

**FEDERATION OF STATE
PHYSICIAN HEALTH PROGRAMS, INC.
ANNUAL EDUCATION CONFERENCE
& BUSINESS MEETING**



THURSDAY, APRIL 28 - SUNDAY, MAY 1, 2016

Manchester Grand Hyatt • San Diego, California

~ Will coincide with Federation of State Medical Boards Conference ~

**Essentials of Physician Health Programs:
Success During Challenging Times**



Highlights:

- Be sure to arrive for our 1:00 opening luncheon
- General and breakout sessions each day to highlight the essentials of physician health programs
- Networking Opportunities
- Daily Peer Support Groups
- Large exhibitor space for networking in the field

Tentative Schedule Subject to Change:

Thursday	Board of Directors Meeting Registration/Exhibitors Open 1:00 Opening Luncheon General Sessions Committee Meetings Opening Reception
Friday	New Member Meeting General Sessions Administrative Topic Meeting Poster Session Board & Committee Chair Dinner
Saturday	FSPHP/FSMB Joint Session General Sessions FSPHP Regional Meetings Exhibitor Session Annual Business Meeting
Sunday	General Sessions Adjournment

Attendee Registration Packet

Watch for updates at www.fsphp.org. For information call (781) 434-7343 or email dbrennan@mms.org.

You may register on-line

Plan to attend this year's event!

Each year the Federation of State Physician Health Programs (FSPHP) holds an annual meeting attended by over 200 state physician health program administrators, care providers, and allied health professionals dedicated to the purposes of the FSPHP and its member state programs. This is your opportunity to network with professionals dedicated to the health and wellness of physicians and other care providers in the United States, Canada, and other parts of the world.

The FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state physician health programs, to develop common objectives and goals, to develop guidelines, to enhance awareness of issues related to physician health and impairment, to provide advocacy for physicians and their health issues at local, state, and national levels, and to assist state programs in their quest to protect the public. Our mission is to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care.

The FSPHP recognizes the need for different approaches by individual state organizations in delivering services and is committed to working together for the safety of the public, the medical profession, and the program participants on a national level.

PROGRAM FACULTY

Joy Albuquerque, MD, FRCP, Physician Health Program, Ontario Medical Association
Elizabeth Brooks, PhD, Colorado Physician Health Program, Denver, CO
Kimberly P. Brown, PhD, ABPP, Vanderbilt Comprehensive Assessment Program, TN
Martha E. Brown, MD, Professionals Resource Network & University of Florida, Gainesville, FL
Neal Browne, Agency 33, Denver, CO
Chris Bundy, MD, MPH, Washington Physicians Health Program, Seattle, WA
David Clayton, BS, Clayton Polygraph Services, Hattiesburg, MS
Ben Cort, CeDAR/University of Colorado Hospital, Aurora, CO
Thomas A. Crabb, JD, Radey Law Firm, Tallahassee, FL
Robert L. DuPont, MD, Institute for Behavior and Health, Rockville, MD
Paul H. Earley, MD, FASAM, Georgia Professionals Health Program, Atlanta, GA
Debra Grossbaum, Esq., Physician Health Services, Inc., Waltham, MA
Doris C. Gundersen, MD, FSPHP President; Colorado Physician Health Program, Denver, CO
Scott Hambleton, MD, Mississippi Professionals Health Program, Ridgeland, MS
Lynn Hanks, MD, FSPHP Past President, Riviera Beach, FL
Philip Hemphill, PhD, Lakeview Health, Jacksonville, FL
Scott Humphreys, MD, Colorado Physician Health Program, Denver, CO
Michael Kaufmann, MD, Physician Health Program, Ontario Medical Association
Lisa Lefebvre, MDCM, CCFP, MPH, DABAM, Physician Health Program, Ontario Medical Association
Doina Lupea, MD MHSc, Physician Health Program, Ontario Medical Association
Charles Meredith, MD, Washington Physicians Health Program, Seattle, WA
Lisa J. Merlo, PhD, MPE, Professionals Resource Network, Inc., Gainesville, FL
Ron L. Neufeld, BSW, LADAC, Vanderbilt Comprehensive Assessment Program, Nashville, TN
Derek Puddester, MD, MD MEd FRCPC ACC, Physician Health Program, Ontario Medical Association
Paul Ragan, MD, Clarity Professional Evaluation Center, Nashville, TN
A. Kenison Roy, III, MD, DFASAM, DLFAPA, River Oaks Hospital, Metairie, LA
Captain Chris Storbeck, Immediate Past HIMS Chairman and Retired Delta Airlines Pilot
James S. Walker, PhD, ABPP, Clarity Professional Evaluation Center, Nashville, TN
James L. Wilkinson, Esq., Murray, Kelly & Bertrand, P.C., Woburn, MA
Penelope P. Ziegler, MD, Professionals Resource Network, Fernandina Beach, FL

