



FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS

2022 Annual Education Conference

New Orleans Marriott, New Orleans, LA

April 26-28, 2022

*Recommended arrive & departure dates: Check-in on April 25; Check-out April 29 or later **FSPHP and FSMB Joint Education Session to occur Saturday, April 30, 2022***

ATTENDEE REGISTRATION



An event dedicated to improving the health of medical professionals.

CONFERENCE THEME:

***Embracing Inclusivity and Confronting Stigma with
Professionals Health Programs' Best Practices***

WWW.FSPHP.ORG

Embracing Inclusivity and Confronting Stigma with Professionals Health Programs' Best Practices

The 2022 FSPHP annual conference will focus on two themes: Inclusivity and Destigmatization for healthcare professionals as we deliver PHP best practices. Presentations will focus on overcoming these barriers, while addressing the evaluation, treatment, and monitoring of illness and conditions relevant to our work. This includes the stigma that accompanies mental health and substance use disorder in healthcare professionals.

Why: National events have drawn our attention to the ubiquitous problems of inclusivity and discrimination. PHPs face their brand of challenges in this arena, from questions around internal/implicit bias to accusations of workplace/systemic discrimination from those referred to PHPs.

Regarding stigma, we see changing trends in how the media and the public view mental health problems of public and private figures. Recent stories include Naomi Osaka withdrawing from the French Open due to mental health problems, Simone Biles opting out of Olympic events because of “the twisties,” and Lorna Breen’s tragic decision to end her life during the pandemic. We ask that you consider how practitioners with mental health problems are perceived by the public, employers, regulators, credentialers, and themselves. How will we work with these often problematic perceptions?

Finally, it is recognized that mental health stigma, bias, and discrimination may be the most important barriers to seeking help and to the well-being of health professionals. Eradicating mental health stigma, bias, and discrimination is a valuable end in itself, but it is also necessary to support cultures of wellness within healthcare that can effectively reduce and respond to burnout and mental health issues among healthcare workers.

Pertinent topics affecting PHP work with healthcare professionals will be explored through the lens of these themes. For example, when discussing substance use disorder (SUD) treatment and monitoring trends, speakers will also address how to best frame testing as a supportive tool, how to reduce the potential humiliations of testing, and how participants and PHPs can effectively address SUD bias and discrimination with administration, colleagues, and others involved.

WHAT PAST ATTENDEES HAVE TO SAY

- Gaining input and experience from experts who have experience in physician health. Being part of a community of providers who are compassionate and devoted to their work.

- Networking, hearing about research and decreasing-stigma approaches.

- Connecting with peers and the topics were very helpful and practical. Felt like I took away information that I could immediately apply to my work.



ABOUT FSPHP

The FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state physician health programs; to develop common objectives and goals; to develop guidelines; to enhance awareness of issues related to physician health and impairment; to provide advocacy for physicians and their health issues at local, state, and national levels; and to assist state programs in their quest to protect the public. Our mission is to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care.

CONFERENCE OBJECTIVES

1. Review existing evidence-informed strategies that promote cultures of wellness through the assessment and mitigation of mental health stigma, bias, and discrimination in the healthcare ecosystem.
2. Examine policies or practices of PHPs, evaluation and treatment providers, employers, educators, and regulatory or credentialing entities that encourage (or impede) early identification, access to resources, and effective interventions for healthcare professionals at risk of burnout, mental illness, and/or substance use disorders.
3. Describe education and advocacy efforts that use destigmatization strategies to promote health professional wellness, access to support, and effective treatment.
4. Identify best practices for identifying, referring, and monitoring substance use and mental health disorders in healthcare professionals. Such practices include mitigating stigma, internal/implicit bias, and discrimination.

ABOUT THE ATTENDEES

The FSPHP Annual Education Conference is designed for physicians of all specialties, physician assistants, psychologists, attorneys, program developers, physical therapists, case managers, nurses, licensed social workers, toxicologists, scientific researchers, and clinical coordinators involved in physician and professional health programs. The 2022 FSPHP Annual Education Conference has an expected attendance of over 200 attendee participants.

