

# 2023 FSPHP Annual Education Conference

## Event Schedule

Tue, May 02, 2023

10:00 AM

### Exhibitor Setup and Registration

🕒 10:00 AM - 12:00 PM, May 2

📍 Boundry Waters Complex

12:00 PM

### Attendee Registration

🕒 12:00 PM - 2:00 PM, May 2

📍 Great Lakes Promenade

2:00 PM

### \* Physician Health and Well-Being-Where are We Headed?

🕒 2:00 PM - 2:30 PM, May 2

📍 Great Lakes Ballroom

Opening General Se...

Moderator: Linda Bresnahan, MS

#### 🗣️ Speaker



#### Scott Hambleton, MD, DFASAM

Chair of the Mississippi Physician Health Committee,  
Mississippi Physician Health Program

2:30 PM

### \* ACGME Focus on Well-Being: Deepening our Commitment to Faculty, Residents, Patients, and All Members of the Healthcare Team

🕒 2:30 PM - 3:30 PM, May 2

📍 Great Lakes Ballroom

General Sess...

Moderator: Scott Hambleton, MD, DFASAM

This session will offer a big picture, a 30,000-foot view of the state of physician/clinician well-being. The focus of the presentation will be on our shared journey as we explore opportunities to:

1. positively impact the well-being of health care professionals and of the clinical ecosystems in which they live and work;
2. help clinicians thrive and rediscover the joy in their practice; and
3. enhance clinicians well-being thereby enabling them to better meet the health care needs of patients, families, and of the society they serve.

#### 🗣️ Speaker



#### Timothy Brigham

Chief of Staff and Chief Education Officer  
ACGME

3:30 PM

### Break in Exhibit Hall

🕒 3:30 PM - 4:00 PM, May 2

📍 Boundry Waters Complex

**Networking Br...**

Network in the Exhibit Hall

~Menu~

Assorted Packaged Energy Protein Bars to include Luna and Clif Bars along with Health Salty Bags to include Smart Pop, Sun Chips, Sweet Potato Tortilla Chips.  
Assorted Soda's and Bubbly waters

4:00 PM

### **\* Foster Relationships with Medical Schools to Increase Access to Care for the Next Generation of Medical Professionals**

🕒 4:00 PM - 5:00 PM, May 2

📍 Great Lakes Ballroom

**Breakout Session - PHP Clinical and Case ...**

Moderator: Alexandria Polles, MD

Description: This session will focus on the importance of building and nurturing the relationship between PHPs and the medical school(s) within their states to ensure awareness of and access to monitoring services for medical professionals and trainees. We will describe crucial initiatives and policies that have helped to highlight the need for PHP services among students, residents, and faculty; build trust between the PHP and school administration; streamline the communication process; respond to medical school and student needs; and ultimately provide important services that positively impact the lives and careers of medical students within our state. Methods: This session will be comprised of “lessons learned” when developing a successful monitoring program track for health profession students. Specifically, we will review our experiences with the following: 1. Logistical and legislative efforts to develop contracts with the 10 medical schools in our state to provide services for students. 2. Development and continuation of our PHP Medical School Liaison initiative (i.e., who they are, the specific role they serve, our efforts to keep them informed/engaged with the PHP through formal gatherings and informal communications, the value they provide to the PHP). 3. The importance of assigning a dedicated PHP staff member to oversee all monitoring of student participants. 4. The role and contribution of our medical student representative(s) to the Board of Directors. 5. The opportunities, challenges, costs, and benefits associated with conducting a statewide survey of student wellbeing and distress, including how the data can be used to highlight the importance of PHP services for medical schools. 6. Development of a standardized assessment requirement for students (i.e., input from a psychiatrist, addiction specialist, and neurocognitive testing for all referrals) to improve the evaluation process. 7. Case examples of student referrals/participants in our PHP. Findings/Conclusions: Recognition of the multiple differences between monitoring licensed professionals and students will assist PHPs in overcoming the obstacles that might otherwise prevent them from providing vital services to students. Early intervention of potentially-impairing conditions (i.e., during training) can arrest their development, resulting in more successful educational experiences and improved quality and longevity of students' future careers in medicine.

Learning Objectives:

1. Describe the role of a PHP medical school liaison.
2. Explain 3 reasons why it is helpful to have a dedicated PHP staff member assigned to student participants.
3. List 2 costs and 2 benefits to conducting a statewide survey of medical students.

## 🔊 Speakers



### **Lisa Merlo, PhD, MPE**

Licensed clinical psychologist and associate professor of psychiatry  
Professionals Resource Network (Florida); University of Florida



### **Alexandria Polles, MD**

Medical Director and CEO  
Professionals Resource Network, Inc. Florida



### **Diane McKay**

LECOM



### **Maureen Novak**

Professor of Pediatrics  
University of Florida College of Medicine

## **\* Steps for Success: Empowering PHPs to Formalize Their Well-Being Programs and Become Leaders of Wellness**

🕒 4:00 PM - 5:00 PM, May 2

📍 Lake Bemidji

**Breakout Session - PHP Administra...**

Moderator: Amanda Kimmel, MPA

Description: During the past five years, developing a well-being program has been a priority within the healthcare industry. This initiative has been accelerated during the past two years as research has revealed the profound strain on healthcare and the impact on care providers. PHPs are poised to offer significant leadership and define how these programs should be delivered, given the vast experience of monitoring professionals. Understandably, wellness or well-being programs may not be a priority for some programs. However, this leaves others to define these important strategies. This workshop will empower PHPs to formalize their well-being programs and become leaders of wellness. PHP staff are some of the most experienced and qualified individuals to offer such preventative services. The goal for this workshop is to develop an infrastructure that consists of disseminating relevant information, providing proper assessments, strengthening partnerships, and possibly offering consultative services that are executable within the scope of your PHP.

Learning Objectives:

1. To demonstrate the steps necessary in developing a well-being program for your PHP.
2. To differentiate how a well-being program is a secondary intervention strategy instead of a tertiary strategy.
3. formulate a plan of action for implementing a PHP well-being program.

## 🔊 Speakers



### **Philip Hemphill, PhD**

Chief Clinical Officer  
All Points North



### **Scott Humphreys, MD**

Medical Director  
Colorado Physician Health (CPHP)

5:00 PM

## **Poster Presentation Set-up**

🕒 5:00 PM - 5:30 PM, May 2

📍 Great Lakes Promenade

You may setup your Poster starting Monday at 5:00pm. Please make sure your poster is set up by Monday evening.

5:30 PM

### Explore the City Meetup

🕒 5:30 PM - 6:45 PM, May 2

📍 Meet in the Lobby

An informal tour through the Minneapolis Skyways. This tour will be led by Minneapolis locals and will take you through the greenway and sculpture gardens and show you how to get from the Hyatt Regency to the joint session at the Hilton through the skyway, so you never have to go outside.

6:45 PM

### Board & Committee Chairs Gathering

🕒 6:45 PM - 8:00 PM, May 2

📍 Regency Room(2nd Floor)

This event is for Board and Committee chairs, and advance registration is requested.

~Menu~

Northend Buffet Dinner

Tomato, Kale, White Bean Soup

Mixed Green Salad, Marinated Artichokes, Roasted Tomatoes

Roasted Red Peppers with Basil-White Balsamic Vinaigrette (GF,DF,NF,VEG)

Pinenut Tortellini Salad with Balsamic Marinated Vegetables (VEG)

Portobello Mushroom Casserole with Onions, Peppers, Squash and Garlic Basil Sauce (GF,NF,VEG)

Chicken Marsala with Pan Sauce, Fried Prosciutto, Mushroom Demi Glace (DF,NF)

Salmon Piccata with Lemon Caper Cream (DF,NF)

Asparagus Risotto with Tomatoes and Garlic (NF,VEG)

Almond Cream Panna Cotta, Berry Compote (VEG) & Pecan Bites

*Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas*

*Pre-Set Iced Tea with Lemon*

**Wed, May 03, 2023**

7:00 AM

### Open Mutual Support Meeting

🕒 7:00 AM - 8:00 AM, May 3

📍 Regency Room(2nd Floor)

**This is an open mutual support meeting in the tradition of 12-step recovery. Those who are not in recovery but wish to learn more about it are encouraged to attend.**

**Chair: Emily B.**

~Menu~

*Freshly Brewed Regular Coffee*

7:30 AM

### Registration and Exhibit Hall Hours

🕒 7:30 AM - 8:30 PM, May 3

📍 Great Lakes Promenade

8:00 AM

### Breakfast in the Exhibit Hall

🕒 8:00 AM - 9:00 AM, May 3

📍 Boundry Waters Complex

~Menu~

The Classics

Selection of Chilled Fruit Juices (GF,DF,V)

Local and Seasonal Whole and Sliced Fruits (GF,DF,NF,V)

Selection of Pastries (VEG)

Greek Yogurt Parfait with Berries and Gluten Free Granola (GF,VEG)

Scrambled Eggs (DF,GF,NF,VEG) with Cheddar Cheese on the side (GF,NF,VEG)

Crispy Bacon (DF,GF,NF) and Pork Sausage Links (DF,GF,NF)

Hash Brown Casserole (GF,VEG,NF)

Cinnamon French Toast with Maple Syrup and Whipped Butter (VEG)

Local Maple Syrup (VEG) and Whipped Butter

Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas

9:00 AM

## \* Healing HealthCare Together, The Dr. Lorna Breen Heroes' Foundation's Mission to Support the Well-Being of the Healthcare Workforce

🕒 9:00 AM - 10:30 AM, May 3

📍 Great Lakes Ballroom

General Session and Panel D...

