL MEETING AND CONFERENCE

The Hyatt Regency Cambridge

575 Memorial Dr. • Cambridge, MA 02139-4896

Phone: (617) 492-1234 • Fax: (617) 491-6906— www.cambridge.hyatt.com

Name of Block at Hotel: Federation of State Physician Health Programs

Cut-off Date for Room Block Reservation is March 31, 2013

Room Rate: \$199.00 Single/Double

ATTENDEES MUST MAKE ROOM RESERVATIONS BY MARCH 31st

This year the registration fee includes meeting packet, all continental breakfasts, luncheons, coffee breaks, and opening reception.

| MEETING REGISTRATION | Members | Non Members |
|--|-----------|-------------|
| Registration prior to or on March 31, 2013 | \$ 425.00 | \$ 475.00 |
| Registration after or on April 1, 2013 | \$ 475.00 | \$ 525.00 |
| On Site Registration | \$ 500.00 | \$ 600.00 |

TRANSPORTATION:

Airport Transportation via Taxi: Taxi transportation from airport to hotel and hotel to airport.

Deadline Dates for Cancellation

| | |
|---|----------------|
| Full refund minus \$50.00 processing fee: | March 22, 2013 |
| 50% refund minus \$50.00 processing fee: | March 31, 2013 |
| No Refund: | April 8, 2013 |

Airport Transportation via Subway:

Subway (7 stops): 1.5 miles from hotel (taxi available)

Above Ground: BU Central (Green Line), 7 Stops

Underground: Harvard Square or Kendall Square Red Line.

Questions or further information:

Debbie Brennan (dbrennan@mms.org) or Jessica L. Vautour (jvautour@mms.org)

FSPHP, 860 Winter St. • Waltham, Massachusetts 02451

Tel: 781-434-7343 • Fax: 781-464-4802

FSPHP Executive Director:

Jonathan Dougherty, M.S., jhdfsphp@albmed.org, (518) 439-0626

PROGRAM PLANNING COMMITTEE

Mick Oreskovich, M.D., Co-Chair FSPHP Consultant/University of Wash.
Doris Gundersen, M.D., Co-Chair Colorado Physician Health Program
Linda R. Bresnahan, M.S., Co-Chair Massachusetts Physician Health Services
Terrance M. Bedient, FACHE Medical Society of the State of NY CPH
Debbie Brennan, FSPHP Staff Assistant (Massachusetts PHS)
Martha E. Brown, M.D., Professional Resource Network (FL)
Jonathan H. Dougherty, M.S., FSPHP Executive Director
Mary Fahey, Missouri Physicians Health Program
P. Bradley Hall, M.D., WV Medical Professionals Health Program
Scott Hambleton, M.D., Mississippi Professionals Health Program
Linda Kuhn, Texas Medical Association PHRC
Peter A. Mansky, M.D., Nevada Health Professionals Assist.
Warren Pendergast, M.D., North Carolina Physicians Health Program
Luis T. Sanchez, M.D., Massachusetts Physician Health Services
John Southworth, Idaho PRN
Jessica L. Vautour, FSPHP Staff Assistant (Massachusetts PHS)

Registration Form

Please Type or Print)

NAME: _____

TITLE: _____

AFFILIATION: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

TELEPHONE WITH AREA CODE: _____

FAX: _____

E-MAIL: _____

GUEST NAME: _____

Please indicate your preference for each of the concurrent session times:

Saturday 1:30pm: _____ 24 Month Study of Naltrexone OR _____ Physician Health Peer Support

Saturday 2:30pm: _____ The Importance of Physician Health OR _____ Remediation of Poor Professional
Programs: The WV Experience Behaviors Among Practicing Physicians

Sunday 10:00am: _____ The Legalization of Marijuana OR _____ Treatment of Trauma in HC Providers

Monday 9:15am _____ Sexual Boundaries in Medicine OR _____ Propofol Addiction

PAYMENT METHOD: CHECKS ONLY

Please make payable to: [The Federation of State Physician Health Programs](#)

| | Member | Non Member |
|--|-----------|------------|
| Registration prior to or on March 31, 2013 | \$ 425.00 | \$ 475.00 |
| Registration after or on April 1, 2013 | \$ 475.00 | \$ 525.00 |
| On Site Registration | \$ 500.00 | \$ 600.00 |
| Total Cost of Registration: | \$ _____ | \$ _____ |
| Voluntary Charitable Contribution (Please specify Amount): | \$ _____ | |

The Federation of State Physician Health Programs is a 501(c)(3) organization able to receive charitable contributions. Your donation represents an unrestricted educational grant. Your organization will be acknowledged on program materials during the conference.

The FSPHP thanks you for your support and contribution towards the FSPHP's educational efforts!

Checks made payable to: The Federation of State Physician Health Programs
(We unfortunately can not accept credit card payments.)

Mail payment and this form to: FSPHP
Att. Deborah Brennan
860 Winter Street
Waltham, Massachusetts 02451