REASONS TO ATTEND

- ❖ Valued professional development training for PHP staff and treatment professionals
- ❖ Significant networking opportunities with leaders in the field of professional health and well-being
- ❖ Essential time meeting with exhibitors during breaks, lunches, and at sessions
- ❖ Learn about the essentials of physician health programs and healthcare professional treatment
- ❖ Attend to your health and well being with peer support groups, yoga, run/walks with peers
- ❖ Extend your stay to attend the Federation of State Medical Board meeting and/or New Orleans Jazz Fest

MORE ACCREDITATIONS THAN EVER BEFORE!



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

ACCREDITATION OVERVIEW

THIS ACTIVITY HAS BEEN PREAPPROVED FOR THE FOLLOWING

ACCREDITATIONS: • AMA PRA Category 1 Credits™ for Physicians • ANCC CE for Nurses • ACPE CE for Pharmacists • APA CE for Psychologists • ASWB ACE for Social Workers.

Activity Goal

This activity is designed to address the following core and team competencies:

Patient Care, Medical Knowledge, Employ evidence-based practice, Interprofessional collaboration and communication.

Accreditation

In support of improving patient care, this activity has been planned and implemented by Cine-Med and the Federation of State Physician Health Programs. Cine-Med is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Cine-Med designates this live activity for a maximum of 19.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity provides 19.5 contact hours for nurses.

Pharmacists

This activity has been accredited for 1.95 CEU (19.5 credit hours) of continuing education credit.

Note: Due to CPE Monitor reporting requirements, all pharmacists' credits must be tracked and submitted into the NABP system within 60 days of the conference.

Psychologists

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity is approved for 19.5 CE Credits.

Other Healthcare Professionals

All other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for activities designated for AMA PRA Category 1 Credits™, consult your professional licensing board.

RECOMMENDED ARRIVAL & DEPARTURE

Check-in on April 25; Check-out on April 29 or later!

Plan to travel to New Orleans on Monday April 25th and consider staying through April 30 to attend the FSPHP and FSMB Joint Education Session to occur Saturday April 30, 2022!

Benefits of arriving on Monday April 25:

- ❖ Check into the New Orleans Marriott to enjoy the amenities
- ❖ Early Registration check-in
- ❖ Be the first to greet attendees at breakfast in the Exhibit Hall on Tuesday April 26th

Benefits of staying until Friday, April 29th or later:

- ❖ You'll get to enjoy all of the conference sessions through Thursday April 28
- ❖ Thursday night time off with attendees or social event
- ❖ Attend New Orleans Jazz Fest: starts on April 29
- ❖ Attend FSPHP and FSMB Joint Education Session on April 30

SPECIAL EVENTS

Tuesday April 26 5:30pm - 7:30pm - Opening Night Exhibitor Networking & Silent Auction Dinner

All are invited to attend (more details on next page).

Wednesday April 27, 2022 1:00pm - 1:45pm - Poster Presentations & Dessert Reception

Please join us for the 2022 Poster Presentation & Dessert Reception where you can engage with our growing showcase of Poster Presenters while you enjoy some sweet treats. View the posters and meet with the presenters to discuss and explore their research. You will have the opportunity to vote for FSPHP Excellence in Research Poster Symposium Award.

Wednesday April 27, 2022 Evening Social Event

More details regarding a social event will be announced soon.

Additional evening events are being planned for April 27 and/or April 28. More details will be announced soon.

OPENING NIGHT EXHIBITOR NETWORKING & SILENT AUCTION DINNER

*Featuring Speed Dating Networking Tour
Tuesday April 26, 2022 5:30pm - 7:30pm*



Join us in the Exhibit Hall for our first-ever Speed Dating Networking Tour where attendees will embark on a number of quick-fire encounters with you and the FSPHP Exhibitors. Attendees will progress from one table to the next until everyone has had a chance to meet all of the 2022 Exhibitors. Silent Auction Winners will also be announced.