Moderator: Scott Hambleton, MD, DFASAM

Panelists: J.Corey Feist, JD, MBA; Michael Baron, MD, MPH, DFASAM; Christopher C. Bundy, MD, MPH, FASAM

Description: J.Corey Feist, JD, MBA will share Lorna's story, and the work of the Foundation to reduce stigma, and to address the fears that interfere with help-seeking. Once the session is complete there will be time for questions before shifting into a 30-minute interactive panel conversation moderated by Scott Hambleton, MD, DFASAM

Learning Objectives:

1. The role questions about mental health play in prolonging stigma around mental health access among physicians and healthcare providers.
2. Specific actions that boards, credentialers, and physician employers can take to remove barriers to mental health access.
3. Solutions to address burnout and support the professional well-being of healthcare providers.

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### 🗣️ Speakers



#### Scott Hambleton, MD, DFASAM

Chair of the Mississippi Physician Health Committee,  
Mississippi Physician Health Program



#### Michael Baron, MD, MPH, DFASAM

Clinical Assistant Professor of Psychiatry  
Tennessee Medical Foundation



#### Christopher Bundy, MD, MPH, FASAM

Executive Medical Director  
Washington Physicians Health Program (WPHP)



#### James Feist, JD, MBA

Co-Founder  
Dr. Lorna Breen Heroes' Foundation

10:30 AM

## Break in Exhibit Hall

🕒 10:30 AM - 11:00 AM, May 3

📍 Boundry Waters Complex

~Menu~

*Greek Yogurt Parfait with Berries and Gluten-Free Granola (GF, VEG)*

*Assorted breakfast pastries*

11:00 AM

### \* Identifying and Exploring Challenges for Smaller Physician Health Programs in Establishing and Maintaining Recommended Best Practices

🕒 11:00 AM - 12:15 PM, May 3

📍 Lake Bemidji

**Breakout Session - PHP Administra...**

Moderator: Scott Humphreys, MD

Description: We have all heard the phrase, “If you’ve seen one PHP, you’ve seen one PHP.” This is true for the smaller programs as well. This workshop is offered as an opportunity to talk about the unique challenges that smaller PHPs face in providing services, and securing ongoing funding with limited staff and/or resources in their geographic area.

The advent of the PEER™ Criteria and Metrics as a tool for all Physician Health Programs to access will be considered in terms of feasibility and implementation for smaller programs. For the purpose of this workshop, information will be gathered on the smaller programs listed on the FSPHP website program listing.

Criteria for this “category” will be based on 1) amount and scope of budget, 2) number of full and part-time staff, and 3) approximate size of population served. The types of services rendered by each program will be presented based on a preliminary survey of the generated list of smaller PHPs.

Together we will endeavor to identify the challenges and rewards of working in a small program environment.

Topics may include:•Benefits to being part of a small organization (such as, autonomy, close working relationship with other collaborating entities within the state, ready access to decision-makers, more direct contact with program participants, etc.)•Dealing with isolation and burnout•How to find collegial support•Administrative and/or case overload•Clinical liability burdens - ethical and personal considerations•Implications for utilizing the PEER™This is envisioned as a shared, “round-table” discussion format in which it is hoped we can learn more about each other’s programs and share coping strategies for sustaining ourselves and our programs. Ideally, we would select at least one program participant from each geographic area to serve on a panel following the presentation of the aggregated data from our survey.

Learning Objectives:

1. Upon completion of this workshop, participants will be able to identify at least 3 current challenges they face in their physician health program or personally as a staff member of a PHP.
2. Upon completion of this workshop, participants will be able to identify new strategies for approaching any of the identified challenges to their program.
3. Upon completion of this workshop, participants will connect with colleagues from small PHPs and increase their awareness of the variation of approaches to achieve best practices.

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#### 👤 Speakers



**Kathleen Boyd, MSW, LICSW**

Director, Rhode Island Physician Health Program  
Rhode Island Medical Society



**Steven Carreras, PHD, MSW**

Clinical Case Manager  
Medical Society Of The District Of Columbia Physician Health Program

### \* Phosphatidylethanol: Basics and Recent Developments

🕒 11:00 AM - 12:15 PM, May 3

📍 Great Lakes Ballroom

**Breakout Session - PHP Clinical and Case ...**

Moderator: Mary Ellen Caiati, MD

Description: Phosphatidylethanol (PEth) is a very specific nonoxidative metabolite of ethanol that forms only in the presence of ethanol. PEth is formed from the action of phospholipase D on phosphatidylcholine and ethanol in the phospholipid membranes of red blood cells. Once formed it resides in the phospholipid membranes until it naturally decomposes or the red cell is eliminated. This allows for a useful detection window of up to 2-4 weeks following heavy ethanol exposure using a venipuncture blood sample or a finger stick dried blood spot sample. The specificity and long detection window has resulted in the widespread use of the detection of PEth in whole blood or dried blood spots in environments that require ethanol abstinence monitoring. We will review the formation and elimination of PEth. We will review several publications in the literature that challenge alternative explanations for the presence of PEth.

Lastly, we will review and discuss several case reports with interactive participation from the audience.

Learning Objectives:

1. The learner will be able to explain how PEth is formed.
2. The learner will be able to describe PEth's elimination rate and compare to self-report.
3. The learner will be able to use evidence-based literature to interpret results in their practice.

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🗣️ **Speaker**



**Joseph Jones, PhD**  
Chief Operating Officer  
USDTL

## \* More than Lip Service: Creating Equitable and Inclusive Services for PHP Participants from Historically Marginalized Communities

🕒 11:00 AM - 12:15 PM, May 3

📍 Lake Minnetonka

Breakout Session - Evaluation and...

Moderator: Kimberly Zillmer, BA, LADC

Description: While the increasing focus has been given to physician mental health over the last several years, startlingly little has been studied and published about the intersection of physician identity, racial/ethnic minoritized status, and participation in Physician Health Programs (PHPs). Among the numerous barriers to presenting for care and utilizing PHP services that exist generally, members of racial/ethnic minoritized communities face unique challenges related to the early identification, diagnosis, and treatment of substance use disorders. Additionally, while it is widely recognized that a treatment approach which fully considers intersectional identity and incorporates practices of cultural competence and humility is ideal, the integration of these practices into clinical care at both the individual (i.e., provider-client) and systems levels remains difficult. As such, appropriate referral to, and retention in, PHPs may be negatively impacted. Using known prevalence data as a springboard, this presentation examines the participation of racially and ethnically minoritized individuals in PHPs. Medical and psychosocial outcomes for members of these groups will also be reviewed. Following the exploration of these elements, participants will be given strategies for how to recognize and reduce barriers to care for marginalized persons in the clinical practice of addiction treatment.

Learning Objectives:

1. Identify health disparities in the diagnosis and treatment of substance use disorders (SUD) impacting physicians from racially and ethnically minoritized communities.
2. Describe the sociocultural factors that contribute to psychological stress among physicians/healthcare workers of color and increase susceptibility to the development of SUD or worsen clinical outcomes.
3. Recognize barriers to care in the practice of addiction treatment and develop strategies to promote inclusivity in the treatment/monitoring setting.

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🗣️ **Speaker**



**Daryl Shorter, MD**  
Medical Director  
Addictions Services at The Menninger Clinic

12:15 PM

### Luncheon in the Exhibit Hall

🕒 12:15 PM - 1:15 PM, May 3

📍 Boundry Waters Complex

New members sit with FSPHP Board Members

~Menu~

Caesar Salad with Garlic Croutons, Parmesan Cheese with Caesar & Ranch

Dressing

Composted- Mixed Greens, Yellow Bell Pepper, Tomatoes, Feta Cheese, Toasted pumpkin Seeds, Pickled

Red Onion with a Balsamic Dressing

Grilled Herb Chicken Breast

Seared Salmon (3oz)

Garlic Alfredo Pasta

Marinara Pasta

Breadsticks

Mini Fruit Tarts & Assorted Cookies

1:30 PM

### \* Reducing Stigma and Barriers for Access to Care for Physicians: Participant Experience and AMA Advocacy and Resources

🕒 1:30 PM - 2:30 PM, May 3

📍 Great Lakes Ballroom

General Sess...

Moderator: Christopher C. Bundy, MD, MPH, FASAM

Learning objectives:

1. Awareness of issues contributing to the increased burnout and decreasing well-being of the healthcare workforce.
2. General Solutions to address burnout and support well-being.
3. Specific actions that the audience can take to support well-being and return joy to the practice of medicine.

#### 🗣️ Speakers



**Ruchi Fitzgerald**

Rush



**Daniel Blaney-Koen, JD**

Senior Legislative Attorney  
American Medical Association

2:30 PM

### \* If a Tree Falls in the Forest: Why Outreach Efforts Should Be at the Foundation of Everything You Do

🕒 2:30 PM - 3:45 PM, May 3

📍 Lake Minnetonka

Breakout Session - PHP Administra...



Moderator: Philip Hemphill, PhD, LCSW

Description: During this session, attendees will learn about the importance of outreach and fundraising efforts within the context of a PHP or nonprofit organization. The goal of this session is to offer comprehensive solutions to the problem of "No One knows about our PHP". This session will dive deep into the OhioPHP Outreach and Development Plan, that is completed on an annual basis and drives all activities in the organization that deal with outreach, relationship development, fundraising, and community knowledge of OhioPHP. In addition to reviewing the OhioPHP Outreach and Development Plan, this session will also include space for attendees to begin the creation of their own outreach efforts through group and individual activities.