Essentials of Physician Health Programs: Success During Challenging Times

THURSDAY, APRIL 28 - SUNDAY, MAY 1, 2016

Manchester Grand Hyatt • San Diego, CA

Program Objectives

Upon completion of the activity, participants should be able to:

1. Identify Best Practices for PHPs.
2. Discuss Strategies for Legal Risk Management.
3. Recognize and Assess Occupational Hazards Facing the Healthcare Profession and Manage Affected PHP Participants.
4. Compare Different Treatment Modalities for Substance Use and Co-Occurring Disorders and Define Outcomes.

Poster Session

Poster viewing hours - Friday, April 29 and Saturday, April 30 from 8am to 6:30 pm.

Poster Session - Friday, April 29 from 5:00 pm to 5:45pm.

Who Should Attend

The program is designed for physicians of all specialties, physician assistants, attorneys, program developers, physical therapists, case managers, nurses, licensed social workers, toxicologists, scientific researchers, and clinical coordinators involved in physician health programs.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Texas Medical Association and Federation of State Physician Health Programs. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

The Texas Medical Association designates this live activity for a maximum of 14.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics and/or Professional Responsibility Education

The Texas Medical Association has designated this activity for 10 hours of ethics and/or professional responsibility education.

Prerequisites of Attendees: None

Education Methods

Education methods will include didactic lecture, case presentations, workshops, and audience participation.

Meeting & Conference Agenda

~Agenda Subject to Change~

Thursday, April 28, 2016

- 8:30 am – 12:00 pm** **FSPHP Board of Directors Meeting (*Open to Board of Directors*)**
- 11:00 am – 1:00 pm** **Exhibitor Set Up**
- 1:00 pm** **Annual Meeting Registration & Exhibits Open**
- 1:00 pm** **Lunch**
OPEN SEATING & COMMITTEE MEETING TABLES AVAILABLE
- 1:30 pm– 2:30 pm** **FSPHP Committee Meetings (*Open to Committee Members*)**
- 2:30 pm – 3:00 pm** **Exhibitor Viewing – Meet and Greet Exhibitors**
- 3:00 pm** **WELCOME AND INTRODUCTIONS**
Doris C. Gundersen, MD, FSPHP President
- 3:05 pm – 3:30 pm** **FSPHP AND PHYSICIAN HEALTH UPDATE** (*.5 AMA PRA Cat. 1 Credit™/Ethics*)
Doris C. Gundersen, MD
- 3:30 pm – 4:30 pm** **General Session I** (*1 AMA PRA Cat. 1 Credit™/Ethics*)
Results from the WPHP Client Exit Survey: What Graduating Participants Are Really Saying on the Way Out the Door
Chris Bundy, MD, MPH and Charles Meredith, MD
- Designing Client Exit Surveys to Capture Program Effectiveness Data**
Elizabeth Brooks, PhD and Scott Humphreys, MD
- 4:30 pm – 6:00 pm** **General Session II** (*1 AMA PRA Cat. 1.5 Credit™*)
How to Hack Your Way Through the Media Jungle
Neal Browne
- 6:00 pm - 7:30 pm** **Opening Reception**
Remarks by Doris C. Gundersen, MD, FSPHP President and Martha E. Brown, MD, Program Planning Committee Chair
- 7:30 pm – 8:30 pm** **FSPHP Committee Meetings (*Open to Committee Members*)**

All session and events are open to all registered attendees unless otherwise noted.