Silent Auction proceeds will benefit the Federation of State Physician Health Programs' mission to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care. The Silent Auction will launch prior to the conference and will again be hosted on the Handbid App, the online auction application.

We need your donations!

Please consider donating an item to the FSPHP 2022 Silent Auction. Your generosity is what makes this event a success! All donors and items will be recognized on the Silent Auction platform and during the Opening Night Exhibitor Networking & Silent Auction Dinner on April 26, 2022.

Please email bmaher@fsphp.org with questions and if you would like to donate an item.

Tentative Silent Auction Schedule:

- **REGISTER** to donate an item or place a bid starting in January 2022
- **DONATE** items until March 1, 2022
- **BID** between April 1-26, 2022
- **ATTEND** the Opening Night Exhibitor Networking & Silent Auction Dinner on April 26, 2022

PRELIMINARY CONFERENCE AGENDA - SUBJECT TO CHANGE

Virtual Pre-Conference Events

TBD - Two Exhibitor Information Sessions

Wednesday, March 9, 2022

2:00pm - 3:30pm: Board of Directors & Committee Chairs
Member Meeting

Wednesday, March 30, 2022

12:30pm - 2:00pm: FSPHP New Member Meeting

Thursday, April 7, 2022

10:00am - 12:00pm: Pre-Conference Workshop *Motivational
Interviewing*

2:00pm - 4:00pm: Pre-Conference Workshop: *TBD*

Monday, April 25, 2022 - Travel to New Orleans

4:00pm - 6:00pm: Early Registration Opens

4:00pm - 6:00pm: Exhibitors Move In

6:30pm - 8:30pm: New Member & Board of Directors
Reception

Tuesday, April 26, 2022

6:30am - 7:30am: Gentle Mindfulness Meditation/Yoga

6:45am - 8:30am: Breakfast in Exhibit Hall

7:00am - 7:30pm: Registration Open

7:00am - 8:00am: Open Mutual Support Meeting

8:30am - 9:15am: Opening & Welcome (General Session)

9:15am - 10:15am: FSPHP & Physician Health
(General Session)

10:15am - 10:30am: Break in Exhibit Hall

10:30am - 11:30am: Breakout Sessions (2)

11:00am - 12:30pm: Poster Move In

11:30am - 1:00pm: Lunch

1:15pm - 2:15pm: General Session

2:15pm - 2:45pm: Break in Exhibit Hall

3:00pm - 4:00pm: General Session

3:00pm - 4:00pm: Breakout Session

5:30pm - 7:30pm: Opening Night Exhibitor Networking &
Silent Auction Dinner

Wednesday, April 27, 2022

6:00am - 7:00am: Morning Walk/Run

6:30am - 7:30am: Gentle Mindfulness Meditation/Yoga

6:45am - 8:45am: Breakfast in Exhibit Hall

7:00am - 8:00am: Open Mutual Support Meeting

8:30am - 9:30am: General Session

9:30am - 10:30am: General Session

10:30am - 11:00am: Break in Exhibit Hall

11:15am - 12:15am: Breakout Sessions (3)

12:15am - 1:00pm: Lunch

1:00pm - 1:45pm: Poster Presentations

2:00pm - 3:00pm: Breakout Sessions (3)

3:15pm - 4:15pm: General Session

TBD Social Event

Thursday, April 28, 2022

6:00am - 7:00am: Morning Walk/Run

6:30am - 7:30am: Gentle Mindfulness Meditation/Yoga

6:45am - 8:45am: Breakfast in Exhibit Hall

7:00am - 8:00am: Open Mutual Support Meeting

8:30am - 9:30am: General Session

9:30am - 10:30am: General Session

10:30am - 11:00am: Break in Exhibit Hall

11:15am - 12:15pm: Breakout Sessions (3)

12:15pm - 1:15pm: Lunch

1:30pm - 2:30pm: General Session

2:30pm - 3:30pm: Closing Remarks (General Session)

Saturday, April 30, 2022

8:00am - 10:00am: FSPHP & FSMB Joint Education Session

Virtual Post-Conference Events

Thursday May 5, 2022

3:00pm - 5:00pm: Annual Member Business Meeting

Watch for updates at <https://www.fsphp.org> or for more information call: 978-347-0600 or email Beth Maher at bmaher@fsphp.org.