Learning Objectives:

1. Identify the crucial purpose of outreach efforts within the PHP and nonprofit sector.
2. Recognize and demonstrate the importance of a comprehensive outreach and fundraising plan and how to implement one in your own PHP or nonprofit.
3. Identify, demonstrate, and discuss key outreach activities that can be utilized in any PHP or nonprofit.

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🗣️ **Speaker**



**Sarah Damiani**

Communications and Outreach Director  
Ohio Professionals Health Program

**\* Understanding the Impact of Cannabis Legalization on Health Professionals**

🕒 2:30 PM - 3:45 PM, May 3

📍 Lake Bemidji

Breakout Session - PHP Clinical and Case ...

Moderator: Scott Humphreys, MD

Description: The session will include an overview and history of cannabis legalization, with a focus on Colorado. Data from a recent publication examining the impact of cannabis legalization on substance use and mental health will be briefly reviewed. Case presentations will describe issues related to the evaluation and management of health professionals referred for evaluation and treatment who use cannabis.

Learning Objectives:

1. Understand the History of Cannabis Legalization and its current Status.
2. Understand the impact of cannabis use on cognition and performance.
3. Recognize emerging issues that arise in management of substance use disorders with legal cannabis.

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🗣️ **Speakers**



**Christian Hopper**

Professor of Psychiatry  
University of Colorado School of Medicine



**Robyn L. Hacker, PhD, LP, LAC**

Associate Professor  
Center for Dependency, Addiction, and Rehabilitation

**\* When Personality is Driving the Bus: Evaluating, Treating and Monitoring the Difficult Professional**

🕒 2:30 PM - 3:45 PM, May 3

📍 Great Lakes Ballroom

Breakout Session - Evaluation and...

Moderator: Ben Seymour, CADC, CIP

Description: While the majority of participants in Physician/Professional Health Programs (e.g., PHPs and JLAPs) demonstrate successful outcomes (Geuijen et al., 2021), there are times when professionals struggle to engage in the treatment and monitoring process or to demonstrate consistent progress in their recovery. This increases the likelihood of relapse, multiple treatment episodes, potential impacts to patient care, as well as loss of employment and potential licensure issues.

This presentation will explore the underlying factors applicable to these professionals, which typically include trauma history, attachment difficulties, and maladaptive personality characteristics that fuel destructive behaviors (Smith Benjamin, 2003). Specifically, this presentation will outline best practices for evaluating professionals with complex and comorbid presenting issues in the current cultural context where legal threats are ever present. It will also describe approaches to treatment with this population as well as individual differences such as race, gender, and sexuality that need to be integrated into the treatment process. Further, return-to-work guidelines as well as helpful monitoring guidelines, will be reviewed.

Objectives:

1. Participants will be able to identify factors that may influence a professional's success in a PHP program.
2. Participants will be able to discuss underlying factors that contribute to difficulty engaging in the treatment and monitoring process.
3. Participants will be able to discuss aspects of the evaluation, treatment, and monitoring process that would be most helpful with this population.
4. Participants will be able to develop monitoring guidelines for this group of professionals, to increase their likelihood of a successful monitoring experience.

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#### 🔊 Speakers



**Leah Claire Bennett, PhD**

Clinical Operations Director  
Pine Grove Behavioral Health & Addiction Services



**Lacey Herrington, PhD**

Lead Evaluator  
Pine Grove Behavioral Health & Addiction Services

3:45 PM

#### Break in Exhibit Hall

🕒 3:45 PM - 4:15 PM, May 3

📍 Boundry Waters Complex

**Networking Br...**

Network in the Exhibit Hall

~Menu~

*Assorted Packaged Energy-Protein Bars to include Luna and Clif Bars*

*Health Salty Bags to include Smart Pop, Sun Chips, Sweet Potato Tortilla Chips*

*Pepsi Regular, Diet, Decaffeinated Soft Drinks and Bubly, Charged on Consumption*

4:15 PM

#### \* Ongoing Research Roundup: Top Ten Papers in Clinician Health, Impairment and Monitoring Published in the Last 2 Years

🕒 4:15 PM - 5:15 PM, May 3

📍 Great Lakes Ballroom

**General Sess...**

Moderator: Michael Gendel, MD

Description: Following from Drs. Earley and Rowland's presentation as representatives of the FSPHP research committee, we intend to showcase the ten most influential scientific contributions of 2020-2022, relevant to the work of the PHPs. Studies have continued to highlight the widespread nature of clinician burnout, the ongoing problem of stigma as a significant barrier to care, and ways to increase the accessibility of services for healthcare professionals in need. The aim of the presentation is to assist the FSPHP membership and other conference attendees in remaining up to date on the scientific literature most relevant to the field of clinician health, impairment, and monitoring. The papers presented were nominated by committee members and FSPHP membership at large following a call for suggestions. The results were tabulated and discussed at one or more research committee meetings. The "top ten" papers were compiled into a short bibliography and summarized to describe each paper and their importance to the field. If approved, the presentation will occur at a brisk pace (~3-5 minutes per paper) at the annual conference, highlighting the most important findings and implications of each paper, followed by audience discussion.

Learning Objectives:

1. Articulate the importance of the selected papers for physician health.
2. Describe the ways in which the pandemic resulted in changes in the management of Physician Health.
3. Incorporate changes in the approach related to managing physician health.

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#### 🗣️ Speakers



**Jenny Melamed, MD, MBChB, FASAM**

Medical Director  
Precision Medical Monitoring (PMM)



**E. Maire Durnin-Goodman, MD, PhD, FASAM, CCBOM, MRO**

Medical Director  
Precision Medical Monitoring (PMM)



**Jon S. Novick, MDCM FRCPC**

Medical Director  
Ontario Medical Association - Physician Health Program

6:30 PM

#### \* Exhibitor Speed Networking & Silent Auction Dinner

🕒 6:30 PM - 8:30 PM, May 3

📍 Boundry Waters Complex

Emcees: Scott Hambleton, MD, DFASAM, and Angela M. Graham MPA

Join us in the Exhibit Hall for our second annual Speed Networking Tour, where attendees will embark on several quickfire encounters with the FSPHP Exhibitors. Attendees will progress from one table to the next until everyone has had a chance to meet all of the 2023 exhibitors.

**The FSPHP Silent Auction bidding starts today and goes through Friday at 10 am!**

Agenda:

**6:30 pm** Welcome Dr. Hambleton

Video Introduction of Our Exhibitors

**6:45 pm** Silent Auction News! Angela M. Graham, MPA, FSPHP Fund Committee Chair

~Menu~

Land of 10,000 Lakes Buffet

Creamy Roasted Chicken and Wild Rice Soup with Herbs (GF,NF)

Revol Romaine Crunch, Kohlrabi, White Cheddar Cheese

Curds

Bushel Boy Tomatoes with Apple Cider Vinaigrette (GF,NF,VEG)

Super Green Mix with Red Apple, Prairie Breeze Cheddar Cheese

and House Made Granola with White Balsamic Vinaigrette

Buttermilk Brined Chicken with Apple Rosemary Citrus Sauce (DF)

Local Roasted Lake Fish with Blackened Butter Sauce and Corn Relish (NF)

Smashed Herb New Potatoes (GF,DF,NF,VEG,V)

Fried Brussel Sprouts with Caramelized Peppers and Toasted Almonds

(GF,DF,NF,VEG,V)

Citrus Mango Cake (NF,VEG) & Mini Eclairs

Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas

**Thu, May 04, 2023**

7:00 AM

**Registration and Exhibit Hall Hours**

🕒 7:00 AM - 5:00 PM, May 4

📍 Great Lakes Promenade

**Yoga(mat provided)**

🕒 7:00 AM - 8:00 AM, May 4

📍 6th Floor StayFit Fitness

Room monitor: Alexis Polles, M.D., Medical Director Professionals Resource Network

7:30 AM

**Open Mutual Support Meeting**

🕒 7:30 AM - 8:30 AM, May 4

📍 Regency Room(2nd Floor)

**This is an open mutual support meeting in the tradition of 12-step recovery. Those who are not in recovery but wish to learn more about it are encouraged to attend.**

Chair: Mary F

~Menu~

*Freshly Brewed Regular Coffee*

8:00 AM

### Breakfast in the Exhibit Hall

🕒 8:00 AM - 9:00 AM, May 4

📍 Boundry Waters Complex

~Menu~

Breakfast Bistro

Chilled Orange and Pineapple Juices (GF,NF,V)

Assorted Seasonal Sliced Fruits (GF,DF,V)

Savory Croissant Squares and Apple Cinnamon Muffins

Oatmeal with Brown Sugar, Raisins and Milk

Warm Open-Faced Egg, Bacon, Cheese Bagel

Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas

9:00 AM

### \* Going Hollywood: How To Create A Video For Your Program

🕒 9:00 AM - 10:00 AM, May 4

📍 Great Lakes Ballroom

General Sess...

Moderator: Amanda Kimmel, MPA

Description: Dr. Hankes will define the video's purpose and state several ways it can be used. He will suggest target audiences, discuss videographer selection, and review preparatory steps. He will enumerate the criteria for choosing cast members, and review what they should and should not disclose. He will identify core content, describe rehearsal, and explain B-rolls. The actual filming will be reviewed, including site location and cast apparel. To illustrate the above, he will show the recent video produced by the FL PRN. In addition, he will show clips from other PHPs and the airline pilots program.

Learning Objectives:

1. Recognize the ingredients necessary to make a successful video.
2. Replicate the steps involved and apply them to your own PHP.
3. Incorporate the video's critical core message in your video production.