Reminder to all committee chairs to turn in your committee reports prior to Friday evening's FSPHP Board meeting

Friday, April 29, 2016

Posters available for viewing on Friday, April 29 and Saturday, April 30 from 8am to 6:30 pm

- 6:30 am – 7:30 am** **Walk The Wharf**
Hosted by James T. Hay, MD
Meet at 6:25 a.m. in the hotel lobby
- 7:15 am – 8:15am** **Open Mutual Support Meeting**
(All Are Welcome)
- 7:45 am – 8:30 am** **Breakfast and Exhibit Viewing**
- 8:30 am – 10:00 am** **General Session III – (1.5 AMA PRA Cat. 1 Credit™)**
Comparing the Commercial Airline Pilots Monitoring, the HIMS Program, with the PHP Model
Lynn Hankes, MD, FASAM, Past FSPHP President and Captain Chris Storbeck, Immediate Past HIMS Chairman and Retired Delta Airlines Pilot
- 10:00 am – 10:15 am** **Break and Exhibit Viewing**
- 10:15 am – 10:50 am** **New Member Meeting**
Doris C. Gundersen, MD, P. Bradley Hall, and FSPHP Officers
Special Thanks to the FSPHP Diamond Exhibitors
- 11:00 am - 12:00 pm** **PHP Administrative Session (1 AMA PRA Cat. 1 Credit™/Ethics)**
Risk Management of PHPs
Legal Panel Speakers: Thomas A. Crabb, JD, Debra Grossbaum, Esq. and James Wilkinson, Esq.
- 12:00 pm – 12:45 pm** **Luncheon & Exhibit Viewing**

**** Reminder to all committee chairs to turn in your committee reports prior to tonight's FSPHP Board meeting**

1:00 pm – 2:00 pm

Concurrent Session A <i>(1 AMA PRA Cat. 1 Credit™)</i>	Concurrent Session B <i>(1 AMA PRA Cat. 1 Credit™/Ethics)</i>	Concurrent Session C <i>(1 AMA PRA Cat. 1 Credit™)</i>
<p>An Overview of the Ontario Medical Association's PHP Assessment Service <i>Joy Albuquerque, MD, FRCP</i> <i>Lisa Lefebvre, MDCM, CCFP, MPH, DABAM</i> <i>Doina Lupea, MD, MHSc</i> <i>Derek Puddester, MD, MEd FRCPC ACC</i></p>	<p>The Role of the Polygraph in Independent Comprehensive Evaluation for Professional Sexual Misconduct <i>Alistair James Reid Finlayson, MD ,</i> <i>Kimberly P. Brown, PhD, ABPP, and</i> <i>Ron Neufeld, BSW, LADAC</i></p> <p>Use of Polygraph in the Assessment, Treatment and Monitoring of Physicians: Tips for Success <i>Philip Hemphill, PhD</i> <i>David Clayton, BS</i></p>	<p>A Tale of Three Doctors: Effective Screening of Physicians with Suspected TBI, Stroke & Alzheimer's Disease <i>James S. Walker, PhD, ABPP</i> <i>Paul Ragan, MD</i></p>