FSPHP 2022 ANNUAL EDUCATION CONFERENCE REGISTRATION FEES

REGISTRATION: The registration fee includes participation and access to all in-person and virtual sessions, and presentations, exhibit hall, all luncheons, breaks, breakfasts, the Opening Night Exhibitor Networking & Silent Auction Dinner and all other conference related events that occur at the New Orleans Marriott. A separate fee will apply for evening/dinner related events to be held off-site.

MEMBERSHIP: Now is the time to join FSPHP! State, International or Associate new members that join now can benefit from member discounts on registration. [Join here](#). *Individual and Organizational memberships must be approved. If you are in this category, please contact FSPHP directly to have your membership and discount processed. For more information about FSPHP membership, please visit: www.fsphp.org/membership.

Registration Fees:

	Members	Non-Members	Residents & Fellows*	Students**
Registration rec'd on/by February 28, 2022	\$575	\$675	\$325	\$250
Registrations rec'd March 1 – April 15, 2022	\$625	\$725	\$375	\$300
Registrations rec'd after April 15, 2022	\$675	\$775	\$425	\$350

Additional Exhibitor Registration: \$575

Discounted Speaker Registration: \$575

Spouse/Guest of Attendee (meals only): \$350

Off-Site Dinner Event: TBD

****Residents & Fellows must submit a letter from their training program in order to receive the resident/fellow rate.***

*****Student rate available to the first 25 graduate or medical students.***

Cancellation Details & Deadlines

Any and all cancellations must be received in writing. Please see below for cancellation schedule:

- Received by March 18, 2022 - Full refund less than a \$50.00 processing fee.
- Received by April 1, 2022 - 50% refund less a \$50.00 processing fee.
- No refunds after April 1, 2022

Reservation of Right to Make Changes

Any matters not specifically covered herein are subject to decision by the FSPHP Board and the Program Planning Committee. FSPHP reserves the right to make such changes, amendments, and additions to these rules as it considers advisable for the proper conduct of the conference with the provision that all attendees will be advised of any changes to registration details.

For more information or questions, please email Beth Maher at bmaher@fsphp.org.

HOTEL & ROOM BLOCK

New Orleans Marriott

555 Canal Street; New Orleans, Louisiana 70130

FSPHP has reserved a block of rooms at the New Orleans Marriott for a discounted rate of **\$249** per night. This special rate is available until **7pm CST on Monday, April 4, 2022, or until the room block sells out**. We recommend arriving on Monday April 25, 2022 and suggest you consider staying through Friday April 29 or longer. New Orleans Jazz Fest is taking place over the weekend. Additionally, FSPHP and FSMB will have a Joint Education Session on Saturday April 30.

Housing Alert

The FSPHP Annual Education Conference is NOT affiliated with a housing company. Please be careful if approached by any company or service claiming to be an official housing provider for FSPHP. In the past, FSPHP has been made aware of travel companies that are entirely fraudulent, misleading exhibitors and attendees with false information. Please note that you can **ONLY** book a room in the **Federation of State Physician Health Program's** block by using the above link. If you are contacted by a housing company trying to sell hotel rooms for this conference, please contact FSPHP at bmaher@fsphp.org.

Transportation

Louis Armstrong New Orleans International Airport is approximately 15 miles away from the New Orleans Marriott.

Shuttle service is available from the airport to hotels and various other locations in the New Orleans for \$24.00 (per person, one-way) or \$44.00 (per person, round-trip). These fares include three (3) bags per person. Additional baggage may be subject to additional fees. Passengers can purchase tickets at the Airport at the Airport Shuttle ticket booth located on Level 1 Baggage Claim between Doors 3 and 4.