#### 🗣️ Speakers



**Lynn Hankes MD, FASAM**

Addictionist  
Self-employed



**Dale Syfert, MD**

Former Executive Director, IDAA  
Florida Professional Resource Network

10:00 AM

### Diamond and Emerald Speakers And FSPHP Member Awards

🕒 10:00 AM - 10:30 AM, May 4

📍 Great Lakes Ballroom

Join us while we hear from guest speakers:

*Amy Roberstons, Professionals Program Director, All Points North, Barry Lubin, MD, FASAM, Affinity eHealth, Dominic Angres and Dr. Anish John, Positive Sobriety Institute, Scott Teitelbaum, MD, FAAP, SASAM, UF Health Florida Recovery Center*

Dr. Hambleton will also acknowledge the service of FSPHP Board Members and Awards to FSPHP Members.

🚩 Speakers



**Dr. Barry Lubin**

Medical Director  
Affinity eHealth



**Dominic Angres, LCPC, CADC**

Executive Director  
Positive Sobriety Institute



**Scott Teitelbaum, MD, FAAP, FASAM**

Professor of Psychiatry and Neuroscience; Vice-Chair, Department of Psychiatry; Chief, Division of Addiction Medicine; Medical Director, UF Health Florida Recovery Center  
University of Florida College of Medicine



**Anish John, MD**

Associate Medical Director  
Positive Sobriety Institute



**Amy Roberston**

Professionals Program Director  
All Points North

10:30 AM

**FSPHP Member Photo**

🕒 10:30 AM - 10:35 AM, May 4

📍 Great Lakes Ballroom

Please join us in the ballroom for our annual members' photo.

**Break in Exhibit Hall**

🕒 10:30 AM - 11:00 AM, May 4

📍 Boundry Waters Complex

**Networking Br...**

Network in the Exhibit Hall

~Menu~

Whole Bananas and Pears (GF, DF, V)

Freshly brewed Starbucks regular and decaffeinated coffee and assorted hot teas

11:00 AM

**\* Recommendations for Healthcare Providers and Organizations in Distress:  
Collaboration with Providers and Systems of Care In Aid of Improving Outcomes**

🕒 11:00 AM - 12:15 PM, May 4

📍 Lake Bemidji

**Breakout Session - PHP Administra...**

Moderator: Scott Humphreys, MD

Description: Pre-pandemic, professional job-related burnout (JRB) numbers were extremely high and climbing amongst healthcare providers. The pandemic only served to amplify the hallmarks of burnout and intensify the underlying drivers. In this presentation, a brief review of the hallmarks and underlying drivers of JRB will be undertaken along with an overview of the mandates in the National Academy of Medicine's National Plan for Health Workforce Wellbeing for addressing the healthcare crisis JRB is generating. Trainees and physicians in high-stress specialties and those working in high-intensity areas are particularly at risk for demonstrating difficulties with professionalism, in particular disruptive behavior. Disruptive behavior can be understood as a manifestation of issues idiosyncratic to the physician, limitations of the system in which the physician works, and the interaction between the physician and the system. This understanding highlights the importance of working with both the identified physician and appropriate individuals within the physician's system in order to ensure the best outcome for all parties. During this session, we will discuss our experience of addressing professionalism transgressions as we work with the physician and set their expectations and the work system's expectations to help them facilitate the return of the physician. The latter includes educating the system about the need to maintain the environment in a way that is supportive. While this has the benefit of reducing the environmental irritants that can retrigger the physician and might cause others to have problems, enlisting the participation of the system can be particularly difficult, particularly since the onset of the COVID-10 pandemic.

Learning Objectives:

1. Inform attendees about NAM recommendations and the significance of making changes in the manner that medical professionals are treated by hospital administrations.
2. The effects of prolonging the implementation of NAM recommendations have contributed to increased referrals to PHP's.
3. The medical professionals referred to treatment providers have demonstrated the significance of treating the patient and improving conditions in the work environment.

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#### 👤 Speakers



**Jerry Smith, Psy.D**

Clinical Coordinator  
North Carolina Professionals Health Program



**Clark Gaither, MD**

NCPHP



**Betsy Williams, PhD, MPH, FSACME**

Clinical Director  
Professional Renewal Center®

### \* The Polygraph Examination in the Forensic Addiction Medicine Evaluation

🕒 11:00 AM - 12:15 PM, May 4

📍 Great Lakes Ballroom

Breakout Session - Evaluation and...

Moderator: Philip Hemphill, PhD, LCSW

Description: The polygraph examination has been used for decades in a variety of forensic settings, but only recently has it emerged as a potential component of addiction medicine evaluation. This interactive program, co-presented by a certified polygraph examiner and a polygraph-experienced addiction medicine physician, will provide essential information for the evaluator who integrates – or is contemplating integrating – the polygraph examination into the evaluation and management of individuals who present with substance-related concerns, including substance use and controlled substance diversion. The didactic component of the program will include 1) a brief history of the polygraph examination, including its admissibility in legal proceedings; 2) the physiologic basis of the polygraph examination; 3) the accuracy (sensitivity; specificity) of results, including in special populations (antisocial personality disorder; individuals taking medications; those determined to “beat the test”); 4) the pre-test interview; 5) construction of test questions; 6) the post-test interview; 7) data analysis; 8) the polygraph examination report; 9) potential legal implications; and 10) ethical concerns. The program will feature a central interactive component, driven, in part by the needs of the program participants. Topics will include 1) conducting pre- and post-test interviews; 2) question writing; 3) incorporating the polygraph examination report into the forensic addiction medicine evaluation; and 4) when to use – and when not to use – the polygraph examination in forensic addiction medicine contexts.

Learning Objectives:

1. Describe the admissibility of polygraph examination results in legal proceedings.
2. List the four physiologic variables that are measured in the polygraph examination and describe how these variables change with deceptive responses.
3. Identify three characteristics of good polygraph examination question writing.

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#### 🗣️ Speakers



**Scott Teitelbaum, MD, FAAP, FASAM**

Professor of Psychiatry and Neuroscience; Vice-Chair, Department of Psychiatry; Chief, Division of Addiction Medicine; Medical Director, UF Health Florida Recovery Center  
University of Florida College of Medicine



**John Palmatier**

Polygraph / Researcher / Consultant  
Slattery Associates, Inc.

12:15 PM

#### **Luncheon**

🕒 12:15 PM - 1:15 PM, May 4

📍 Boundry Waters Complex

~Menu~

*Mexican Fiesta Buffet*

*Mixed Spinach and Romaine Lettuce, Shredded Carrots, Sliced Cucumbers,*

*Cheddar Cheese, Baby Tomatoes*

*Served with Ranch and Balsamic Dressing*

*Chopped Romaine, Tomatoes, Sweet Corn, Black Beans, Crispy Tortilla Strips,*

*Chili-Lime Vinaigrette*

*Marinated Shredded Chicken*

*Fajita Shrimp*

*Warm Flour and Corn Tortillas*

*Pico de Gallo, Salsa, Shredded Lettuce, Diced Tomatoes, Diced Red Onion*

1:15 PM

#### **\* Poster Presentations**

🕒 1:15 PM - 2:45 PM, May 4

📍 Great Lakes Promenade



Poster Presentat...

Enjoy coffee and dessert while visiting with poster presenters live with their poster.

~Menu~

*Churros*

*Lemon Mousse Shooters with Raspberries*

6 Subsessions

● **Implementing Suicide Risk Screening to Support Physicians Engaged in Physician Health Program Monitoring**

🕒 1:15 PM - 2:45 PM, May 4

📍 Great Lakes Promenade

● **Engaging the Assistance of Professional Health Monitoring Programs to Support Recovery Among Healthcare Professionals Referred for Unprofessional Sexual Behavior**

🕒 1:15 PM - 2:45 PM, May 4

📍 Great Lakes Promenade

● **Preliminary Findings in Cognition, Substance Use, and Neurocognitive Impairment among Physicians**

🕒 1:15 PM - 2:45 PM, May 4

📍 Great Lakes Promenade

● **Co-occurring Pain and Addiction: Prognostic Implications for Healthcare Professionals in Residential Treatment for Substance Use Disorder**

🕒 1:15 PM - 2:45 PM, May 4

📍 Great Lakes Promenade

● **A Study of Mental Health Symptoms in Matriculating US Medical Students**

🕒 1:15 PM - 2:45 PM, May 4

📍 Great Lakes Promenade

● **Improved Participant Accountability Using Dried Blood Spot Toxicology**

🕒 1:15 PM - 2:45 PM, May 4

📍 Great Lakes Promenade

3:00 PM

\* **Psychedelics: Lessons Learned From Opioids, Marijuana, and Ketamine**

🕒 3:00 PM - 4:00 PM, May 4

📍 Great Lakes Ballroom

General Sess...

Moderator: Christopher C. Bundy, MD, MPH, FASAM

Description: The next generation of PHP outreach and prevention strategies will need to be informed by evolving societal and legal constructs relating to the medicalization of controlled substances that have been associated with problematic use and addiction. The medicalization of opioids for opioid use disorders and for chronic pain and the medicalization of cannabis, ketamine, and, more recently, hallucinogens have broad societal implications. They also present challenges for monitoring within physician health programs. Dr. Madras will provide a critical analysis of the data regarding the medicalization of psychoactive substances to assist PHPs in educating the medical community and developing defensible policies amidst these controversial issues.

Learning Objectives:

1. Describe the catalysts of the current opioid crisis, opioid medications to treat OUD, and how this informs current trends in the medicalization of psychedelics.
2. Discuss the evidence for medical applications of cannabis as well as the challenges and lessons learned from the amalgamation of medical and recreational use of cannabis and ketamine.
3. State the history, biological mechanisms, consequences, and evidence for the psychiatric efficacy of psychedelics and how the experience with opioids, ketamine, and cannabis illuminate current trends toward legalization and the medicalization of these substances.
4. Explore how physician health programs can respond to the challenges.