2:00 pm – 2:15 pm	Break
2:15 pm – 3:15 pm	General Session IV (1 AMA PRA Cat. 1 Credit™/Ethics) The Trauma of Monitoring Program Participation <i>Penelope P. Ziegler, MD</i>
3:15 pm – 3:45 pm	Special Presentation – (.5AMA PRA Cat. 1 Credit™) FSMB and FSPHP: Where are we headed?" <i>Art Hengerer, MD, Chair-elect Federation of State Medical Boards</i>
3:45 pm – 4:00 pm	Exhibit Viewing/Break
4:00 pm – 5:00pm	General Session V (1 AMA PRA Cat. 1 Credit™/Ethics) To Bupe or Not to Bupe: That is the Question <i>Scott Hambleton, MD, Paul Earley, MD, Penelope P. Ziegler, MD, Michael Kaufmann, MD and A. Kenison Roy, III, MD, DFASAM, DLFAPA</i>
5:00 pm– 5:45 pm	Poster Session - Presenters available for Q & A (.75AMA PRA Cat. 1 Credit™)

Posters available for viewing on Friday, April 29 at 10:30 am until Saturday, April 30 at 2:30pm

Structured Family Recovery: Expanding the Essentials of the Physician Health Programs to Create a Cooperative Approach to Lasting Sobriety	<i>Debra Jay</i>
Being Prepared: Relapse Prevention and Occupational Hazards for Healthcare Professionals	<i>Chip Abernathy, LPC, MAC</i>
Psychological Assessment Data of Healthcare Professionals Presenting for Evaluation	<i>Gregory L. Futral, PhD and James "Jes" Montgomery, MD</i>
In Their Own Words: Stressors Facing Medical Students in the Millennial Generation	<i>Lisa J. Merlo, PhD, MPE</i>
Implementation of a Fitness Assessment and Optimization of an Exercise Program for Physicians in Substance Use Disorder Recovery	<i>Patricia Pade, MD, Nicholas Edwards and Laura Martin, MD</i>
Outcomes for Physicians with Opioid Dependence	<i>Greg Skipper, MD and Lisa Merlo, PhD, MPE</i>
An Exploration of the Potential Relationship Between Health Issues and Problematic Workplace Behavior	<i>Betsy White Williams, MD and Philip Flanders, PhD</i>
Problematic Sexual Behavior: Rate and Timing of Return to Work Based on Offense Type with Analysis of Risk Factors Predictive of Repeated Problematic Behaviors	<i>Andrew C. Stone, MD, MPH, Philip Hemphill, PhD and James "Jes" Montgomery, MD</i>
Multidisciplinary Perspective on Making Reasonable Suspicion Drug Testing More Efficient and Effective	<i>Karen Miotto, MD, T. Warner Hudson, MD, and Rebecca Wilkinson, MSPH</i>

6:30 pm - 9:00 pm **FSPHP Board Meeting and Committee Chairs Dinner**
(Open to Board of Directors and Committee Chairs)

Saturday, April 30, 2016

- 6:45 am – 7:45 am** **Open Mutual Support Meeting**
(All Are Welcome)
- 7:00 am – 7:45 am** **Breakfast and Exhibit Viewing**
- 8:00 am – 9:15 am** **General Session VI - JOINT FSPHP and FSMB**
Navigating Successful PHP and Board Relationships
Moderator: Dr. Dan Gifford, FSMB Chair, Doris C. Gundersen, MD, P. Bradley Hall, MD
Panelists: Robert Knittle, MS, Executive Director for the West Virginia Board of Medicine, and Nathan Thomas, DPM – President of the Montana Board of Medical Examiners.
- 9:15 am – 10:15 am** **Exhibit Viewing/Break**
- 10:15 am - 11:15 am** **General Session VII (1 AMA PRA Cat. 1 Credit™/Ethics)**
Essential Components of PHP Participation: Perspectives of Participants 5 Years Post-Graduation
Lisa J. Merlo, PhD, MPE and Robert L. DuPont, MD
- 11:15 am – 12:15 pm** **General Session VIII (1 AMA PRA Cat. 1 Credit™/Ethics)**
Truth in Advertising: What Ought to Matter When Making A Referral for Substance Use Evaluations and Treatment
Ben Cort
- 12:15 pm – 1:15 pm** **Luncheon**
Recognition of Diamond Exhibitors & Exhibitor Drawing
- 1:15 pm – 2:30 pm** **FSPHP Regional Member Meetings**
(Open to FSPHP State, Associate, Honorary, International, Individual & Organizational Members)
- Western Region**
 Southeast Region
 Central Region
 Northeast Region
- 2:30 pm – 3:00 pm** **Exhibitor Session Facilitated by P. Bradley Hall, MD**
All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for discussion and feedback.
- 3:00 pm – 5:30 pm** **FSPHP Annual Business Meeting**
(Open to FSPHP State, Associate, Honorary, and International Members)
- 5:45 pm – 6:00 pm** **FSPHP Board of Directors Meeting**
(Open to FSPHP Board of Directors)