Taxis pick up passengers in a dedicated taxi loading zone on the Arrivals Curb outside of Level 1 Baggage Claim Door 7. Taxi rides cost \$36.00 from the airport to the Central Business District (CBD) or French Quarter (west of Elysian Fields) for up to two (2) passengers. For three (3) or more passengers, the fare will be \$15.00 per passenger. Taxis are required to accept credit card payments.

Ride app services pick up passengers outside of Level 1 Baggage Claim on the middle curb. To ride with Lyft, exit Doors 7-9, cross the walkway to the middle curb, and join the queue.

GENERAL INFORMATION

ELECTRONIC RECORDINGS AND PHOTOGRAPHS

Registration for, attendance at, and/or participation in the FSPHP 2022 Annual Education Conference constitutes acknowledgment by the registrant/attendee/participant that photos and video/audio recordings may be made of the conference events and constitutes agreement by the registrant/attendee/participant that the Federation of State Physician Health Programs (FSPHP) may use and distribute in its publications, on its web-site, and in the conference proceedings, such photos or recordings that include the image or voice of the registrant/attendee/participant. Individual recordings (audio or visual) of any portion of the meeting are strictly prohibited without the prior written consent of the FSPHP. By participating in the FSPHP 2022 Annual Education Conference, the registrant/attendee/participant acknowledges that he/she agrees to these stipulations.

PROGAM MATERIALS

Introducing WHOVA - New Conference Mobile Application

Complimentary internet is available within our meeting space. Attendees are encouraged to bring a fully-charged laptop computer or other electronic devices with them to the meeting, as program materials and presentations for this year's event will be provided electronically and available on the FSPHP 2022 Annual Education Conference mobile application hosted by Whova. Attendees will be encouraged to download the FSPHP Whova mobile app to their smartphone or tablet approximately 2 weeks prior to the conference. Notifications with access information to the mobile app will be sent via email to the email address indicated on the submitted registration forms. Only registered conference attendees will have access to the FSPHP 2022 Annual Education Conference mobile app.

COVID HEALTH AND SAFETY

The Federation of State Physician Health Programs (FSPHP) has adopted a "vaccination required" approach for all attendees at the 2022 Annual Education Conference. In practice, this means all attendees, will have to provide proof of their COVID-19 "full vaccination" in order to attend. For the purposes of confirmation for the meeting, a person is considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series such as the Pfizer and Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If an attendee does not meet these requirements, they are NOT considered fully vaccinated and will not be confirmed to attend this in-person conference. If you are currently registered and will not have proof of vaccination, we will adjust your registration and issue a refund if necessary.

NOTE: These policies and protocols are subject to change as new developments arise over the coming months. All registered attendees will be required to follow protocols as they are finalized before or during the conference.

Any changes to the on-site health and safety measures and requirements for in-person attendance will be communicated at least 2 weeks prior to the start of the conference. FSPHP will be complying with any health and safety protocols published by local, state, or federal government agencies, the New Orleans Marriott, and/or local health officials.

For the most up to date information, please visit the [FSPHP 2022 Annual Education Conference website](#).

BOARD, REGIONAL DIRECTORS, PROGRAM PLANNING COMMITTEE

Board of Directors Officers

Christopher Bundy, MD, MPH, FASAM	President	Washington Physician Health Program
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Doris Gunderson, MD	Western	Colorado Physician Health Program
Michael Ramirez, MD	Western	Montana Professional Assistance Program, Inc.
P. Bradley Hall, MD, DABAM	Director-at-Large	WV Medical Professionals Health Program

Program Planning Committee

Martha Brown, MD, Co-Chair	Professionals Resource Network, Inc.
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Craig Uthe, MD	Midwest Health Management Services, LLC
Linda Bresnahan, MS	FSPHP, Executive Director
Beth Maher	FSPHP, Membership & Meetings Coordinator

Questions or Further Information:

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