🗣️ Speaker



**Bertha Madras**

McLean Hospital Harvard Medical School

**\* The Future of Dentist Health and Wellness**

🕒 3:00 PM - 5:00 PM, May 4

📍 Lake Bemidji

Description: State Dentist Health Programs (DHP) face many of the challenges PHPs face and some unique ones. Self-employment and the "privacy" inherent in solo private practice (50% of dentists) make early intervention and monitoring of impaired providers problematic. At the same time, little opportunity exists for networking and knowledge sharing among DHPs, leading to decreased effectiveness and frustration among program staff. Representatives from DHPs will share what has and has not worked in their states. Dr. Budd will describe steps underway to develop the newly formed National Council of Dentist Health Programs (NCDHP) into a central resource for DHPs. The remaining time will be left open for discussion and networking among program staff. This session qualifies for ADA-CERP credits.

Learning Objectives: Upon completion of this presentation, participants will be able to

1. Discuss steps being taken at the national level to improve dentist health.
2. Define the NCDHP mission and purpose.
3. Review results from the 2023 NCDHP survey of DHPs.
4. Identify the biggest challenges DHPs and their staff face.
5. Participate in the structuring and direction of NCDHP.
6. Access resources for improving state program effectiveness.

🗣️ Speaker



**Alan Budd**

Director

Dentists Concerned for Dentists of MA

4:30 PM

**Social Event Offsite Dinner at Wabasha Street Caves**

🕒 4:30 PM - 10:00 PM, May 4

📍 Meet in the Lobby

Tickets can be purchased online until Friday, April 28th, 2023: <https://fsphp.memberclicks.net/wabasha-street-caves#!/>

Wabasha Street Caves After a short 25-minute bus ride, we would start the night on a historical cave tour, seeing the only remaining restored Gangster Era site. This historic tour explores the system of extensive caves carved into the hillside in long abandoned mining ventures from the 1800s. After our tour we have a semi-private area of the cave for a buffet dinner where we can enjoy hearing live music from a live swing band. The band offers swing dance lessons that you can choose to participate in after dinner. Thursdays are open to the public, and the public is included in the swing dance lessons and live band dance floor. The caves dance floor will be available from 7:00 to 10:00 PM and provides a cash bar.

This is an additional \$95.00 per person to attend this event and includes transportation, a cave tour, and a buffet dinner.

#### Schedule of Events

**TRIP 1 Departure:** 4:30 pm-4:45 pm- **Meet in the Hyatt Regency Lobby** to load busses if you are taking the cave tour

4:45 pm-5:15 pm-Bus ride to The Wabasha Caves in St. Paul

**TRIP 2 Departure:** 5:45 pm-6:00 pm- Second Bus loads **Meet in the Hyatt Regency Lobby** for those that do not want to do a tour but still join us for dinner and dancing

5:15 pm- 6:15 pm-Caves Guided Tour

6:15 pm- 6:45 pm-Swing Dance Instruction

6:30 pm- 8:30 pm-Italian Buffet Dinner

7:00 pm- 10:00 pm-Live Swing Music and Dancing

**TRIP 1 Departure:** 8:30 pm-8:45 pm First bus leaves back to the Hyatt

**TRIP 2 Departure:** 9:45 pm-10:00 pm Second bus leaves back to the Hyatt

Dinner : Italian Buffet Menu - Ceasar Salad, Beef Lasagna, Penne Pasta Bake with Chicken Alfredo, Fresh Green Beans with Olive Oil and Lemon, Garlic Bread Sticks, Assorted Cookies, and Bars. (\*\* Please note any dietary restrictions on the registration form).



**Fri, May 05, 2023**

7:00 AM

#### **Registration and Exhibit Hall Hours**

🕒 7:00 AM - 5:00 PM, May 5

📍 Great Lakes Promenade

**Yoga(mat provided)**

🕒 7:00 AM - 8:00 AM, May 5  
📍 6th Floor StayFit Fitness

**Room monitor: Laura Moss, MD Associate Medical Director, Washington Physicians Health Program**

8:00 AM

### Open Mutual Support Meeting

🕒 8:00 AM - 9:00 AM, May 5  
📍 Regency Room(2nd Floor)

**This is an open mutual support meeting in the tradition of 12-step recovery. Those who are not in recovery but wish to learn more about it are encouraged to attend.**

Chair: Lynn H

#### ~Menu~

*Freshly Brewed Regular Coffee*

### Breakfast in the Exhibit Hall

🕒 8:00 AM - 9:30 AM, May 5  
📍 Boundry Waters Complex

#### ~Menu~

French Toast Sandwich with Bacon, Egg and Cheddar  
Ham, Egg and Cheese Biscuit Sandwich  
Sausage, Egg and Cheese Sandwich on Ciabatta Roll  
Egg and Cheese Sandwich on Ciabatta Roll (NF, VEG)  
Greek Yogurt Parfait with Berries and Gluten-Free Granola (GF, VEG)  
Assorted Seasonal Whole Fruit

Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas

9:30 AM

### \* Toxicology 2.0: Update on the Washington Physicians Health Program Virtual Collection Pilot

🕒 9:30 AM - 10:30 AM, May 5  
📍 Great Lakes Ballroom

**General Sess...**

Moderator: Doris Gundersen, MD

Description: At the 2022 FSPHP Annual Conference and Business Meeting, the Washington Physicians Health Program (WPHP) presented a novel alternative to site-based toxicology testing paradigms utilizing technological advances in specimen collection and validation systems. In this session, WPHP will present follow-up data that have guided the ongoing evolution and improvement of the program. Learners will review pre/post-pilot program survey data as well as evaluate outcome data comparing satisfaction, cost, use detection, and failed specimen rates between traditional site-based and virtual collection modalities. Presenters will facilitate a question and answer session with learners to assist them in evaluating opportunities for improvement in toxicology testing for their own programs.

Learning Objectives:

1. Describe the pros and cons of site vs. virtual toxicology specimen collection modalities.
2. State at least 3 key outcomes programs can use to evaluate the effectiveness of their testing system.
3. Evaluate opportunities to utilize novel testing strategies to improve PHP program performance.

## 🗣️ Speakers



### **Christopher Bundy, MD, MPH, FASAM**

Executive Medical Director  
Washington Physicians Health Program (WPHP)



### **Courtney Strong, LMHC, SUDP**

Clinical Director  
Washington Physicians Health Program (WPHP)



### **Kellie Reilly**

Quality and Compliance Director  
Washington Physicians Health Program (WPHP)

10:30 AM

## **Break in Exhibit Hall**

🕒 10:30 AM - 11:00 AM, May 5

📍 Boundry Waters Complex

**Networking Br...**

Networking Break in Exhibit Hall

~Menu~

*Assorted Seasonal Whole Fruit*

*Assorted yogurts*

*Hard Boiled Eggs*

*Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas*

11:00 AM

## **\* A Proven Outreach and Prevention Tool for PHPs: AFSP's Interactive Screening Program**

🕒 11:00 AM - 12:15 PM, May 5

📍 Lake Bemidji

**Breakout Session - PHP Administra...**

Moderator: P. Bradley Hall, MD, DABAM, FASAM, MROCC/AAMRO

Description: Healthcare professionals are often prevented from proactively addressing their own mental health due to stigma and concerns about licensure. Unrecognized and untreated mental health conditions can lead to an increased risk for suicide. To address these concerns, the American Foundation for Suicide Prevention (AFSP)'s Interactive Screening Program (ISP) connects healthcare professionals safely and anonymously to mental health support before crises emerge. In 2020, the Tennessee Medical Foundation (TMF) became the first PHP to offer ISP to its licensees. Presenters will share the program process, implementation steps, required resources, and program outcomes both nationally as well as for TMF supporting its licensees across Tennessee.

Learning Objectives

1. The attendee will become familiar with the utilization of the ISP platform.
2. The learner will hear how a PHP (TMF-PHP) was able to customize the ISP into its own mental health resource and appreciate the utilization statistics.
3. The attendee will learn how to utilize this resource to decrease the stigma of mental health disorders, expand inclusivity, and potentially duplicate its success for its target population.

## Speakers



### Michael Baron, MD, MPH, DFASAM

Clinical Assistant Professor of Psychiatry  
Tennessee Medical Foundation



### Laura Hoffman

Director of the Interactive Screening Program (ISP)  
American Foundation for Suicide Prevention (AFSP)

## \* Efficacy of Short Duration Residential/IOP for Primary Treatment of Physicians with SUDs

🕒 11:00 AM - 12:15 PM, May 5

📍 Great Lakes Ballroom

Breakout Session - PHP Clinical and Case ...

Moderator: Philip Hemphill, PhD, LCSW

Description: In 2018, the Ohio Medical Practice Act was amended to allow an eligible individual who is impaired due to a substance use disorder to avoid formal disciplinary action by the board.

Eligibility for the One-bite program is determined by the monitoring organization, OhioPHP. The State Medical Board of Ohio-approved One-bite treatment providers are allowed to determine the level of care and duration of treatment for licensed physicians diagnosed with an SUD. Additional requirements include six (6) months of Aftercare and monitoring by the OhioPHP. The OhioPHP has accumulated four (4) years of data under this new act and has found that the sustained recovery rate without relapse has not changed from previous years when a minimum of 28 days of treatment plus two (2) years of Aftercare with no mandated monitoring by a PHP. We conclude that a high-quality Intensive Outpatient Program with or without a short period of residential or inpatient treatment may result in similar results as the current accepted paradigm of a mandatory 30-90 days of expensive and often out-of-state treatment of physicians diagnosed with a substance use disorder. We also propose that the currently excellent sustained recovery rates of physicians are more likely due to the chronic disease management of SUDs by physician health programs than by the intensity and duration of primary treatment.