Sunday, May 1, 2016

6:45 am – 7:45 am **Open Mutual Support Meeting**
(All Are Welcome)

7:30 am – 8:30 am **Breakfast and Exhibit Viewing**

8:30 am – 9:30 am

Concurrent Session A <i>(1 AMA PRA Cat. 1 Credit™/Ethics)</i>	Concurrent Workshop B <i>(1 AMA PRA Cat. 1 Credit™/Ethics)</i>
What Do Participants Really Think of Their PHP? <i>Charles Meredith, MD and Chris Bundy, MD, MPH</i>	Challenges of Identifying, Assessing & Monitoring Medical Students and Residents <i>Martha E. Brown, MD and Penelope P. Ziegler, MD</i>
	Medical Student Suggestions to Improve Health and Wellness <i>Lisa J. Merlo, PhD, MPE</i>

9:30 am – 9:45 am **Break**

9:45 am – 11:15 am **General Session IX** *(1.5 AMA PRA Cat. 1 Credit™/Ethics)*
Five Fundamentals of Civility for Physicians
Michael Kaufmann, MD and Joy Albuquerque, MD, FRCP

11:15 am – 11:30 pm **Closing Remarks**
Doris C. Gundersen, MD

11:30 am **Adjourn**

We are excited to offer **Guidebook**
- an interactive mobile conference guide application -
at the upcoming conference.
More details to follow.

FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS 2016 ANNUAL EDUCATION CONFERENCE & BUSINESS MEETING

Manchester Grand Hyatt

One Market Place, San Diego, CA

Tel: (619) 232-1234 / Reservations: (888) 591-1234

Name of Block at Hotel: Federation of State Physician Health Programs / FSPHP - Code: G-FSPH

Cut-off date for room block reservation is April 5, 2016, while rooms last.

First come first served— Rooms could fill before cut off date so call to reserve now.

Room Rate: \$219.00 for Standard Room

ATTENDEES MUST MAKE ROOM RESERVATIONS BY APRIL 5, 2016

TO RECEIVE THE FSPHP SPECIAL ROOM BLOCK RATE

To make your reservations, please call (888) 591-1234 or visit

<https://resweb.passkey.com/go/FSPHP2016>

The registration fee includes meeting packet, all breakfasts, luncheons, breaks and opening reception.

MEETING REGISTRATION	Members	Non Members	Residents*	Students*
Registration prior to or on March 31, 2016	\$ 475.00	\$ 575.00	\$ 475.00	\$200.00
Registration on or after April 1, 2016	\$ 525.00	\$ 625.00	\$ 525.00	\$250.00
On Site Registration	\$ 575.00	\$ 675.00	\$ 575.00	\$300.00

**Student rate available to the first 25 medical students. Residents must submit a letter from their training program in order to receive the resident rate.*

Deadline Dates for Cancellation

Full refund minus \$50.00 processing fee:

March 18, 2016

50% refund minus \$50.00 processing fee:

March 31, 2016

No Refund:

April 8, 2016

TRANSPORTATION:

Transportation from and to the airport can be made through Super Shuttle. Cab fare from the Airport to the Manchester Grand Hyatt is approximately \$10-\$13.