Learning Objectives:

1. Increased awareness that options other than 60-90 days of residential treatment for primary SUD treatment for physicians can lead to similar sustained recovery rates.
2. Increased awareness that the PHP model, including chronic disease management of SUDs, may be the primary reason that low relapse rates occur in physicians with SUDs.
3. Increased awareness that the ASAM Criteria have applicability to treating physicians as much as non-physicians.

## Speaker



### Richard Whitney, MD, DABAM, FASAM

OhioPHP

## \* Fostering Healing and Collaboration with Loved Ones of Addicted Physicians

🕒 11:00 AM - 12:15 PM, May 5

📍 Lake Minnetonka

Breakout Session - Evaluation and...

Moderator: Kimberly Zillmer, BA, LADC

Description: Loved ones of addicted physicians have been included in the treatment of the addicted physician and others; however, the main focus is generally on the patient. This presentation was developed over a decade ago when loved ones voiced their need to be heard and understood by patients. The author sought to describe their reality with 5 stages, DRAFT. D-Despair of knowing the patient needs help, and the loved one is unable to help R-Relief when the patient enters a treatment program and commits to recovery A-Anger when the loved one is alone at home and begins to look at consequences and wreckage F -Fear, most intense before discharge, and most prominently about relapse and future of relationship T-Tolerance, not to be confused with acceptance initially this presentation is offered in family week each month, and feedback has included words like, "...relieved...grateful to be know I am not the cause or crazy..." Decades ago, the term codependent was coined to describe loved ones of addicts, but this term led to feelings of guilt and defensiveness for loved ones. In understanding their reality and giving them concrete markers, they free themselves to collaborate with treatment providers and seek help for themselves. In addition, the author has likened the experience of loved ones to Post Traumatic Stress (PTS),. This is a military term when describing a traumatic experience that does not meet the criteria for a disorder (PTSD). Loved ones of addicted patients live in uncertainty and know the end result of untreated addiction is death, which relates to the PTSD criteria, especially when their loved ones are in untreated and in early recovery. Their healing is necessary for the health and well-being of their future relationships. They are more likely to seek help when they have this information. Finally, the author has personally experienced the above in her numerous roles as a wife, daughter, and mother of loved ones with addiction.

Learning objectives:

1. Understand the experience of loved ones of addicted patients.
2. Understand addiction as a family disease that requires support and education for loved ones that focuses on them.
3. Offers treatment and PHP providers tools to empathize with loved ones.

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 **Speaker**




**Kathy Angres, Psychiatric Nurse Practitioner, APN**

Consultant for MCAP Chicago, Family Therapist at Positive Sobriety Institute  
Positive Sobriety Institute/MCAP Chicago

12:15 PM

### **Luncheon- Silent Auction and Speediest Networks Winners Announced**

 12:15 PM - 1:15 PM, May 5

 Boundry Waters Complex

**Silent Auction and Speediest Networkers Winners Announced!** Emcees: Angela M. Graham MPA

Join us in the Exhibit Hall for our last seated lunch together, where Angela will announce the winners of our auction.

We will also select three winners from a drawing of the speediest networkers. To be eligible, submit your exhibitor password with signatures from at least 20 exhibitor booths, including new exhibitor booths.

~Menu~

*Garden Lunch Buffet*

*Chicken and Dumpling Soup*

*Potato Leek Soup (GF,DF,NF,V)*

*Pasta Salad with Marinated Tomato, Kalamata Olives, Pearl Mozzarella, Green*

*Onion*

*and Lemon Vinaigrette (VEG)*

*Grain Mustard Potato Salad (GF,NF,DF,VEG)*

*BUILD YOUR OWN SALAD BAR*

*GREEN OPTIONS (GF,VEG)*

*Mixed Greens, Romaine, Spinach*

\*\*\*

*FRESH TOPPINGS (GF,VEG) -*

*Shredded Cheddar, Feta, Blue Cheese Crumbles, Toasted Pumpkin Seeds,*

*Pecans, Pistachios, English Peas, Shredded Carrots, Onions, Radish, Julienne Bell*

*Peppers, Toasted Garbanzo Beans, Cucumbers, Broccoli Florets, Tomatoes*

\*\*\*

*ASSORTED DRESSINGS (GF,VEG) -*

*Italian Herb, Greek Balsamic Goddess, Buttermilk Ranch and Sweet Viadlia Onion*

*Dressing (GF)*

*PROTEINS (GF,DF,NF) -*

*Rosemary Chicken Breast and Honey-Dijon Salmon*

*Vanilla Cake with Strawberries and Musseline Cream (VEG)*

*& Chocolate Mousse Cake*

*Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas*

1:00 PM

**Poster Presentation Dismantle**

🕒 1:00 PM - 3:00 PM, May 5

Presenters should collect their posters from the poster boards.

1:30 PM

**\* Panel: The Role of IDAA (International Doctors in Alcoholics Anonymous) in**



## PHP Participants Recovering from Addiction

🕒 1:30 PM - 2:30 PM, May 5

📍 Great Lakes Ballroom

General Sess...

Moderator: Scott Hambleton, MD, DFASAM

Description: During the 2022 FSPHP Conference, attendees at the demonstration 12-Step meeting ("Inclusivity in Action") and persons viewing the IDAA poster on virtual meetings raised questions about the role of IDAA in addiction recovery for healthcare professionals. We discovered that, while some PHPs refer all eligible participants to IDAA and encourage participants to become active in the organization, other PHPs have limited knowledge about how IDAA can enhance participants' recovery experience in a variety of ways. This panel discussion will include presentations by: 1. PHP Medical Directors, who will explain why they promote active participation in IDAA activities; 2. A physician in recovery who has become active in IDAA; 3. The spouse of a PHP participant who will discuss the great value she and her family members have derived from IDAA's AI-Anon program, children's program, and teen program. The panel members will then take questions from and encourage sharing by attendees.

Learning Objectives:

1. Define IDAA and list three or more elements of IDAA programming that are relevant to PHP participants recovering from addiction.
2. Summarize IDAA's approach to addiction recovery for PHP participants and their family members/ significant others.
3. Utilize three or more IDAA services in developing participant monitoring contracts.

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### 🗣️ Speakers



#### **Penelope Ziegler, MD, DFASAM**

Medical Director Emerita, Florida PRN; Consultant, Affinity eHealth



#### **Paul Earley, MD, DFASAM**

Medical Director  
Georgia Professionals Health Program, Inc

2:45 PM

## \* Stakeholders, From Friends to Foes: How to Secure, Maintain and Enhance Your PHP

🕒 2:45 PM - 4:00 PM, May 5

📍 Great Lakes Ballroom

Breakout Session - PHP Administra...

Moderator: Doris Gunderson, MD

Description: Physician Health Programs (PHP) must remain aware of all constituents who have an impact on accomplishing our mission. Close community partners remain essential in maintaining a “word-of-mouth” reputation, but the current (and next) generation of stakeholders requires a new approach. While exploring key elements of public relations, we will lead an engaging conversation on best and unique practices of creating substantial market positions and how PHPs can remain important in an ever-changing landscape. This session will outline a variety of relationships developed by the Colorado Physician Health Program, along with the successes and challenges in the maintenance of those key constituents. We will provide proven strategies in leveraging stakeholders to best understand, support and advocate for your PHP. Your constituents could assist with education, with bolstering funding, with nullifying detractors, and with growing your program’s reach. We will also discuss how to engage your Board of Directors to assist in this vital work. While most programs may not have the resources to conduct all these activities, this session will get your ideas flowing! Creative communication and marketing strategies will be discussed (i.e., individualized email correspondence, conference exhibits, electronic campaigns, and featured articles).

Avenues of personalized connection will be reflected upon (such as regular communication/meetings, educational presentations, involvement with constituent activities i.e., attending key events and serving on a Medical Society wellbeing committee or recognition for significant gifts). Unique collaborations devoted to specific constituent needs will be explored (i.e., creating topic specific workshops, collaborating on research, developing a Chief Wellness Officer collaborative group, gaining sponsorship for CPHP attendance at conferences, and forming a Key Constituent Coalition). Find out who might be an essential “friend” of your PHP, who might be an exceptional partner, and how you should work with those who may challenge your mission.

Join us in learning from each other as we lead this session on building and fostering key relationships to enhance our program’s goal because, truly, Healthy Doctors Give Better Care.

#### Learning Objectives:

1. Participants will be able to leverage stakeholders to best understand, support and advocate for their PHP.
2. Participants will be able to identify necessary personalized connections and unique collaborations to enhance their stakeholder relationships.
3. Participants will explore the variety of ways stakeholders may be useful, especially in challenging situations.

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#### 👤 Speakers



**Amanda Kimmel, MPA**

Director of Public Affairs  
Colorado Physician Health Program



**Sarah Early, PsyD**

Executive Director  
Colorado Physician Health (CPHP)

### \* Recommendations for the Evaluation, Treatment, and Monitoring of Healthcare Professionals with Co-Morbid Eating and Substance Use Disorders

🕒 2:45 PM - 4:00 PM, May 5

📍 Lake Minnetonka

Breakout Session - PHP Clinical and Case ...

Moderator: Kimberly Zillmer, BA, LADC

Description: We know that 35-50% of those with a substance use disorder also have a co-morbid eating disorder and that individuals with a co-morbid presentation have worse outcomes when it comes to maintaining their recovery from substances.

Physician Health Programs and treatment programs have established guidelines for the recommended course of treatment and monitoring of healthcare professionals with substance use disorders. However, for those with co-morbid eating disorders, many questions arise as to how best treat these individuals. This is an important gap to address not only for better outcomes for the physicians we serve but also for their patients, as eating disorders also carry the risk of cognitive impairment. This presentation aims to provide recommendations for the establishment of guidelines in the treatment of healthcare professionals with co-morbid eating and substance use disorders. We will provide a brief overview of eating disorders while clarifying the difference between obesity, food addiction, and binge eating disorder. We will then move on to address the management of these individuals, including when someone needs to be referred for primary eating disorder treatment, when and how the care of some individuals with eating disorders can be managed at a primary addiction facility, what aftercare needs to look like, and how Physician Health Programs can include requirements for monitoring to also address eating disorder recovery.

Learning Objectives:

1. Upon completion of this course, participants will be able to list 3 reasons why eating disorders must be addressed concurrently when treating healthcare professionals with co-morbid eating and substance use disorders
2. Upon completion of this course, participants will be able to recognize the differences in the presentation of various eating disorders and eating-related concerns, including the differences between binge eating disorder, food addiction, and obesity.
3. Upon completion of this course, participants will be able to formulate appropriate treatment, aftercare, and monitoring recommendations based on eating disorder severity.

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#### 👤 Speakers



##### **Maggie Klyce**

Owner/Certified Eating Disorder Specialist and Supervisor  
Private Practice



##### **Michael Wilkerson**

Medical Director  
Pavillon

### **\* How the Intersection of Interventional Psychiatry, Technology, and Brain Science Impact Physician Health, Practice, and Recovery**

🕒 2:45 PM - 4:00 PM, May 5

📍 Lake Bemidji

**Breakout Session - Evaluation and...**

Moderator: Scott Hambleton, MD, DFASAM

Description: A review of the history of treatment, research, and the development of today's standards and exploration of diagnostic and therapeutic innovations that move into the future. The presentation will include literature review and discussion to provide background and understanding of neurotechnical modalities Recent case studies that demonstrate the clinical evaluation and integrated treatment processes related to the utilization of neurotechnology in the context of process and experiential-based group therapy, individual therapy, neurotechnology, and traditional psychopharmacology.

Presenters represent clinical expertise and experience in each respective field, striving to maintain a leadership role in their fields.

Learning Objectives:

1. Describe the impact Neurotechnology and understanding of Neuroplasticity and other innovations in diagnosis, treatment, and monitoring on treatment and recovery in professionals with MH and SUD issues
2. Discuss how Neurotechnology has advanced and can be utilized in treatment, recovery, and monitoring for PHP participants
3. Describe the future usefulness of Neurotechnology and Neuroplastic innovations in diagnosis, treatment, and monitoring.

## 🗣️ Speakers



### James Chester Montgomery, MD

Addiction Psychiatrist/Medical Director, APN-DFW  
All Points North



### Kate Daly

MEDICAL DIRECTOR OF PLUS BY APN - INTERVENTIONAL PSYCHIATRY &  
NEUROTECHNOLOGY  
All Points North



### Jason Thompson

Plus by APN

4:00 PM

## Break in Exhibit Hall

🕒 4:00 PM - 4:30 PM, May 5

📍 Boundry Waters Complex

[Networking Br...](#)

Networking Break in Exhibit Hall

~Menu~

*Assorted Packaged Energy Protein Bars to include Luna and Clif Bars along with Health Salty Bags to include Smart Pop, Sun Chips, Sweet Potato Tortilla Chips.  
Assorted Soda's and Bubbly Waters*

4:30 PM

## \* The National Academy of Medicine, A National Plan for Health Care Professional Well-Being, and the Surgeon Generals Advisory highlight important roles for PHPs to Play in Professional Well-Being

🕒 4:30 PM - 5:30 PM, May 5

📍 Great Lakes Ballroom

[General Sess...](#)

Moderator: Scott Hambleton, MD, DFASAM

Description: Starting in 2017, the National Academy of Medicine (NAM) convened an “action collaborative” composed of 55 medical, allied organizations to study burnout, resilience, and wellness in healthcare professionals. At the time up to 43% of physicians and other healthcare professionals were being impacted. With the onset of the covid pandemic, that percentage is now approaching 60%, on recent studies, and creates severe stress on the professionals and the public health of the nation. The NAM in 2020 shifted its focus to the pandemic and, in October of 2022, issued a “National Plan for Health Care Professional Well-being”. It includes 7 Priority Areas that are impacted by the crisis and details the actors and actions which needed to be addressed to solve the problems. At least 4 of these priorities have a direct role for PHPs to play, including: #2 Measurements, Assessments, and Strategies for improving the workforce well-being; #3 Support mental health and reduce stigma; #4 Address Compliance, Regulatory and Policy Barriers for Daily Work; and #6 Institutionalize Well-being as a Longterm Value. All PHPs should review these priorities to understand their impact on professionals in their care and how they can utilize the information for their benefit. An additional document that is meant to offer parallel information is the Advisory issued by the Surgeon General on Addressing Health Worker Burnout on March 23, 2022. This presentation is directed to all members of PHPs to give them awareness and guidance in dealing with this increasing crisis of mental health disorders in professionals who may come to them seeking help and what information and steps are available to them from a national approach and programs.

Learning objectives:

1. Understand the history and reasons behind the National Academy of Medicine “Action Collaborative” and the impact of the pandemic on its National Plan.
2. Learn the 7 Priority Areas the National Plan focuses on to improve Professional’s well-being.
3. Highlight specific actions PHPs should consider inacting from the National Plan.

🗣️ Speaker



**Art Hengerer, MD, FACS**

Past Chair of FSMB Board, Board of Professional Medical Conduct, and the Dept of Otolaryngology at University of Rochester  
Federation of State PHPs. Board Member

5:30 PM

**Exhibitor Feedback Session**

🕒 5:30 PM - 6:15 PM, May 5

📍 Boundry Waters Complex

All Exhibitors will have the opportunity to discuss their experience, share feedback on the conference, and offer suggestions for future conferences.

6:30 PM

**Dine Around Minneapolis-Sign up Onsite to Dine with New Friends**

🕒 6:30 PM - 8:30 PM, May 5

📍 Meet in the Lobby

**Your dinner reservation is at 6:30 pm!**

Meet new people! Reservations have been made at five restaurants around town for smaller groups of 10-14 people. This is a great way to experience local restaurants and have dinner with others attending our conference.

Each reservation will have a member of the local Minnesota PHP in your group. We have prearranged for everyone to have separate checks. You can sign up at the registration desk Tuesday-Friday. First come first serve. If you sign up and are no longer able to make it, please remove your name from the list as we will be updating daily.

Check out the menus below ahead of time so you know which dinner you would like to sign up to attend. Reservations start at 6:30 pm. Your local Minnesota PHP member will set up a group text once all the spots for the restaurant have been filled and to connect everyone.

Sign up Friday before 2:00 pm

- [Sonora Mexican Kitchen](#)-only .2 miles from the hotel- 12 people
- [Hells Kitchen](#)-only .4 miles from the hotel- 14 people
- [The News Room](#)-only .6 miles from the hotel- 10 people
- [The Butcher's Tale](#)- only .6 miles from the hotel- 14 people
- [Murray's Steak](#)- only 1.2 miles from the hotel- 12 people

**Sat, May 06, 2023**

6:00 AM

**Walk (or Run) the Greenway!**

🕒 6:00 AM - 7:00 AM, May 6

📍 Meet in the Lobby

Walk or run (three miles at about a nine-minute pace) The Loring Park Greenway.

This functional city pedestrian path offers water features, public art, trees & a playground.

Cohosts

Dr. Clark Gaither, Medical Director, North Carolina Professionals Health Program  
Dr. Edwin Kim, Medical Director Physicians' Health Program

[Loring Greenway Map \(minneapolismn.gov\)](http://minneapolismn.gov)

[Loring Park - Minneapolis Park & Recreation Board \(minneapolisparcs.org\)](http://minneapolisparcs.org)

### **Open Mutual Support Group**

🕒 6:00 AM - 7:00 AM, May 6

📍 Lake Minnetonka (4th Floor across from the FSPHP Registration Desk)

**This is an open mutual support meeting in the tradition of 12-step recovery. Those who are not in recovery but wish to learn more about it are encouraged to attend.**

**Chair: Tracy Z.**

7:00 AM

### **Registration and Exhibit Hall Hours**

🕒 7:00 AM - 2:00 PM, May 6

📍 Great Lakes Promenade

### **Coffee with Exhibitors**

🕒 7:00 AM - 7:45 AM, May 6

📍 Boundry Waters Complex

The Exhibit Hall is open. Join us before heading to the Hilton for FSMB sessions.