Questions or further information:

Debbie Brennan (dbrennan@mms.org) or Linda Bresnahan (lbresnahan@mms.org)

FSPHP • 860 Winter St. • Waltham, MA 02451 / Tel: (781) 434-7343 • Fax: (781) 464-4802

PROGRAM PLANNING COMMITTEE

Martha E. Brown, MD, Tri-Chair, Professional Resource Network (FL)

Doris Gundersen, MD, Tri-Chair, Colorado Physician Health Program

Linda R. Bresnahan, MS, Tri-Chair, Massachusetts Physician Health Services

Terrance M. Bedient, FACHE, Medical Society of the State of NY CPH

Laura Berg, LCSW-C, Maryland Physicians Health Program

Debbie Brennan, FSPHP Staff Assistant (Massachusetts PHS)

Chris Bundy, MD, PhD, Washington Physician Health Program

Candice Cochran, Wyoming Professional Assistance Program

P. Bradley Hall, MD, WV Medical Professionals Health Program

Scott Hambleton, MD, Mississippi Professionals Health Program

Linda Kuhn, Texas Medical Association PHWC

Robin F. McCown, Georgia Professional Health Program, Inc.

John Southworth, Idaho PRN

Amy Tardy, PhD, Maine Medical Professionals Health Program

Michael Todd, Tennessee Physicians Health Program

Registration Form You may register on-line

(Please Type or Print)

NAME (as you would like it to appear on your badge): _____

TITLE: _____

AFFILIATION: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

TELEPHONE: _____ EMAIL: _____

____ Please check here if you do not want your name, organization, and contact information shared in conference materials.

Please indicate your preference for each of the concurrent session times:

- Friday 1:00 pm:** _____ An Overview of the Ontario Medical Association's PHP Assessment Service
- _____ The Role of the Polygraph in Independent Comprehensive Evaluation for Professional Sexual Misconduct & Use of Polygraph in the Assessment, Treatment and Monitoring of Physicians: Tips for Success
- _____ A Tale of Three Doctors: Effective Screening of Physicians with Suspected TBI, Stroke & Alzheimer's Disease

- Sunday 8:30 am:** _____ What Do Participants Really Think of Their PHP?
- _____ Challenges of Identifying, Assessing & Monitoring Medical Students & Residents and Medical Student Suggestions to Improve Health and Wellness

Will you be attending the luncheon on Thursday, April 28, 1:00 pm? _____ Yes _____ No

Will you be attending the Opening Reception on Thursday, April 28, 6:00-7:30 pm? _____ Yes _____ No

Will you be attending the FSMB Joint Session on Saturday, April 30, 8:00-9:15 am? _____ Yes _____ No

REGISTRATION FEES:	Members	Non Members	Residents*	Students*
Registration prior to or on March 31, 2016	\$ 475.00	\$ 575.00	\$ 475.00	\$200.00
Registration on or after April 1, 2016	\$ 525.00	\$ 625.00	\$ 525.00	\$250.00
On Site Registration	\$ 575.00	\$ 675.00	\$ 575.00	\$300.00
Total Cost of Registration:	\$ _____	\$ _____	\$ _____	\$ _____

****Student rate available to the first 25 medical students. Residents must submit a letter from their training program in order to receive the resident rate.***

Voluntary Charitable Contribution (please specify amount): \$ _____

The Federation of State Physician Health Programs is a 501(c)(3) organization able to receive charitable contributions. Your donation represents an unrestricted educational grant. Your organization will be acknowledged on program materials during the conference. *The FSPHP thanks you for your support and contribution towards the FSPHP's educational efforts!*

Checks made payable to: **The Federation of State Physician Health Programs**
OR you can register online and pay by credit card

Mail payment and this form to: FSPHP
Att. Debbie Brennan
860 Winter Street
Waltham, Massachusetts 02451