*Zero/Sugar Free Fruit Yogurts*

*Assorted Individual Fruit Yogurts*

*Assorted Seasonal Whole Fruit*

*Freshly Brewed Regular and Decaffeinated Coffee and Tazo Teas*

8:00 AM

### **FSMB Session-Panel Discussion - Innovations and Trends in Medical Education and Training**

🕒 8:00 AM - 9:00 AM, May 6

📍 Hilton Minneapolis(Access via Skyway)

**FSMB Sessions at H...**

FSPHP Attendees are invited to join FSMB for their session **Panel Discussion Innovations and Trends in Medical Education and Training**

Moderator: Humayun J. Chaudhry, DO, MACP, President and Chief Executive Officer, Federation of State Medical Boards

Panelists: David J. Skorton, MD, President and Chief Executive Officer, Association of American Medical Colleges (AAMC); Robert Cain, DO, President and Chief Executive Officer, American Association of Colleges of Osteopathic Medicine; Thomas J. Nasca, MD, MACP, President and Chief Executive Officer, Accreditation Council for Graduate Medical Education

#### **Directions to FSMB via skywalk - 10-minute walk**

Start on 2nd floor of Hyatt (entry above hotel restaurant)

Go straight thru skywalk and follow signs to convention center

Take escalator down into convention

Walk all through lobby of convention center to escalator up on other side

Take a left and carefully follow signs to Hilton (a few turns occur )

Take a Sharp right to Hilton (don't miss it )

## 🗣️ Speakers



### **Humayun J. Chaudhry, DO, MACP**

President and Chief Executive Officer  
Federation of State Medical Boards



### **David Skorton, MD**

President and Chief Executive Officer  
Association of American Medical Colleges



### **Robert Cain, DO**

President and Chief Executive Officer  
American Association of Colleges of Osteopathic Medicine



### **Thomas J. Nasca, MD, MACP**

President and Chief Executive Officer  
Accreditation Council for Graduate Medical Education

9:00 AM

## **FSMB & FSPHP Town Hall\*\* State Medical Boards and PHPs: Aligned to Support Physician Wellness and Protect the Public**

🕒 9:00 AM - 10:15 AM, May 6

📍 Hilton Minneapolis (Access via Skyway)

[FSMB Sessions at H...](#)

### **Directions to FSMB via skywalk - 10-minute walk**

Start on 2nd floor of Hyatt (entry above hotel restaurant)

Go straight thru skywalk and follow signs to convention center

Take escalator down into convention

Walk all through lobby of convention center to escalator up on other side

Take a left and carefully follow signs to Hilton (a few turns occur )

Take a Sharp right to Hilton (don't miss it )

In this joint Town Hall session, co-hosted by the Federation of State Physicians Health Programs (FSPHP) and the FSMB, representatives will address key issues between the two communities, highlight optimal means of collaboration and provide opportunities for audience members to interact on burning questions. The areas covered will include physician wellness, impairment, SUD, health question reform, and the sharing of information between PHPS and medical boards.

### **Panelists:**

**Michael Baron, MD, MPH, DFASAM, President-Elect, Federation of State Physician Health Programs, Tennessee Medical Foundation Physician's Health Program**

**Chris Bundy, MD, MPH, Past President, of Federation of State Physician Health Programs, Washington Physicians Health Program**

**Kenneth E. Cleveland, MD, Executive Director, Mississippi State Board of Medical Licensure**

**Michael Farrell, JD, Policy Development Manager, Washington Medical Commission**

**Scott L. Hambleton, MD, DFASAM, President, Federation of State Physician Health Programs, Mississippi Physician Health Program**

**Stephen D. Loyd, MD, Vice President, Tennessee Board of Medical Examiners**

**Moderator: Sarvam TerKonda, MD, Chair, Federation of State Medical Boards**

## 🔊 Speakers



### **Michael Baron, MD, MPH, DFASAM**

Clinical Assistant Professor of Psychiatry  
Tennessee Medical Foundation



### **Christopher Bundy, MD, MPH, FASAM**

Executive Medical Director  
Washington Physicians Health Program (WPHP)



### **Michael L. Farrell**

Policy Development Manager  
Washington Medical Commission



### **Scott Hambleton, MD, DFASAM**

Chair of the Mississippi Physician Health Committee,  
Mississippi Physician Health Program

10:15 AM

## **Lunch on own**

🕒 10:15 AM - 11:30 AM, May 6

11:30 AM

## **\* Human-Centered and Holistic Clinical Case Management for Physician Health Programs**

🕒 11:30 AM - 12:30 PM, May 6

📍 Great Lakes Ballroom

**General Sess...**

Moderator: Mary Ellen Caiati, MD

Description: Occupational hazards, psychological vulnerabilities, and their implications on physician well-being and patient safety are primary focal points for physician health programs (PHPs). While there are variations among PHPs, the positive impacts of prevention and interventions among their local medical communities are consistent and essential. A common denominator among them is the critical role of clinical case management and monitoring. Clinical case management (CCM) requires a delicate balance of clinical and administrative skill sets that align with the dual-pronged mission of physician well-being and patient safety. Successful CCM among PHPs requires a human-centered and holistic approach; one that guides the clinician toward client-centered supportive resources, relationship building, and effective communication. To this end, CCMs must engage in case-by-case, ongoing assessment, and case coordination for all participants in ways that align with regulatory and contractual obligations while also meeting the needs of all involved stakeholders (e.g., referral sources, treatment providers, workplaces, clients, attorneys, family members, etc.). The often sensitive and complex nature of cases necessitates objectivity, compassion, and transparency as it relates to expectations and compliance issues.

CPHP data reflects high ratings in the area of CCM engagement and benefits to their CPHP involvement.

The purpose of the presentation is to relay CPHPs CCM philosophy, approach, and application of these during the evaluation, treatment referral, and monitoring process.

Learning Objectives:

1. Describe the role and benefits of human-centered and holistic (HcH) clinical case management (CCM).
2. Define the guiding principles of HcH-CCM and the implementation of these throughout the evaluation, treatment referral, and monitoring process.
3. Discuss the challenges of HcH-CCM as it relates to regulatory and contractual limitations



## 🗣️ Speakers



### Joyce Davidson, LCSW

Director of Clinical Services  
Colorado Physician Health Program (CPHP)



### Rachel Goldberg, LCSW

Clinician  
Colorado Physician Health Program (CPHP)



### Quinn Montgomery, LPC

Clinician - Clinical Case Manager  
Colorado Physician Health Program (CPHP)



### Caroline Young, LPCC

Clinician  
Colorado Physician Health Program (CPHP)

12:30 PM

## \* Medication for Opioid Use Disorder in Safety Sensitive Workers- A Panel Approach Utilizing Audience Response System

🕒 12:30 PM - 1:30 PM, May 6

📍 Great Lakes Ballroom

General Sess...

Moderator: Christopher C. Bundy, MD, MPH, FASAM

Description: Medication for Addiction Treatment (MAT) and, more specifically, Medication for Opioid Use Disorder (MOUD) has become vexing to many Physician Health and Professional Health Programs. Stakeholders, including Professional Organizations and the DOJ, want to make agonist and partial agonist therapy readily available for any person with Opioid Use Disorder (OUD) with minimal thought to the effects on cognition, occupation, and ability to be monitored. There has been very little thought given to the historical successes of the PHP model that has transpired without the benefit of an MOUD.

To the dismay of the safety-sensitive population, there has been minimal basis for caution. To address these concerns, Mr. Buddy Stockwell, an attorney and Director of the Tennessee Lawyers Assistance Program (TLAP), will present the DOJ imperatives for the use of MOUD in safety-sensitive workers. Dr. Michael Baron, Medical Director of the Tennessee Medical Foundation – Physician's Health Program (TMF), will present on the history of MAT going back to 1920 and the pharmacodynamics and the pros and cons of 3 current MOUD medications (methadone, buprenorphine, and naltrexone).

We will also discuss how MOUD can obscure the psychic change, a product of the PHP model, that is necessary for long-term recovery. Dr. Chris Bundy, Executive Medical Director of the Washington State Physician Health Program (WPHP), will serve as the moderator. He will introduce the speakers and then engage the audience using an audience response system (ARS). Dr. Bundy will also be engaged as a speaker. Questions that will utilize the ARS system will gauge the learners' knowledge base and comfort of having participants treated with agonist and partial agonist medications in safety-sensitive workers. We hope to see if there are levels of comfort. Are learners comfortable having MOUD available for all safety-sensitive workers, or are there levels of comfort such as appropriate for non-surgical specialists but not surgical specialists that do complex procedures. We will explore if MOUD impacts motor memory more or less than cognition. We will examine at least 3 different MOUD clinical scenarios using the ARS. We hope to examine where the learners are comfortable incorporating the use of MOUD? The presentation will end with Dr. Bundy facilitating the audience in a Q and A session.

### Learning Objectives:

1. The DOJ / Indiana Board of Nursing ruling regarding MOUD will be dissected by an attorney.
2. We will ascertain, using ARS, the learner's comfort level with Safety Sensitive workers being treated with MOUD medications.
3. The history of MAT going back to 1920- Dr. Butler and the pharmacodynamics of the current 3 main MOUD medications will be detailed.

## 👤 Speakers



### **Michael Baron, MD, MPH, DFASAM**

Clinical Assistant Professor of Psychiatry  
Tennessee Medical Foundation



### **J.E. Buddy Stockwell, III, JD**

Executive Director  
Tennessee Lawyers Assistance Program



### **Christopher Bundy, MD, MPH, FASAM**

Executive Medical Director  
Washington Physicians Health Program (WPHP)

1:30 PM

## \* Closing and Exhibitor Drawings

🕒 1:30 PM - 1:45 PM, May 6

📍 Great Lakes Ballroom

[General Sess...](#)

A wrap up of the annual conference as well as Exhibitors selecting their raffle winners.

## 👤 Speaker



### **Scott Hambleton, MD, DFASAM**

Chair of the Mississippi Physician Health Committee,  
Mississippi Physician Health Program

2:00 PM

## Exhibitor Breakdown

🕒 2:00 PM - 3:00 PM, May 6

📍 Boundry Waters Complex

Tear down and pack up booths.